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## PHYS 3015/3039/3042/3043/3044

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Quantum Physics Module

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The course is based on the textbook Quantum Mechanics by David H. McIntyre. References to the book are denoted by M: x.y, where x.y is the chapter number. These notes evolved from the lecture notes of Associate Professor Brian James.

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## 1 Quantum physics in one dimension

### 1.1 Review of Basic Concepts in Quantum Physics

### 1.1.1 Postulates of Quantum Mechanics

The Copenhagen interpretation of quantum mechanics can be summarised in the following postulates

1. The state of a quantum mechanical system (containing all information you know about it) is mathematically represented by a (normalised) $|\psi\rangle$.
2. A physical observable is mathematically represented by an operator $A$ acting on the kets
3. The only possible result of a measurement of an observable is one of the eigenvalues $a_{n}$ of the corresponding operator $A$.
4. The probability to obtain the eigenvalue $a_{n}$ is given by

$$
\begin{equation*}
\mathcal{P}_{a_{n}}=\left|\left\langle a_{n} \mid \psi\right\rangle\right|^{2} \tag{1.1}
\end{equation*}
$$

where $\left|a_{n}\right\rangle$ is the normalised eigenvector of $A$ with eigenvalue $a_{n}$.
5. After the measurement of $A$, the quantum system system is in the new (normalised) state

$$
\begin{equation*}
\left|\psi^{\prime}\right\rangle=\frac{P_{n}|\psi\rangle}{\sqrt{\langle\psi| P_{n}|\psi\rangle}} \tag{1.2}
\end{equation*}
$$

where $P_{n} \equiv\left|a_{n}\right\rangle\left\langle a_{n}\right|$ is the projection operator onto the eigenstate $\left|a_{n}\right\rangle$
6. The time evolution of a quantum mechanical system is described by the Schrödinger equation

$$
\begin{equation*}
i \hbar \frac{\partial}{\partial t}|\psi\rangle=H(t)|\psi\rangle \tag{1.3}
\end{equation*}
$$

### 1.1.2 Orthogonality and Completeness

Examples of operators are the momentum operator $p$, position operator $x$, and the Hamiltonian $H$, whose eigenvalues are the energies of the different states. Eigenstates $\left|a_{n}\right\rangle$ of any hermitean operator $A$ are orthogona ${ }^{1}$

$$
\begin{equation*}
\left\langle a_{n} \mid a_{m}\right\rangle=\delta_{n m} \tag{1.5}
\end{equation*}
$$

and form a complete basis, i.e. any state can be expressed as a superposition

$$
\begin{equation*}
|\psi\rangle=\sum_{n} c_{n}\left|a_{n}\right\rangle \tag{1.6}
\end{equation*}
$$

and in particular I can write the identity

$$
\begin{equation*}
\sum_{n}\left|a_{n}\right\rangle\left\langle a_{n}\right|=1 \tag{1.7}
\end{equation*}
$$

[^0]The prime example is the Hamiltonian, i.e. the energy eigenstates form a complete orthonormal basis

$$
\begin{equation*}
\left\langle E_{n} \mid E_{m}\right\rangle=\delta_{n m} \quad \sum_{n}\left|E_{n}\right\rangle\left\langle E_{n}\right|=1 . \tag{1.8}
\end{equation*}
$$

Thus quantum physics can be described by linear algebra, i.e. in terms of matrices and vectors.

### 1.1.3 Time evolution and Hamiltonian

The time evolution can be formally solved for a time-independent Hamiltonian ${ }^{2}$

$$
\begin{equation*}
|\psi(t)\rangle=e^{-i H\left(t-t_{0}\right) / \hbar}\left|\psi_{0}\right\rangle \tag{1.9}
\end{equation*}
$$

with the quantum state at time $t_{0}$ defined as $\left|\psi\left(t_{0}\right)\right\rangle \equiv\left|\psi_{0}\right\rangle$. It remains to solve the time-independent Schrödinger equation, i.e. the eigenvalue equation of $H$ : in terms of its eigenstates $|E\rangle$

$$
\begin{equation*}
H|E\rangle=E|E\rangle \tag{1.10}
\end{equation*}
$$

i.e. find the eigenstates $|E\rangle$ of the Hamiltonian $H$ and determine their respective energies $E$. We will be mostly dealing with the time-independent Schrödinger equation in this course.

The Hamiltonian is obtained from the Hamiltonian in classical physics by replacing all classical quantities by operators. In classical mechanics the Hamiltonian determines the energy of a system and it can be generally written as the sum of kinetic $(T)$ and potential $(V)$ energy

$$
\begin{equation*}
H=T+V \quad \rightarrow \quad \hat{H}=\hat{T}+\hat{V} . \tag{1.11}
\end{equation*}
$$

For example the kinetic energy $T$ of a point particle with mass $m$ is given by

$$
\begin{equation*}
T=\frac{p^{2}}{2 m} \rightarrow \hat{T}=\frac{\hat{p}^{2}}{2 m} \tag{1.12}
\end{equation*}
$$

and a position-dependent potential energy $V$ would be represented by

$$
\begin{equation*}
V(x) \rightarrow \hat{V} \equiv V(\hat{x}) \tag{1.13}
\end{equation*}
$$

### 1.1.4 Wave function or quantum physics in position space

We will now choose a (convenient) representation of the abstract operators and kets and work in position space, i.e. kets will be represented by functions of position and operators will be act on those functions. Concretely, the position operator $\hat{x}$ and the momentum operator $\hat{p}$ are represented by

$$
\begin{equation*}
\langle x| \hat{x}|x\rangle \equiv x \quad\langle x| \hat{p}|x\rangle \equiv-i \hbar \frac{\partial}{\partial x} \tag{1.14}
\end{equation*}
$$

and we will describe states by a wave function

$$
\begin{equation*}
\psi(x)=\langle x \mid \psi\rangle \tag{1.15}
\end{equation*}
$$

i.e. the projection of the ket $|\psi\rangle$ onto the eigenstates of the position operator $\hat{x}$. The eigenstates of the position operator form an orthogonal and complete set of states, i.e.

$$
\begin{equation*}
\langle x \mid y\rangle=\delta(x-y) \quad \int d x|x\rangle\langle x|=1 \tag{1.16}
\end{equation*}
$$

[^1]Note that the sum in the completeness relation becomes an integral and the discrete Kronecker delta becomes a delta function (delta distribution), which is defined as follows

$$
\begin{equation*}
\int d x f(x) \delta(x-y)=f(y) \tag{1.17}
\end{equation*}
$$

The two operators $\hat{x}$ and $\hat{p}$ do not commute, but satisfy the commutation relation ${ }^{3}$

$$
\begin{equation*}
[\hat{p}, \hat{x}]=-i \hbar \tag{1.20}
\end{equation*}
$$

Following Eqs. $1.11|1.12| 1.13$, the Hamiltonian of a point particle in one dimension in a potential $V(x)$ is given by

$$
\begin{equation*}
H=-\frac{\hbar^{2}}{2 m} \frac{d^{2}}{d x^{2}}+V(x) \tag{1.21}
\end{equation*}
$$

and the energy eigenvalue equation becomes a differential equation

$$
\begin{equation*}
\left(-\frac{\hbar^{2}}{2 m} \frac{d^{2}}{d x^{2}}+V(x)\right) \varphi_{E}(x)=E \varphi_{E}(x) \tag{1.22}
\end{equation*}
$$

with the eigenfunctions $\varphi_{E}(x) \equiv\langle x \mid E\rangle$.
The generalisation to more dimensions is straightforward. In three dimensions with, the Hamiltonian reads

$$
\begin{align*}
\hat{H} & =\frac{\hat{p}_{1}^{2}+\hat{p}_{2}^{2}+\hat{p}_{3}^{2}}{2 m}+V\left(\hat{x}_{1}, \hat{x}_{2}, \hat{x}_{3}\right)  \tag{1.23}\\
& =-\frac{\hbar^{2}}{2 m}\left(\frac{\partial^{2}}{\partial x_{1}^{2}}+\frac{\partial^{2}}{\partial x_{2}^{2}}+\frac{\partial^{2}}{\partial x_{3}^{2}}\right)+V\left(x_{1}, x_{2}, x_{3}\right) \tag{1.24}
\end{align*}
$$

and the commutation relations between the momentum operators $\hat{p}_{i}$ and the position operators $\hat{x}_{j}$ are given by

$$
\begin{equation*}
\left[\hat{p}_{i}, \hat{x}_{j}\right]=-i \hbar \delta_{i j} \tag{1.25}
\end{equation*}
$$

The probability to find a particle in the infinitesimal interval $[x, x+d x]$ is given by

$$
\begin{equation*}
\mathcal{P}(x)=|\psi(x)|^{2} d x . \tag{1.26}
\end{equation*}
$$

where $|\psi(x)|^{2}$ can be interpreted as probability density. The probability to detect the quantum state in the finite interval $a<x<b$ is simply given by the integral over the probability density with the boundaries $a$ and $b$.

$$
\begin{equation*}
\mathcal{P}_{a \leq x \leq b}=\int_{a}^{b}|\psi(x)|^{2} d x . \tag{1.27}
\end{equation*}
$$

In particular the normalisation condition becomes

$$
\begin{equation*}
1=\langle\psi \mid \psi\rangle=\int d x\langle\psi \mid x\rangle\langle x \mid \psi\rangle=\int \psi(x)^{*} \psi(x) d x \tag{1.28}
\end{equation*}
$$

[^2]and the probability amplitude to find a quantum state $|\psi\rangle$ in the state $|\varphi\rangle$ is given by
\[

$$
\begin{equation*}
\langle\varphi \mid \psi\rangle=\int \varphi^{*}(x) \psi(x) d x \tag{1.29}
\end{equation*}
$$

\]

The probability is simply $|\langle\varphi \mid \psi\rangle|^{2}$. Finally, an expectation value of a local operator $\hat{A}[\langle x| A|y\rangle=$ $\langle x| A|x\rangle \delta(x-y) \equiv A(x) \delta(x-y)]$ is given by

$$
\begin{equation*}
\langle\hat{A}\rangle=\langle\psi| \hat{A}|\psi\rangle=\int d y \int d x\langle\psi \mid x\rangle\langle x| \hat{A}|y\rangle\langle y \mid \psi\rangle=\int \psi^{*}(x) A(x) \psi(x) d x \tag{1.30}
\end{equation*}
$$

where we used the completeness of position eigenstates and the definition of the delta-function. The condition for the orthogonality of eigenstates of a hermitean operator $A$ can be written as

$$
\begin{equation*}
\delta_{n m}=\langle n \mid m\rangle=\int d x\langle n \mid x\rangle\langle x \mid m\rangle=\int d x \varphi_{n}(x)^{*} \varphi_{m}(x)=\delta_{n m} \tag{1.31}
\end{equation*}
$$

and any wave function can be expressed as a superposition of the eigen wave functions $\varphi_{n}(x)=\langle x \mid n\rangle$ of the operator $A$

$$
\begin{equation*}
\psi(x)=\langle x \mid \psi\rangle=\sum_{n} c_{n}\langle x \mid n\rangle=\sum_{n} c_{n} \varphi_{n}(x) . \tag{1.32}
\end{equation*}
$$

Summarising the correspondence between the bra-ket formalism and quantum mechanics in position space, i.e. the wave function formalism, is given by

$$
\begin{equation*}
|\psi\rangle \leftrightarrow \psi(x) \quad\langle\psi| \leftrightarrow \psi^{*}(x) \quad\langle\mid\rangle \leftrightarrow \int d x \quad \hat{A} \leftrightarrow A(x) \tag{1.33}
\end{equation*}
$$

After recapitulating the basic notions of quantum mechanics, we apply them to simple one-dimensional quantum mechanical systems.

### 1.2 Square well

A well studied problem in quantum physics is the square well. It serves as a prototype for more complicated problems.

### 1.2.1 Infinite square well

The potential of an infinitely deep potential well of size $L$ is given by

$$
V(x)= \begin{cases}\infty, & x<0  \tag{1.34}\\ 0 & 0<x<L \\ \infty, & x>L\end{cases}
$$

We solve the time-independent Schrödinger equation (1.22) in the three different regions separately. Outside the box the potential energy is infinite and thus the only solution is $\varphi_{E}(x) \equiv 0$. Inside the box the potential energy is zero and it can be rewritten as

$$
\begin{equation*}
\left(\frac{d^{2}}{d x^{2}}+\frac{2 m E}{\hbar^{2}}\right) \varphi_{E}(x)=0 . \tag{1.35}
\end{equation*}
$$

It is a linear second order ordinary differential equation (ODE) with constant coefficients and can be solved using the ansatz

$$
\begin{equation*}
\varphi_{E}(x)=A e^{i k x} \tag{1.36}
\end{equation*}
$$

The characteristic equation is given by

$$
\begin{equation*}
-k^{2}+\frac{2 m E}{\hbar^{2}}=0 \tag{1.37}
\end{equation*}
$$

and the general solution inside the box is the linear superposition of the different possible solutions

$$
\begin{equation*}
\varphi_{E}(x)=A e^{i k x}+B e^{-i k x} \tag{1.38}
\end{equation*}
$$

with $k=\sqrt{2 m E} / \hbar$ and $A, B$ two complex numbers, which are determined by the boundary conditions and the normalisation. The general solution is thus given by

$$
\varphi_{E}(x)= \begin{cases}0, & x<0  \tag{1.39}\\ A e^{i k x}+B e^{-i k x} & 0<x<L \\ 0, & x>L\end{cases}
$$

We have to require that the solution is continuous everywhere, i.e.

$$
\begin{equation*}
\varphi_{E}(0)=\varphi_{E}(L)=0 \Rightarrow A+B=0 \quad \text { and } \quad A e^{i k L}+B e^{-i k L}=0 . \tag{1.40}
\end{equation*}
$$

Hence there is a discrete set of solutions of the form

$$
\begin{equation*}
\varphi_{n}(x)=A^{\prime} \sin \left(k_{n} x\right) \quad \text { with } \quad k_{n}=n \frac{\pi}{L}, n=1,2,3, \ldots \tag{1.41}
\end{equation*}
$$

with energies

$$
\begin{equation*}
E_{n}=\frac{n^{2} \pi^{2} \hbar^{2}}{2 m L^{2}} \tag{1.42}
\end{equation*}
$$

The constant $A^{\prime}$ is fixed by correctly normalising the wave function

$$
\begin{equation*}
1=\int_{0}^{L} d x\left|A^{\prime}\right|^{2} \sin ^{2}\left(k_{n} x\right) d x \tag{1.43}
\end{equation*}
$$

and the correctly normalised energy eigenstates are

$$
\begin{equation*}
\varphi_{n}(x)=\sqrt{\frac{2}{L}} \sin \left(\frac{n \pi x}{L}\right), \quad n=1,2,3, \ldots \tag{1.44}
\end{equation*}
$$

### 1.2.2 Inversion symmetry and parity

Inspection of the wave functions for the states of a particle in an infinite well show that, with respect to the middle of the well, the wave functions are alternately symmetric ( $\mathrm{n}=1,3,5, \ldots$ ) or antisymmetric $(\mathrm{n}=2,4,6, \ldots)$. This is even clearer if we change the x -axis origin to the middle of the well, and place the walls at $x= \pm a$ so that the width of the well is $2 a$, and the wave functions become

$$
\begin{equation*}
\varphi_{n}(x)=\sqrt{\frac{1}{a}} \cos \frac{n \pi x}{2 a} \quad n=1,3,5, \ldots \varphi_{n}(x)=\sqrt{\frac{1}{a}} \sin \frac{n \pi x}{2 a} \quad n=2,4,6, \ldots \tag{1.45}
\end{equation*}
$$

Clearly state with odd $n$, are symmetric with respect to inversion $(x \rightarrow-x)$; those with even $n$ are antisymmetric. Symmetric states where $\varphi_{n}(-x)=+\varphi_{n}(x)$ are said to have positive parity; antisymmetric states where $\varphi_{n}(-x)=-\varphi_{n}(x)$ are said to have negative parity. We will see later that allowed transitions can only occur between states of opposite parity.

### 1.2.3 Finite square well

If the sides of the well are not infinite, so that the potential well of width $2 a$ is defined by ${ }^{4}$

$$
V(x)= \begin{cases}V_{0}, & x<-a  \tag{1.46}\\ 0 & -a<x<a \\ V_{0}, & x>a\end{cases}
$$

Inside the box the Schrödinger equation is the same as for the infinitely deep potential well. Outside the box the Schrödinger equation can be rewritten as

$$
\begin{equation*}
\left(\frac{d^{2}}{d x^{2}}-\frac{2 m\left(V_{0}-E\right)}{\hbar^{2}}\right) \varphi_{E}(x)=0 . \tag{1.47}
\end{equation*}
$$

Assuming a bound state with $0<E<V_{0}$ we can similarly make an ansatz $\varphi_{E}(x)=A e^{q x}$ and obtain the general solutions with

$$
\begin{equation*}
q^{2}=\frac{2 m\left(V_{0}-E\right)}{\hbar^{2}} \tag{1.48}
\end{equation*}
$$

and the general solution is given by

$$
\varphi_{E}(x)= \begin{cases}A e^{q x}+B e^{-q x}, & x<-a  \tag{1.49}\\ C e^{i k x}+D e^{-i k x} & -a<x<a \\ E e^{q x}+F e^{-q x}, & x>a\end{cases}
$$

In order to interpret the wave function, we have to normalise it, this automatically forces $B=E=0$. Furthermore demanding that the solution is

1. continuous
2. and continuously differentiable ( $\frac{d \varphi_{E}(x)}{d x}$ being differentiable) [if $V_{0} \neq \infty$ ]
everywhere fixes three of the other coefficients. The last coefficient is fixed by the normalisation condition.

Because of the finite height of the barriers, the particle can tunnel into the region beyond the edges of the well, where on physical grounds we would expect the wave functions to decay with distance beyond the edge of the well. Within the well, where the particle is free, we expect the wave functions to be sinusoidal as in the case of the infinite well. The solution of the energy eigenvalue equation in this case is not trivial (in fact it can be solved by numerical means only). For solutions to be physically acceptable, the wave functions must approach zero with distance away from the well, and be continuous and smooth across the boundaries (i.e. $\varphi_{E}(x)$ and $d \varphi_{E}(x) / d x$ are continuous at the walls of the well). Such solutions occur for discrete values of $E$ only.

As the equation can be solved by numerical means only, it is not possible to write down a formula for the energy levels. However, as expected, the energies approach those of the infinite case as $V_{0} \rightarrow \infty$. Figure 1 is a reproduction of Figure 5.18 from McIntyre showing energy levels for an infinite square well and finite square well of the same width. Note that for the finite square well the wave function penetrates the walls of the well, beyond which it decays, and that its value and gradient are continuous across the well boundary, as required. In the case of the infinite well the wave function vanishes at the walls of the well and in this limit the gradient is discontinuous at the edge of the well.

[^3]
(a)

Figure 1: Energy levels and wave functions for (a) an infinite square well of width $2 a$ and (b) a finite square well of width $2 a$. Note that as the finite well has reduced confinement, the energy levels are lower than those for an infinite well of the same width. Based on figure 5.18 of Quantum Mechanics by D.H. McIntyre.

### 1.3 Quantum harmonic oscillator

The last 1D example which we are studying is the harmonic oscillator. It is very important approximation to many physical phenomena such as the vibrational modes of a diatomic molecule as shown in Fig. 2. A particle with mass $m$ is subject to a restoring force $-k x$, where $x$ is the displacement from the equilibrium position. The potential energy of the particle is

$$
\begin{equation*}
V(x)=\frac{1}{2} k x^{2}=\frac{1}{2} m \omega^{2} x^{2} \tag{1.50}
\end{equation*}
$$

where $\omega=\sqrt{k / m}$ is the angular oscillation frequency. Thus its Hamiltonian is

$$
\begin{equation*}
H=\frac{\hat{p}^{2}}{2 m}+\frac{1}{2} m \omega^{2} \hat{x}^{2}=-\frac{\hbar^{2}}{2 m} \frac{d^{2}}{d x^{2}}+\frac{1}{2} m \omega^{2} x^{2} \tag{1.51}
\end{equation*}
$$

and the time-independent Schrödinger equation is given by

$$
\begin{equation*}
\left(-\frac{\hbar^{2}}{2 m} \frac{d^{2}}{d x^{2}}+\frac{1}{2} m \omega^{2} x^{2}\right) \varphi_{E}(x)=E \varphi_{E}(x) \tag{1.52}
\end{equation*}
$$

"The career of a young theoretical physicist consists of treating the harmonic oscillator in everincreasing abstraction." - Sidney Coleman

Now we will be going one step and solve the quantum harmonic oscillator using the ladder operator method.

### 1.3.1 Ladder operator method

In order to simplify our following discussion, we define the variable

$$
\begin{equation*}
\xi=\sqrt{\frac{m \omega}{\hbar}} x \quad \frac{d}{d \xi}=\sqrt{\frac{\hbar}{m \omega}} \frac{d}{d x} \tag{1.53}
\end{equation*}
$$



Figure 2: First few vibrational modes of a diatomic molecule are well described by a harmonic oscillator. Figure taken from https://en.wikipedia.org/wiki/File:Morse-potential.png.
and can rewrite our Hamiltonian in Eq. (1.51) as follows

$$
\begin{equation*}
H=\frac{1}{2} \hbar \omega\left(-\frac{d^{2}}{d \xi^{2}}+\xi^{2}\right) \tag{1.54}
\end{equation*}
$$

In the next step we want to factorise the Hamiltonian in analogy to the identity

$$
\begin{equation*}
u^{2}-v^{2}=(u-v)(u+v) . \tag{1.55}
\end{equation*}
$$

Hence we form two new operators as linear combination of the old ones

$$
\begin{align*}
& a=\frac{1}{\sqrt{2}}\left(\xi+\frac{d}{d \xi}\right)  \tag{1.56}\\
&=\sqrt{\frac{m \omega}{2 \hbar}}\left(\hat{x}+i \frac{\hat{p}}{m \omega}\right)  \tag{1.57}\\
& a^{\dagger}=\frac{1}{\sqrt{2}}\left(\xi-\frac{d}{d \xi}\right)=\sqrt{\frac{m \omega}{2 \hbar}}\left(\hat{x}-i \frac{\hat{p}}{m \omega}\right) .
\end{align*}
$$

The operators satisfy the following commutation relation

$$
\begin{equation*}
\left[a, a^{\dagger}\right]=1 . \tag{1.58}
\end{equation*}
$$

Looking at the product of the two operators

$$
\begin{align*}
a^{\dagger} a & =\frac{1}{\sqrt{2}}\left(\xi-\frac{d}{d \xi}\right) \frac{1}{\sqrt{2}}\left(\xi+\frac{d}{d \xi}\right)  \tag{1.59}\\
& =\frac{1}{2}\left(\xi^{2}-\frac{d^{2}}{d \xi^{2}}+\xi \frac{d}{d \xi}-\frac{d}{d \xi} \xi\right)  \tag{1.60}\\
& =\frac{1}{2}\left(\xi^{2}-\frac{d^{2}}{d \xi^{2}}+\left[\xi, \frac{d}{d \xi}\right]\right)  \tag{1.61}\\
& =\frac{1}{2}\left(\xi^{2}-\frac{d^{2}}{d \xi^{2}}-1\right) \tag{1.62}
\end{align*}
$$

we observe that we almost obtain the result which we wanted to obtain. Hence, the Hamiltonian can be rewritten as

$$
\begin{equation*}
H=\hbar \omega\left(a^{\dagger} a+\frac{1}{2}\right) . \tag{1.63}
\end{equation*}
$$

Before interpreting the operators $\hat{a}$ and $\hat{a}^{\dagger}$ physically, we have to show two more commutation relations:

$$
\begin{align*}
{[H, a] } & =H a-a H  \tag{1.64}\\
& =\hbar \omega\left(a^{\dagger} a+\frac{1}{2}\right) a-a \hbar \omega\left(a^{\dagger} a+\frac{1}{2}\right)  \tag{1.65}\\
& =\hbar \omega\left(a^{\dagger} a a-a a^{\dagger} a\right)  \tag{1.66}\\
& =\hbar \omega\left(a^{\dagger} a a-\left(a^{\dagger} a+\left[a, a^{\dagger}\right]\right) a\right)  \tag{1.67}\\
& =-\hbar \omega a \tag{1.68}
\end{align*}
$$

Now given an energy eigenstate $|E\rangle$ with a given energy $E$, we can calculate the energy eigenvalue of the states $a|E\rangle$ as follows

$$
\begin{align*}
H(a|E\rangle) & =H a|E\rangle  \tag{1.69}\\
& =(a H+[H, a])|E\rangle  \tag{1.70}\\
& =(a E-\hbar \omega a)|E\rangle  \tag{1.71}\\
& =(E-\hbar \omega)(a|E\rangle) \tag{1.72}
\end{align*}
$$

Similarly for the operator $a^{\dagger}$

$$
\begin{equation*}
\left[H, a^{\dagger}\right]=+\hbar \omega a^{\dagger} \tag{1.73}
\end{equation*}
$$

and

$$
\begin{equation*}
H\left(a^{\dagger}|E\rangle\right)=(E+\hbar \omega)\left(a^{\dagger}|E\rangle\right) \tag{1.74}
\end{equation*}
$$

Hence the states $a|E\rangle, a^{\dagger}|E\rangle$ are also energy eigenstates with energies $E \pm \hbar \omega$, respectively. The operators $a$ and $a^{\dagger}$ transform a state with energy $E$ into a state with energy $E \pm \hbar \omega$. They are denoted ladder operators, more specifically $a^{\dagger}$ is denoted raising operator and a lowering operator.

Next we have to find the lowest energy eigenstate or ground state. Classically we observe that there is a minimum energy of the harmonic oscillator. Hence there has to be a lowest energy eigenstate

$$
\begin{equation*}
a\left|E_{\text {lowest }}\right\rangle=0 . \tag{1.75}
\end{equation*}
$$

This is called the ladder termination condition. The energy of this lowest energy eigenstate is given by

$$
\begin{equation*}
H\left|E_{\text {lowest }}\right\rangle=\hbar \omega\left(a^{\dagger} a+\frac{1}{2}\right)\left|E_{\text {lowest }}\right\rangle=\frac{1}{2} \hbar \omega\left|E_{\text {lowest }}\right\rangle . \tag{1.76}
\end{equation*}
$$

Note that lowest energy level is not zero as it would be for a classical harmonic oscillator, but $\frac{1}{2} \hbar \omega$. It is known as zero point energy and ultimately due to the non-vanishing commutator of the ladder


Figure 3: Energy levels of harmonic oscillator. Raising operator $a^{\dagger}$ increases energy by $\hbar \omega$ and lowering operator $a$ lowers it. Figure taken from https://commons.wikimedia.org/w/index.php? curid=11623546.
operators $\left[a, a^{\dagger}\right]=1$. The lowest energy eigenstate is commonly denoted $|0\rangle$. The energy of the $n^{\text {th }}$ state $|n\rangle$ is given by

$$
\begin{equation*}
E_{n}=\hbar \omega\left(n+\frac{1}{2}\right) \tag{1.77}
\end{equation*}
$$

because applying the raising operator $a^{\dagger} n$ times increases the energy with respect to the lowest energy eigenstate by $n \times \hbar \omega$. In addition to the ladder operators it is convenient to introduce the number operator,

$$
\begin{equation*}
\hat{N}=\hat{a}^{\dagger} \hat{a}, \tag{1.78}
\end{equation*}
$$

which counts the energy quanta. It fulfils the following eigenvalue equation

$$
\begin{equation*}
\hat{N}|n\rangle=n|n\rangle \tag{1.79}
\end{equation*}
$$

where the $n$ in $|n\rangle$ denotes the number of energy quanta. We can rewrite the Hamiltonian as

$$
\begin{equation*}
\hat{H}=\hbar \omega\left(\hat{N}+\frac{1}{2}\right) . \tag{1.80}
\end{equation*}
$$

See Fig. 3 for an illustration of the action of the ladder operator on the energy eigenstates. All other energy eigenstates can be constructed from the lowest energy eigenstate using the raising operator. By demanding that all states $|n\rangle$ are properly normalised,

$$
\begin{equation*}
\langle n \mid n\rangle=1, \tag{1.81}
\end{equation*}
$$

it is possible to show ${ }^{5}$ that the raising and lowering operators act on a state $|n\rangle$

$$
\begin{align*}
a|n\rangle & =\sqrt{n}|n-1\rangle  \tag{1.82}\\
a^{\dagger}|n\rangle & =\sqrt{n+1}|n+1\rangle \tag{1.83}
\end{align*}
$$

[^4]Thus we can write the state $|n\rangle$ as follows

$$
\begin{equation*}
|n\rangle \equiv \frac{1}{\sqrt{n!}}\left(a^{\dagger}\right)^{n}|0\rangle, \tag{1.84}
\end{equation*}
$$

where we denoted the lowest energy eigenstate by $|0\rangle$. The factor $1 / \sqrt{n!}$ ensures that the states are correctly normalised.

The wave function of the lowest energy eigenstate $\phi_{0}(\xi)$ can be determined from the ladder termination condition in Eq. 1.75)

$$
\begin{equation*}
0=a \phi_{0}(\xi)=\frac{1}{\sqrt{2}}\left(\xi+\frac{d}{d \xi}\right) \phi_{0}(\xi) . \tag{1.85}
\end{equation*}
$$

It is an ODE, which can be solved using standard techniques

$$
\begin{equation*}
\phi_{0}(\xi)=\left(\frac{m \omega}{\pi \hbar}\right)^{1 / 4} e^{-\xi^{2} / 2} . \tag{1.86}
\end{equation*}
$$

The explicit form of the wave function involves a well studied special function, the Hermite polynomial, such that the normalised wave functions can be written as

$$
\begin{equation*}
\varphi_{E}(x)=\left(\frac{m \omega}{\pi \hbar}\right)^{1 / 4} \frac{1}{\sqrt{2^{n} n!}} H_{n}(\xi) e^{-\xi^{2} / 2} \quad \text { with } \xi=\sqrt{\frac{m \omega}{\hbar}} x \text { and } n=0,1,2,3, \ldots \tag{1.87}
\end{equation*}
$$

where $H_{n}$ is a Hermite polynomial of order $n$

$$
\begin{equation*}
H_{0}(x)=1, \quad H_{1}(x)=2 x, \quad H_{2}(x)=4 x^{2}-2 \quad H_{3}(x)=8 x^{3}-12 x \tag{1.88}
\end{equation*}
$$

Figure 4 shows wave functions and probability densities for the first four energy levels of a harmonic oscillator.


Figure 4: (a) Wave functions and (b) the probability density for the first four energy levels of a harmonic oscillator.

### 1.3.2 Application: molecular vibrational energy levels

The two nuclei of a diatomic molecule can vibrate about their equilibrium separation. For sufficiently small amplitude vibrations the motion can be treated as a harmonic oscillation in a parabolic potential. The quantised energy levels would then be given by


Figure 5: Potential curve for a typical diatomic molecule showing vibrational energy levels. At lower levels where the potential approximates a parabola the energy levels are almost equally spaced. At higher levels where the potential profile becomes wider than a parabola, the spacing decreases.

$$
\begin{equation*}
E_{n}=\left(n+\frac{1}{2}\right) \hbar \omega_{0}=\left(n+\frac{1}{2}\right) h \nu_{0} \quad \text { where } \quad n=0,1,2,3, \ldots \tag{1.89}
\end{equation*}
$$

and $\nu_{0}=\omega_{0} / 2 \pi$ is the classical vibration frequency (in Hz ). Transitions between adjacent vibrational energy levels are in the infrared part of the electromagnetic spectrum $\sqrt[6]{6}$ Figure 5 shows a typical potential curve (energy as a function of nuclear separation) for a diatomic molecule. At low energy levels, where a parabolic approximation to the potential curve is a good fit, the actual energy levels are equally spaced, but at higher levels where the parabolic approximation is a poorer fit the spacing between levels gradually decreases.

[^5]
## 2 Quantum Physics of Central Potentials

One of the main goals of this course is to solve the hydrogen atom. It is a two-body problem in 3 dimensions, with a positively charged proton and a negatively charged electron. They interaction via Coulomb interaction which is described by the Coulomb potential

$$
\begin{equation*}
V\left(\left|\mathbf{r}_{1}-\mathbf{r}_{2}\right|\right)=-\frac{Z e^{2}}{4 \pi \epsilon_{0}\left|\mathbf{r}_{1}-\mathbf{r}_{2}\right|}=-\frac{Z \alpha \hbar c}{\left|\mathbf{r}_{1}-\mathbf{r}_{2}\right|} . \tag{2.1}
\end{equation*}
$$

It is a central potential, which only depends on the relative distance between the two particles.

### 2.1 Separation of Variables

We will actually solve the slightly more general problem of an arbitrary two-body system with a central potential. It is described by the Hamiltonian

$$
\begin{equation*}
\hat{H}_{s y s}=\frac{\hat{\mathbf{p}}_{1}^{2}}{2 m_{1}}+\frac{\hat{\mathbf{p}}_{2}^{2}}{2 m_{2}}+V\left(\left|\hat{\mathbf{r}}_{1}-\hat{\mathbf{r}}_{2}\right|\right) \tag{2.2}
\end{equation*}
$$

where $m_{i}, \hat{\mathbf{p}}_{i}$, and $\hat{\mathbf{r}}_{i}$ are the mass, momentum and position of particle $i$.
Similarly to classical mechanics, the Hamiltonian can be separated in the Hamiltonian of the centre of mass motion and the relative motion about the centre. We define the centre of mass coordinate

$$
\begin{equation*}
\hat{\mathbf{R}}=\frac{m_{1} \hat{\mathbf{r}}_{1}+m_{2} \hat{\mathbf{r}}_{2}}{m_{1}+m_{2}} \tag{2.3}
\end{equation*}
$$

and the relative position vector

$$
\begin{equation*}
\hat{\mathbf{r}}=\hat{\mathbf{r}}_{2}-\hat{\mathbf{r}}_{1} . \tag{2.4}
\end{equation*}
$$

Similarly we define the momentum in the centre of mass frame

$$
\begin{equation*}
\hat{\mathbf{P}}=\hat{\mathbf{p}}_{1}+\hat{\mathbf{p}}_{2} \tag{2.5}
\end{equation*}
$$

and the relative velocity in terms of the relative momentum $\hat{\mathbf{p}}_{\text {rel }}$

$$
\begin{equation*}
\frac{\hat{\mathbf{p}}_{r e l}}{\mu}=\frac{\hat{\mathbf{p}}_{2}}{m_{2}}-\frac{\hat{\mathbf{p}}_{1}}{m_{1}} \tag{2.6}
\end{equation*}
$$

with the reduced mass

$$
\begin{equation*}
\frac{1}{\mu}=\frac{1}{m_{1}}+\frac{1}{m_{2}} . \tag{2.7}
\end{equation*}
$$

Rewriting the Hamiltonian in these new coordinates, it separates in a Hamiltonian describing the centre of mass motion and the relative motion, $\hat{H}=\hat{H}_{C M}+\hat{H}_{\text {rel }}$ with

$$
\begin{align*}
\hat{H}_{C M} & =\frac{\hat{\mathbf{P}}^{2}}{2 M}  \tag{2.8}\\
\hat{H}_{r e l} & =\frac{\hat{\mathbf{p}}_{r e l}^{2}}{2 \mu}+V(r) \tag{2.9}
\end{align*}
$$

and $M=m_{1}+m_{2}$. It is a valid assumption that the quantum state also separates

$$
\begin{equation*}
\psi_{\text {sys }}(\mathbf{R}, \mathbf{r})=\psi_{C M}(\mathbf{R}) \psi_{\text {rel }}(\mathbf{r}), \tag{2.10}
\end{equation*}
$$

because the potential does not depend on the centre of mass coordinate $\hat{\mathbf{R}}$ and did not depend on it previously, but it only depends on the relative coordinate $\hat{\mathbf{r}}$. Explicitly we can show using the Schrödinger equation

$$
\begin{align*}
E \psi_{s y s}(\mathbf{R}, \mathbf{r}) & =\hat{H} \psi_{\text {sys }}(\mathbf{R}, \mathbf{r})  \tag{2.11}\\
& =\left(\hat{H}_{C M}+\hat{H}_{r e l}\right) \psi_{C M}(\mathbf{R}) \psi_{r e l}(\mathbf{r})  \tag{2.12}\\
& =\left(\psi_{r e l}(\mathbf{r}) \hat{H}_{C M} \psi_{C M}(\mathbf{R})+\psi_{C M}(\mathbf{R}) \hat{H}_{r e l} \psi_{r e l}(\mathbf{r})\right) \tag{2.13}
\end{align*}
$$

We divide by $\psi_{\text {sys }}$

$$
\begin{equation*}
E=\psi_{C M}^{-1}(\mathbf{R}) \hat{H}_{C M} \psi_{C M}(\mathbf{R})+\psi_{r e l}^{-1}(\mathbf{r}) \hat{H}_{r e l} \psi_{r e l}(\mathbf{r}) \tag{2.14}
\end{equation*}
$$

and bringing one of the ratios to the other side of the equation

$$
\begin{equation*}
E-\psi_{C M}^{-1}(\mathbf{R}) \hat{H}_{C M} \psi_{C M}(\mathbf{R})=\psi_{r e l}^{-1}(\mathbf{r}) \hat{H}_{r e l} \psi_{r e l}(\mathbf{r}), \tag{2.16}
\end{equation*}
$$

we see that the left-hand side of the equation is independent of $\mathbf{r}$ and the right-hand side independent of $\mathbf{R}$. Hence both of them have to be constant, which we denote by $E_{r e l}$, the energy of the subsystem of the relative coordinate. Thus we can write

$$
\begin{align*}
\hat{H}_{C M} \psi_{C M}(\mathbf{R}) & =E_{C M} \psi_{C M}(\mathbf{R})  \tag{2.17}\\
\hat{H}_{r e l} \psi_{r e l}(\mathbf{r}) & =E_{r e l} \psi_{r e l}(\mathbf{r}) \tag{2.18}
\end{align*}
$$

where $E_{C M}=E-E_{\text {rel }}$ is the energy of for the subsystem describing the centre of mass coordinates.

### 2.2 Solution to the Center of Mass equation

The Hamiltonian for the centre of mass motion is given by

$$
\begin{equation*}
\hat{H}_{C M}=-\frac{\hbar^{2}}{2 M}\left(\frac{\partial^{2}}{\partial X^{2}}+\frac{\partial^{2}}{\partial Y^{2}}+\frac{\partial^{2}}{\partial Z^{2}}\right) \tag{2.19}
\end{equation*}
$$

with $\mathbf{R}=(X, Y, Z)^{T}$. It corresponds to the Hamiltonian of a free particle in three dimensions, which can be solved in terms of free particle eigenstates

$$
\begin{equation*}
\psi_{C M}(X, Y, Z)=\frac{1}{(2 \pi \hbar)^{3 / 2}} e^{\left.i\left(P_{X} X+P_{Y} Y+P_{Z} Z\right) / \hbar\right)}=\frac{1}{(2 \pi \hbar)^{3 / 2}} e^{i \mathbf{P} \cdot \mathbf{R} / \hbar} \tag{2.20}
\end{equation*}
$$

with $\mathbf{P}=\left(P_{X}, P_{y}, P_{z}\right)^{T}$. The energy eigenvalues are given by

$$
\begin{equation*}
E_{C M}=\frac{1}{2 M}\left(P_{X}^{2}+P_{Y}^{2}+P_{Z}^{2}\right) \tag{2.21}
\end{equation*}
$$

Note that the momentum $\mathbf{P}$ is not discrete, but a continuous variable. Using Eq. (1.9), the timedependent wave-function is then given by

$$
\begin{equation*}
\psi_{C M}(t, X, Y, Z)=\frac{1}{(2 \pi \hbar)^{3 / 2}} e^{-i(E t-\mathbf{P} \cdot \mathbf{R}) / \hbar} \tag{2.22}
\end{equation*}
$$

where we set $t_{0}=0$. The solution are plane waves travelling forward with phase velocity $\left|\mathbf{v}_{\mathbf{p h}}\right|=E /|\mathbf{P}|$ and group velocity $\mathbf{v}_{\mathbf{g}}=\nabla_{\mathbf{p}} E$. The average momentum is given by the expectation value of the momentum operator

$$
\begin{equation*}
\langle\hat{P}\rangle=\int d^{3} x \psi_{C M}^{*}(X, Y, Z)(-i \hbar \nabla) \psi_{C M}(X, Y, Z)=\mathbf{P} \tag{2.23}
\end{equation*}
$$

### 2.3 Classical Angular Momentum

In classical mechanics, the angular momentum is conserved for central forces, like the Coulomb potential in the hydrogen atom

$$
\begin{align*}
\frac{d \mathbf{L}}{d t} & =\frac{d \mathbf{r} \times \mathbf{p}}{d t}  \tag{2.24}\\
& =\mathbf{v} \times \mathbf{p}+\mathbf{r} \times \mathbf{F}  \tag{2.25}\\
& =-\mathbf{r} \times \nabla V(r)  \tag{2.26}\\
& =-\mathbf{r} \times V^{\prime}(r) \frac{\mathbf{r}}{r}=0 . \tag{2.27}
\end{align*}
$$

We will make use of that fact to simplify the eigenvalue equation for the relative motion of the hydrogen atom.

### 2.4 Angular momentum

We are already familiar with the fact that an electron has intrinsic angular momentum, usually called spin. This is a property of the electron, just like its mass or charge. An electron in an atom, however, can also have angular momentum due to its motion, usually called orbital angular moment. Before considering orbital angular momentum, let us summarise what we know about electron spin.

### 2.4.1 Spin

An electron has spin characterised by a spin quantum number $s=1 / 2$ and magnetic quantum numbers $m_{s}= \pm 1 / 2$, with spin magnitude and component values quantised according to

$$
\begin{equation*}
\hat{\mathbf{S}}^{2}\left|s m_{s}\right\rangle=s(s+1) \hbar^{2}\left|s m_{s}\right\rangle=\frac{3}{4} \hbar\left|s m_{s}\right\rangle \quad \hat{S}_{z}\left|s m_{s}\right\rangle=m_{s} \hbar\left|s m_{s}\right\rangle= \pm \frac{1}{2} \hbar\left|s m_{s}\right\rangle \tag{2.28}
\end{equation*}
$$

In the $S_{z}$ representation the spin eigenstates $\left|s m_{s}\right\rangle$ are

The various spin operators are given by

$$
\begin{align*}
\hat{S_{x}} & =\frac{\hbar}{2}\left(\begin{array}{cc}
0 & 1 \\
1 & 0
\end{array}\right)=\frac{\hbar}{2} \sigma_{1}  \tag{2.31}\\
\hat{S_{y}} & =\frac{\hbar}{2}\left(\begin{array}{cc}
0 & -i \\
i & 0
\end{array}\right)=\frac{\hbar}{2} \sigma_{2}  \tag{2.32}\\
\hat{S_{z}} & =\frac{\hbar}{2}\left(\begin{array}{cc}
1 & 0 \\
0 & -1
\end{array}\right)=\frac{\hbar}{2} \sigma_{3}  \tag{2.33}\\
\hat{S^{2}} & =\frac{3}{4} \hbar^{2}\left(\begin{array}{cc}
1 & 0 \\
0 & 1
\end{array}\right), \tag{2.34}
\end{align*}
$$


(a) The vector model for electron spin.

(b) The vector model of angular momentum for $l=3$. Angular momentum values are given in units of $\hbar$.

Figure 6: The vector model
where $\sigma_{i}$ denotes the three Pauli spin matrices. The vector model for spin in Figure 6 a conveniently summarises the quantisation properties for spin. It is straightforward to show ${ }^{77}$

$$
\begin{align*}
{\left[\hat{S}_{x}, \hat{S}_{y}\right] } & =i \hbar \hat{S}_{z}  \tag{2.35}\\
{\left[\hat{S}_{y}, \hat{S}_{z}\right] } & =i \hbar \hat{S}_{x}  \tag{2.36}\\
{\left[\hat{S}_{z}, \hat{S}_{x}\right] } & =i \hbar \hat{S}_{y}  \tag{2.37}\\
{\left[\hat{\mathbf{S}}^{2}, \hat{S}_{x}\right] } & =\left[\hat{\mathbf{S}}^{2}, \hat{S}_{y}\right]=\left[\hat{\mathbf{S}}^{2}, \hat{S}_{z}\right]=0 . \tag{2.38}
\end{align*}
$$

### 2.4.2 Orbital angular momentum

The angular momentum of a particle is given by $\mathbf{L}=\mathbf{r} \times \mathbf{p}$. As the momentum operator in the position representation is given by

$$
\begin{equation*}
\hat{\mathbf{p}}=-i \hbar\left(\frac{\partial}{\partial x}, \frac{\partial}{\partial y}, \frac{\partial}{\partial z}\right)=-i \hbar \nabla \tag{2.39}
\end{equation*}
$$

the operator for angular momentum is therefore

$$
\begin{equation*}
\hat{\mathbf{L}}=\mathbf{r} \times(-i \hbar \nabla) \tag{2.40}
\end{equation*}
$$

The operators for the components and the magnitude of angular momentum are

[^6]- Cartesian coordinates

$$
\begin{align*}
\hat{L}_{x} & =-i \hbar\left(y \frac{\partial}{\partial z}-z \frac{\partial}{\partial y}\right)  \tag{2.41}\\
\hat{L}_{y} & =-i \hbar\left(z \frac{\partial}{\partial x}-x \frac{\partial}{\partial z}\right)  \tag{2.42}\\
\hat{L}_{z} & =-i \hbar\left(x \frac{\partial}{\partial y}-y \frac{\partial}{\partial x}\right)  \tag{2.43}\\
\hat{L}^{2} & =\hat{L}_{x}^{2}+\hat{L}_{y}^{2}+\hat{L}_{z}^{2} \tag{2.44}
\end{align*}
$$

- Spherical polar coordinates (see Figure 28 in Sec. C)

$$
\begin{align*}
\hat{L}_{x} & =i \hbar\left(\sin \phi \frac{\partial}{\partial \theta}+\cot \theta \cos \phi \frac{\partial}{\partial \phi}\right)  \tag{2.45}\\
\hat{L}_{y} & =i \hbar\left(-\cos \phi \frac{\partial}{\partial \theta}+\cot \theta \sin \phi \frac{\partial}{\partial \phi}\right)  \tag{2.46}\\
\hat{L}_{z} & =-i \hbar \frac{\partial}{\partial \phi}  \tag{2.47}\\
\hat{L}^{2} & =-\hbar^{2}\left[\frac{1}{\sin \theta} \frac{\partial}{\partial \theta}\left(\sin \theta \frac{\partial}{\partial \theta}\right)+\frac{1}{\sin ^{2} \theta} \frac{\partial^{2}}{\partial \phi^{2}}\right] \tag{2.48}
\end{align*}
$$

It is straightforward to show that the commutation relations for the angular momentum components are

$$
\begin{equation*}
\left[\hat{L}_{x}, \hat{L}_{y}\right]=i \hbar \hat{L}_{z}, \quad\left[\hat{L}_{y}, \hat{L}_{z}\right]=i \hbar \hat{L}_{x}, \quad\left[\hat{L}_{z}, \hat{L}_{x}\right]=i \hbar \hat{L}_{y} \tag{2.49}
\end{equation*}
$$

With a little more algebraic manipulation (see McIntyre, p211), it is possible to show that $\hat{L}^{2}$ commutes with each of the component operators

$$
\begin{equation*}
\left[\hat{L}^{2}, \hat{L}_{x}\right]=\left[\hat{L}^{2}, \hat{L}_{y}\right]=\left[\hat{L}^{2}, \hat{L}_{z}\right]=0 \tag{2.50}
\end{equation*}
$$

using the identity $[A B, C]=A[B, C]+[A, C] B$. We note that these are the same commutation relations satisfied by spin angular momentum. By analogy, therefore we can conclude it is possible to find states that are simultaneously eigenstates of $\hat{L}^{2}$ and one of the component operators, which according to convention we choose to be $\hat{L}_{z}$. Recalling that the spin eigenvalue equations are

$$
\begin{align*}
\hat{S}^{2}\left|s m_{s}\right\rangle & =s(s+1) \hbar^{2}\left|s m_{s}\right\rangle  \tag{2.51}\\
\hat{S}_{z}\left|s m_{s}\right\rangle & =m_{s} \hbar\left|s m_{s}\right\rangle \tag{2.52}
\end{align*}
$$

where $m_{s}=s, s-1, \ldots,-s$, the equivalent equations for orbital angular momentum will be

$$
\begin{align*}
\hat{L}^{2}\left|l m_{l}\right\rangle & =l(l+1) \hbar^{2}\left|l m_{l}\right\rangle  \tag{2.53}\\
\hat{L}_{z}\left|l m_{l}\right\rangle & =m_{l} \hbar\left|l m_{l}\right\rangle \tag{2.54}
\end{align*}
$$

where $m_{l}=l, l-1, \ldots,-l$.

We are now using the ladder operator method to understand the restriction ot $\left|m_{l}\right| \leq l$. Analogously to the ladder operators for the harmonic oscillator, we can define raising and lowering operators for the angular momentum operators

$$
\begin{equation*}
\hat{L}_{ \pm}=\hat{L}_{x} \pm i \hat{L}_{y}, \tag{2.55}
\end{equation*}
$$

which satisfy the following properties

$$
\begin{align*}
\left(\hat{L}_{ \pm}\right)^{\dagger} & =\hat{L}_{\mp}  \tag{2.56}\\
{\left[\hat{L}_{z}, \hat{L}_{ \pm}\right] } & =i \hbar \hat{L}_{y} \pm \hbar \hat{L}_{x}= \pm \hbar \hat{L}_{ \pm}  \tag{2.57}\\
{\left[\hat{L}^{2}, \hat{L}_{ \pm}\right] } & =0 . \tag{2.58}
\end{align*}
$$

The operator $\hat{L}_{ \pm}$raises (lowers) the magnetic quantum number by $\hbar$

$$
\begin{equation*}
\hat{L}_{z}\left(\hat{L}_{ \pm}|l m\rangle\right)=\left(\hat{L}_{ \pm} \hat{L}_{z}+\left[\hat{L}_{z}, \hat{L}_{ \pm}\right]\right)|l m\rangle=\left(\hat{L}_{ \pm} m \hbar \pm \hbar \hat{L}_{ \pm}\right)|l m\rangle=(m \pm 1) \hbar \hat{L}_{ \pm}|l m\rangle \tag{2.59}
\end{equation*}
$$

but preserves the total angular momentum because $\hat{L}_{ \pm}$commutes with the total angular momentum operator. The normalization of the states $\langle l m \mid l m\rangle=1$

$$
\begin{equation*}
\langle l m| \hat{L}_{ \pm}^{\dagger} \hat{L}_{ \pm}|l m\rangle=\langle l m|\left(\hat{L}^{2}-\hat{L}_{z}^{2} \mp \hbar \hat{L}_{z}\right)|l m\rangle=\hbar^{2}\left(l(l+1)-m^{2} \mp m\right) \tag{2.60}
\end{equation*}
$$

leads to

$$
\begin{equation*}
\hat{L}_{ \pm}|l m\rangle=\hbar \sqrt{l(l+1)-m(m \pm 1)}|l m \pm 1\rangle \tag{2.61}
\end{equation*}
$$

and thus restricts $|m| \leq l$.
Although we are mostly concerned with spin $\frac{1}{2}$ systems, the spin quantum number $s$ can in principle be half integer or integer. In contrast we will see soon that the orbital angular quantum number $l$ can only be an integer; for the moment we will assume that this is the case.

In order to simplify the notation we will often drop the hat when writing operators, i.e. denote operators by $A$ instead of $\hat{A}$.

### 2.5 The vector model for orbital angular momentum

The quantisation of angular momentum can be summarised by the vector model which shows the possible orientations of the angular momentum vector. The fact that the vector is limited to having a discrete number of orientations with respect to the $z$ axis is referred to as space quantisation. Figure $6 \mathrm{~b} \mid$ depicts the vector model of angular momentum for $l=3$, for which $|\mathbf{L}|=2 \sqrt{3} \hbar$ and $L_{z}=(3,2,1,0,-1,-2,-3) \hbar$.

### 2.6 Application: molecular rotational energy levels

The moment of inertia of a diatomic molecule about its centre of mass is

$$
\begin{equation*}
I=\mu R_{0}^{2} \tag{2.62}
\end{equation*}
$$

where $\mu$ is the reduced mass of the molecule and $R_{0}$ is the nuclear separation. The energy associated with rotation can be expressed in terms of the angular momentum $L$ as

$$
\begin{equation*}
E_{\text {rot }}=\frac{L^{2}}{2 I} \tag{2.63}
\end{equation*}
$$

Noting that angular momentum is quantised according to $L^{2}=l(l+1) \hbar^{2}$, where $l$ is an integer quantum number, leads to quantised rotational energy levels given by

$$
\begin{equation*}
E_{\text {rot }}=\frac{\hbar^{2}}{2 I} l(l+1) \quad \text { where } \quad l=0,1,2,3, \ldots \tag{2.64}
\end{equation*}
$$

### 2.6.1 Rotational spectra

The selection rule ${ }^{8}$ for allowed transitions is : $\Delta l= \pm 1$. Therefore,

$$
\begin{equation*}
h \nu=\frac{h c}{\lambda}=h c \sigma=E_{l+1}-E_{l}=\frac{\hbar^{2}}{I}(l+1) \tag{2.65}
\end{equation*}
$$

where $\sigma=1 / \lambda$ is the wave number ${ }^{9}$ Rotational spectra are in the far infrared and microwave regions between of the electromagnetic spectrum $(\lambda \sim 0.1 \mathrm{~mm}-10 \mathrm{~mm})^{10}$. Only molecules with a permanent dipole moment will have a pure rotational spectrum. Thus molecules with identical nuclei (e.g. $\mathrm{H}_{2}$, $\mathrm{C}_{2}$ ) do not have pure rotational spectra.

### 2.6.2 Vibrational-rotational spectra

There will be rotational levels associated with each vibrational level. Thus a transition between vibrational states may also involve a change in rotational state, and we speak more generally of vibrationalrotational spectra for which the selection rules are: $\Delta l= \pm 1$ and $\Delta n= \pm 1$. Vibrational-rotational spectra are typically in the infrared. As molecules are predominantly in the ground vibrational levels at room temperature, vibrational-rotational spectra are usually observed as absorption spectra.

## Example

For absorption transitions between vibrational levels $n$ and $n+1$, there are two groups of absorption lines corresponding to $\Delta l= \pm 1$. A small amount of algebra yields the following:

$$
\begin{equation*}
h \nu=h \nu_{0} \pm \frac{\hbar^{2}}{I} l \quad l=1,2,3, \ldots \tag{2.66}
\end{equation*}
$$

Thus the lines are in two groups on either side of $\nu_{0}$, with equal spacing of

$$
\begin{equation*}
\Delta \nu=\frac{\hbar}{2 \pi I} \tag{2.67}
\end{equation*}
$$

Note that there is no line at $\nu_{0}$. Measurement of the spacing between lines allows the moment of inertia of the molecule to be calculated. Figure 7 shows the rotational-vibrational absorption spectrum of HBr . The spacing between the absorption lines is slightly non-uniform due to increase of the interatomic separation (i.e. stretching of the bond) with increasing angular momentum (i.e. with increasing value of the quantum number $l$ ).

[^7]

Figure 7: The vibrational-rotational absorption spectrum for HBr . (based on Figure 8-5, Basic Principles of Spectroscopy, R. Chang, McGraw-Hill, New York, 1971)

### 2.7 The Hamiltonian of a spherically symmetric potential

We now move on to the energy eigenvalue equation of the relative motion for a spherically symmetric potential, Eq. (2.9) and Eq. (2.18). Its energy eigenvalue equation can be written as

$$
\begin{equation*}
\left(-\frac{\hbar^{2} \nabla^{2}}{2 \mu}+V(r)\right) \psi(r, \theta, \phi)=E \psi(r, \theta, \phi) \tag{2.68}
\end{equation*}
$$

As it is spherically symmetric, it is convenient to express the Laplace operator in terms of spherical coordinates, which is given in Eq. (C.3). Noting that the $\theta$ and $\phi$ parts are proportional to the $\hat{L}^{2}$ operator (Eq. 2.48) , the Hamiltonian of the relative motion can be written as

$$
\begin{equation*}
H_{r e l}=-\frac{\hbar^{2}}{2 \mu}\left[\frac{1}{r^{2}} \frac{\partial}{\partial r}\left(r^{2} \frac{\partial}{\partial r}\right)-\frac{\mathbf{L}^{2}}{\hbar^{2} r^{2}}\right]+V(r) . \tag{2.69}
\end{equation*}
$$

As the angular part of $H$ is completely contained in $\mathbf{L}^{2}$, it is obvious that

$$
\begin{equation*}
\left[H, \mathbf{L}^{2}\right]=\left[H, L_{z}\right]=0 \tag{2.70}
\end{equation*}
$$

and thus the magnitude of the orbital angular momentum and $L_{z}$ are good quantum numbers. The energy eigenvalue equation can be written as

$$
\begin{equation*}
-\frac{\hbar^{2}}{2 \mu}\left[\frac{1}{r^{2}} \frac{\partial}{\partial r}\left(r^{2} \frac{\partial}{\partial r}\right)-\frac{1}{\hbar^{2} r^{2}} \hat{L}^{2}\right] \varphi_{E}(r, \theta, \phi)+V(r) \varphi_{E}(r, \theta, \phi)=E \varphi_{E}(r, \theta, \phi) . \tag{2.71}
\end{equation*}
$$

### 2.8 Separation of variables of radial and spherical part

The solutions of this partial differential equation (PDE) will be $\varphi_{E}(r, \theta, \phi)$, wave functions for the energy eigenstates. As each term of the PDE involves derivatives of only one independent variable, it can be solved using the separation of variables technique. We begin by letting

$$
\begin{equation*}
\varphi(r, \theta, \phi)=R(r) Y(\theta, \phi) \tag{2.72}
\end{equation*}
$$

and substituting into Eq. 2.71). The resulting equation is then divided through by $R(r) Y(\theta, \phi)$ and the result can be rearranged to give:

$$
\begin{equation*}
\frac{1}{R(r)} \frac{d}{d r}\left(r^{2} \frac{d R(r)}{d r}\right)+\frac{2 \mu}{\hbar^{2}}(E-V(r)) r^{2}=\frac{1}{\hbar^{2}} \frac{1}{Y(\theta, \phi)} \hat{L}^{2} Y(\theta, \phi) \tag{2.73}
\end{equation*}
$$

Note that the left-hand side is a function of $r$ only while the right-hand side is a function of $\theta$ and $\phi$ only. The two sides can be equal for all values of the independent variables only if they are equal to a constant, $A$. We have therefore an ODE involving $r$ (which we will deal with shortly) and a PDE involving $\theta$ and $\phi$ :

$$
\begin{equation*}
\hat{L}^{2} Y(\theta, \phi)=A \hbar^{2} Y(\theta, \phi) \tag{2.74}
\end{equation*}
$$

### 2.9 Angular momentum eigenfunctions

Writing $Y(\theta, \phi)=\Theta(\theta) \Phi(\phi)$, another stage of separation, with the introduction of another constant $B$, leads to two ODEs, one for each of the independent variables $\theta, \phi$ :

$$
\begin{align*}
{\left[\frac{1}{\sin \theta} \frac{d}{d \theta}\left(\sin \theta \frac{d}{d \theta}\right)-B \frac{1}{\sin ^{2} \theta}\right] \Theta(\theta) } & =-A \Theta(\theta)  \tag{2.75}\\
\frac{d^{2} \Phi(\phi)}{d \phi^{2}} & =-B \Phi(\phi) . \tag{2.76}
\end{align*}
$$

The solution to Eq. 2.76) is

$$
\begin{equation*}
\Phi(\phi) \propto e^{ \pm i \sqrt{B} \phi} . \tag{2.77}
\end{equation*}
$$

It follows that

$$
\begin{equation*}
\hat{L}_{z} Y(\theta, \phi)=-i \hbar( \pm i \sqrt{B}) Y(\theta, \phi)= \pm \hbar \sqrt{B} Y(\theta, \phi) \tag{2.78}
\end{equation*}
$$

Comparing Eqs. (2.74) and (2.78) with Eqs. (2.53) and (2.54) we can make the following identifications:

$$
\begin{equation*}
A=l(l+1) \quad B=m_{l}^{2} \tag{2.79}
\end{equation*}
$$

and

$$
\begin{equation*}
\left\langle\theta \phi \mid l m_{l}\right\rangle \propto Y(\theta, \phi) . \tag{2.80}
\end{equation*}
$$

As wave function represent physical reality, they must be single valued, so $\Phi(\phi+2 \pi)=\Phi(\phi)$, which requires that $m_{l}$ be an integer, and by implication that $l$ is also an integer.

To summarise, the $\theta$ and $\phi$ functions are the solutions, respectively, to the equations

$$
\begin{align*}
{\left[\frac{1}{\sin \theta} \frac{d}{d \theta}\left(\sin \theta \frac{d}{d \theta}\right)-m_{l}^{2} \frac{1}{\sin ^{2} \theta}\right] \Theta(\theta) } & =-l(l+1) \Theta(\theta)  \tag{2.81}\\
\frac{d^{2} \Phi(\phi)}{d \phi^{2}} & =-m_{l}^{2} \Phi(\phi) \tag{2.82}
\end{align*}
$$

where $l$ is an integer and $m_{l}=l, l-1, \ldots,-l$. The solutions of the $\theta$ equation are called associated Legendre functions, and the solution to the $\phi$ equation is an exponential function. The orbital angular momentum wave functions are product of these, and when appropriately normalised are called spherical harmonics:

$$
\begin{equation*}
\left\langle\theta \phi \mid l m_{l}\right\rangle=Y_{l}^{m_{l}}(\theta, \phi), \tag{2.83}
\end{equation*}
$$

where the dependence on $l$ and $m_{l}$ is explicitly indicated by subscript and superscript respectively; the normalisation condition is

$$
\begin{equation*}
\int_{0}^{2 \pi} \int_{0}^{\pi}\left|Y_{l}^{m_{l}}\right|^{2} \sin \theta d \theta d \phi=1 \tag{2.84}
\end{equation*}
$$

The spherical harmonics can be expressed in terms of associated Legendre polynomials

$$
\begin{equation*}
Y_{l}^{m}(\theta, \phi)=(-1)^{(m+|m|) / 2} \sqrt{\frac{(2 l+1)}{4 \pi} \frac{(l-|m|)!}{(l+|m|)!}} P_{l}^{m}(\cos \theta) e^{i m \phi} \tag{2.85}
\end{equation*}
$$

The sign convention leads to

$$
\begin{equation*}
Y_{l}^{-m}(\theta, \phi)=(-1)^{m} Y_{l}^{m *}(\theta, \phi) \tag{2.86}
\end{equation*}
$$

Several spherical harmonics are shown in Table 1. The spherical harmonics form a complete basis of

| $l$ | $m_{l}$ | $Y_{l}^{m_{l}}(\theta, \phi)$ | parity: $(-1)^{l}$ |
| :---: | :---: | :---: | :---: |
| 0 | 0 | $Y_{0}^{0}=\sqrt{\frac{1}{4 \pi}}$ | +1 |
| 1 | 0 | $Y_{1}^{0}=\sqrt{\frac{3}{4 \pi}} \cos \theta$ | -1 |
|  | $\pm 1$ | $Y_{1}^{ \pm 1}=\mp \sqrt{\frac{3}{8 \pi}} \sin \theta e^{ \pm i \phi}$ | -1 |
| 2 | 0 | $Y_{2}^{0}=\sqrt{\frac{5}{16 \pi}}\left(3 \cos ^{2} \theta-1\right)$ | +1 |
|  | $\pm 1$ | $Y_{2}^{ \pm 1}=\mp \sqrt{\frac{15}{8 \pi}} \sin \theta \cos \theta e^{ \pm i \phi}$ | +1 |
|  | $\pm 2$ | $Y_{2}^{ \pm 2}=\sqrt{\frac{15}{32 \pi}} \sin ^{2} \theta e^{ \pm i 2 \phi}$ | +1 |

Table 1: Several spherical harmonics. More can be found in Table 7.3 of Quantum Mechanics by D.H. McIntyre, p238.
smooth (wave) functions on a sphere and satisfy the following orthonormality condition

$$
\begin{equation*}
\left\langle l_{1} m_{1} \mid l_{2} m_{2}\right\rangle=\int_{0}^{\pi} \sin \theta d \theta \int_{0}^{2 \pi} d \phi Y_{l_{1}}^{m_{1} *}(\theta, \phi) Y_{l_{2}}^{m_{2}}(\theta, \phi)=\delta_{l_{1} l_{2}} \delta_{m_{1} m_{2}} \tag{2.87}
\end{equation*}
$$

and the completeness relation

$$
\begin{equation*}
\psi(\theta, \phi)=\sum_{l=0}^{\infty} \sum_{m=-l}^{l} c_{l m} Y_{l}^{m}(\theta, \phi) \tag{2.88}
\end{equation*}
$$

where the coefficients are the projections of the smooth (wave) function onto the $|l m\rangle$ eigenstates

$$
\begin{equation*}
c_{l m}=\langle l m \mid \psi\rangle=\int_{0}^{\pi} \sin \theta d \theta \int_{0}^{2 \pi} d \phi Y_{l}^{m *}(\theta, \phi) \psi(\theta, \phi) . \tag{2.89}
\end{equation*}
$$

### 2.10 Inversion symmetry: parity of spherical harmonics

In three dimensions, inversion corresponds to, $\mathbf{r} \rightarrow-\mathbf{r}$. In terms of Cartesian coordinates inversion corresponds to $x \rightarrow-x ; y \rightarrow-y ; z \rightarrow-z$. In terms of spherical polar coordinates inversion corresponds
to

$$
\begin{array}{ll}
r & \rightarrow r \\
\theta & \rightarrow \pi-\theta \\
\phi & \rightarrow \phi+\pi \tag{2.92}
\end{array}
$$

The hydrogen wave functions either remain unchanged (even parity), or change sign (odd parity) under inversion ${ }^{11}$. The parity is determined by the value of $(-1)^{l}:+1$ for even parity; -1 for odd parity. It follows that if $l$ is even, parity is even; if $l$ is odd, parity is odd.

The parity of a wave functions depends on the inversion property of the $\theta, \phi$ part, i.e. the spherical harmonic. Noting that for the inversion indicated above,

$$
\begin{align*}
e^{i m \phi} & \rightarrow(-1)^{m} e^{i m \phi}  \tag{2.93}\\
\cos \theta & \rightarrow-\cos \theta  \tag{2.94}\\
P_{l}(\cos \theta) & \rightarrow P_{l}(-\cos \theta)=(-1)^{l} P_{l}(\cos \theta)  \tag{2.95}\\
P_{l}^{m}(\cos \theta) & \rightarrow P_{l}^{m}(-\cos \theta)=(-1)^{l+m} P_{l}^{m}(\cos \theta)  \tag{2.96}\\
Y_{l}^{m}(\theta, \phi) & \rightarrow(-1)^{l} Y_{l}^{m}(\theta, \phi) \tag{2.97}
\end{align*}
$$

### 2.11 Visualisation of Spherical Harmonics

The standard convention is to label the spherical harmonics, sometimes denoted orbitals, with a letter corresponding to the orbital angular momentum quantum number $l$.

$$
\begin{align*}
l & =0,1,2,3,4,5, \ldots  \tag{2.98}\\
& =s, p, d, f, g, h, \ldots \tag{2.99}
\end{align*}
$$

The spherical harmonics are complex valued functions depending on two variables and hence difficult to plot. We thus show the probability density $\left|Y_{l}^{m}(\theta, \phi)\right|^{2}$ in Fig. 8 .

### 2.12 Summary

Let us briefly recapitulate the main steps towards the solution of two particles in a central potential before applying it to the hydrogen atom.

1. We started with the Hamiltonian, Eq. (2.2)

$$
\begin{equation*}
\hat{H}_{s y s}=\frac{\hat{\mathbf{p}}_{1}^{2}}{2 m_{1}}+\frac{\hat{\mathbf{p}}_{2}^{2}}{2 m_{2}}+V\left(\left|\hat{\mathbf{r}}_{1}-\hat{\mathbf{r}}_{2}\right|\right), \tag{2.100}
\end{equation*}
$$

and chose a more convenient coordinate system going to centre of mass and relative coordinates.
2. The centre of mass energy eigenvalue was straightforward to solve in terms of a free-particle wave function (See Eq. (2.20)).

$$
\begin{equation*}
\psi_{C M}(\mathbf{R})=\frac{1}{(2 \pi \hbar)^{3 / 2}} e^{i \mathbf{P} \cdot \mathbf{R} / \hbar} \tag{2.101}
\end{equation*}
$$

[^8]

Figure 8: Spherical Harmonics
3. The Hamiltonian of the relative motion is given by Eq. 2.9

$$
\begin{equation*}
\hat{H}_{r e l}=-\frac{\hbar^{2}}{2 \mu} \nabla^{2}+V(r) \tag{2.102}
\end{equation*}
$$

with the reduced mass $\mu$. We then studied orbital angular momentum and showed in Eq. (2.69) that the Hamiltonian can be written as

$$
\begin{equation*}
\hat{H}_{r e l}=-\frac{\hbar^{2}}{2 \mu}\left[\frac{1}{r^{2}} \frac{\partial}{\partial r}\left(r^{2} \frac{\partial}{\partial r}\right)-\frac{\mathbf{L}^{2}}{\hbar^{2} r^{2}}\right]+V(r) \tag{2.103}
\end{equation*}
$$

and the wave function can thus be further separated in a radial and an angular part

$$
\begin{equation*}
\varphi(r, \theta, \phi)=R(r) Y(\theta, \phi) \tag{2.104}
\end{equation*}
$$

The solution of the angular part led us to spherical harmonics $Y_{l}^{m}(\theta, \phi)$ with discrete values for $l$ and $m=-l,-l+1, \ldots, l-1, l$.
4. We are left with the energy eigenvalue equation for the radial component $R(r)$, which can be obtained from Eq. 2.69 by replacing $\hat{L}^{2}$ with its eigenvalue $l(l+1) \hbar^{2}$

$$
\begin{equation*}
\left[-\frac{\hbar^{2}}{2 \mu r^{2}} \frac{d}{d r}\left(r^{2} \frac{d}{d r}\right)+V(r)+l(l+1) \frac{\hbar^{2}}{2 \mu r^{2}}\right] R(r)=E R(r) \tag{2.105}
\end{equation*}
$$

where $l=0,1,2, \ldots$. Note that the energy eigenvalue equation resembles a one-dimensional eigenvalue equation with an effective potential

$$
\begin{equation*}
V_{e f f}(r)=V(r)+l(l+1) \frac{\hbar^{2}}{2 \mu r^{2}} \tag{2.106}
\end{equation*}
$$

where the second term is called the centrifugal barrier.

## 3 Hydrogen Atom

After our discussion of a general central potential in the last section, we now study the hydrogen atom and apply our general result for the radial eigenvalue equation in Eq. 2.105) to the hydrogen atom. The potential $V(r)$ is given by Coulomb potential defined in Eq. (2.1) with $Z=1$

$$
\begin{equation*}
V(r)=-\frac{Z e^{2}}{4 \pi \epsilon_{0} r}=\frac{-Z \alpha \hbar c}{r} \tag{3.1}
\end{equation*}
$$

### 3.1 Solution of the radial equation

We will outline the solution to the radial equation. We first rewrite Eq. 2.105) in terms of dimensionless quantities

$$
\begin{equation*}
\rho=\frac{r}{a} . \tag{3.2}
\end{equation*}
$$

and obtain

$$
\begin{equation*}
\frac{d^{2} R}{d \rho^{2}}+\frac{2}{\rho} \frac{d R}{d \rho}+\left[\frac{2 \mu a^{2}}{\hbar^{2}} E+\frac{\mu Z e^{2}}{4 \pi \epsilon_{0} \hbar^{2}} \frac{2 a}{\rho}-\frac{l(l+1)}{\rho^{2}}\right] R=0 \tag{3.3}
\end{equation*}
$$

Thus the characteristic length and energy scales are given by

$$
\begin{align*}
\frac{a}{\hbar c} & \equiv \frac{4 \pi \epsilon_{0} \hbar^{2}}{\mu Z e^{2} \hbar c}=\frac{1}{Z \alpha \mu c^{2}}  \tag{3.4}\\
-\gamma^{2} & \equiv \frac{E}{\left(\frac{\hbar^{2}}{2 \mu a^{2}}\right)}=2 \mu c^{2} E\left(\frac{a}{\hbar c}\right)^{2} \tag{3.5}
\end{align*}
$$

and the energy eigenvalue equation reads

$$
\begin{equation*}
\frac{d^{2} R}{d \rho^{2}}+\frac{2}{\rho} \frac{d R}{d \rho}+\left[-\gamma^{2}+\frac{2}{\rho}-\frac{l(l+1)}{\rho^{2}}\right] R=0 . \tag{3.6}
\end{equation*}
$$

### 3.1.1 Asymptotic Solution

We first look at the two limiting cases for small and large $\rho$. In the limit of large $\rho \rightarrow \infty$ we can neglect all terms proportional to $\rho^{-1}$ and $\rho^{-2}$ and Eq. 3.6) becomes

$$
\begin{equation*}
\frac{d^{2} R}{d \rho^{2}}-\gamma^{2} R=0 \tag{3.7}
\end{equation*}
$$

There are two possible solutions $R(\rho)=e^{ \pm \gamma \rho}$. The requirement that the probability should be normalised to 1 only allows

$$
\begin{equation*}
R(\rho) \sim e^{-\gamma \rho} \tag{3.8}
\end{equation*}
$$

for large $\rho$. In the limit of small $\rho$ we can neglect $-\gamma^{2}+2 / \rho$ vs. the centrifugal barrier term $l(l+1) / \rho^{2}$ and study

$$
\begin{equation*}
\frac{d^{2} R}{d \rho^{2}}+\frac{2}{\rho} \frac{d R}{d \rho}-\frac{l(l+1)}{\rho^{2}} R=0 . \tag{3.9}
\end{equation*}
$$

This equation can be solved by a polynomial ansatz $R \sim \rho^{q}$ with the characteristic equation

$$
\begin{equation*}
0=q(q-1)+2 q-l(l+1)=q(q+1)-l(l+1) . \tag{3.10}
\end{equation*}
$$

There are two solutions $q=l$ and $q=-l-1$. We can again discard the solution with negative $q$ because it diverges for $\rho \rightarrow 0$. In order to obtain the full solution of the radial eigenvalue equation, we will look for solutions with

$$
\begin{equation*}
R(\rho)=\rho^{l} e^{-\gamma \rho} H(\rho) \tag{3.11}
\end{equation*}
$$

with some arbitrary function $H$.

### 3.1.2 Series solution

Our ansatz leads to the following equation for $H$

$$
\begin{equation*}
\rho \frac{d^{2} H}{d \rho^{2}}+2(l+1-\gamma \rho) \frac{d H}{d \rho}+2(1-\gamma-\gamma l) H(\rho)=0 . \tag{3.12}
\end{equation*}
$$

This equation can be solved by a power series, which is generally possible if the solutions are smooth

$$
\begin{equation*}
H(\rho)=\sum_{j=0}^{\infty} c_{j} \rho^{j} \tag{3.13}
\end{equation*}
$$

Inserting it in Eq. (3.12) and comparing the coefficients for each power of $\rho$, we obtain a recursion relation

$$
\begin{equation*}
c_{j+1}=\frac{2 \gamma(1+j+l)-2}{(j+1)(j+2 l+2)} c_{j} \xrightarrow{j \rightarrow \infty} \frac{2 \gamma}{j} c_{j} . \tag{3.14}
\end{equation*}
$$

For large $\rho$, the function $H(\rho)$ behaves like

$$
\begin{equation*}
H(\rho) \sim \sum_{j} \frac{1}{j!}(2 \gamma \rho)^{j}=e^{2 \gamma \rho} \tag{3.15}
\end{equation*}
$$

and thus diverges for $\rho \rightarrow \infty$. Thus the series has to be finite and there is a $j_{\max }$ such that $c_{j}=0$ for $j>j_{\text {max }}$,

$$
\begin{equation*}
2 \gamma\left(1+j_{\max }+l\right)-2=0 \tag{3.16}
\end{equation*}
$$

and we define the new principal quantum number

$$
\begin{equation*}
n \equiv j_{\max }+l+1=\frac{1}{\gamma} . \tag{3.17}
\end{equation*}
$$

As $j_{\text {max }}$ and $l$ are non-negative we find that $n$ is a positive integer $n=1,2,3, \ldots$ Turning the argument around, for a given $n$, the angular momentum quantum number has to satisfy

$$
\begin{equation*}
0 \leq l=n-j_{\max }-1 \leq n-1 \tag{3.18}
\end{equation*}
$$

The energy of the different quantum states does not depend on $l$ or $m_{l}$ and is given by

$$
\begin{equation*}
E_{n}=-\frac{1}{2 n^{2}}\left(\frac{Z e^{2}}{4 \pi \epsilon_{0}}\right)^{2} \frac{\mu}{\hbar^{2}}=-\frac{Z^{2} \alpha^{2} \mu c^{2}}{2} \frac{1}{n^{2}} \tag{3.19}
\end{equation*}
$$

and the radial solutions are

$$
\begin{equation*}
R_{n l}(r)=-\left\{\left(\frac{2 Z}{n a_{0}}\right)^{3} \frac{(n-l-1)!}{2 n[(n+l)!]^{3}}\right\}^{1 / 2} e^{-Z r / n a_{0}}\left(\frac{2 Z r}{n a_{0}}\right)^{l} L_{n+l}^{2 l+1}\left(2 Z r / n a_{0}\right) \tag{3.20}
\end{equation*}
$$

$$
\begin{aligned}
& \text { Radial wave function } \\
& R_{10}(r)=2\left(\frac{Z}{a_{0}}\right)^{3 / 2} e^{-Z r / a_{0}} \\
& R_{20}(r)=2\left(\frac{Z}{2 a_{0}}\right)^{3 / 2}\left[1-\frac{Z r}{2 a_{0}}\right] e^{-Z r / 2 a_{0}} \\
& R_{21}(r)=\frac{1}{\sqrt{3}}\left(\frac{Z}{2 a_{0}}\right)^{3 / 2} \frac{Z r}{a_{0}} e^{-Z r / 2 a_{0}} \\
& \hline
\end{aligned}
$$

Table 2: Several radial wave functions. More can be found in Table 8.1 of Quantum Mechanics by D.H. McIntyre, p262.
where $L$ are polynomials (called associated Laguerre polynomials) and $a_{0}$ is the Bohr radius. These radial functions are normalised according to the condition

$$
\begin{equation*}
\int_{0}^{\infty} r^{2} d r\left|R_{n l}(r)\right|^{2}=1 \tag{3.21}
\end{equation*}
$$

allowing us to identify

$$
\begin{equation*}
P(r)=r^{2}\left|R_{n l}(r)\right|^{2} \tag{3.22}
\end{equation*}
$$

as the radial probability density. Examples of low order radial wave functions are given Table 2 .

### 3.2 Full hydrogen wave functions

The full normalised hydrogen wave functions are the product of a (normalised) radial function and a (normalised) spherical harmonic,

$$
\begin{equation*}
\left\langle r \theta \phi \mid n l m_{l}\right\rangle=\psi_{n l m_{l}}(r, \theta, \phi)=R_{n l}(r) Y_{l}^{m_{l}}(\theta, \phi) \tag{3.23}
\end{equation*}
$$

Wave functions for several low hydrogen levels are given in Table 3 .

| Full hydrogen wave functions |
| :---: |
| $\psi_{100}(r, \theta, \phi)=\frac{1}{\sqrt{\pi}}\left(\frac{Z}{a_{0}}\right)^{3 / 2} e^{-Z r / a_{0}}$ |
| $\psi_{200}(r, \theta, \phi)=\frac{1}{\sqrt{\pi}}\left(\frac{Z}{2 a_{0}}\right)^{3 / 2}\left[1-\frac{Z r}{2 a_{0}}\right] e^{-Z r / 2 a_{0}}$ |
| $\psi_{210}(r, \theta, \phi)=\frac{1}{2 \sqrt{\pi}}\left(\frac{Z}{2 a_{0}}\right)^{3 / 2} \frac{Z r}{a_{0}} e^{-Z r / 2 a_{0}} \cos \theta$ |
| $\psi_{21 \pm 1}(r, \theta, \phi)=\mp \frac{1}{2 \sqrt{2 \pi}}\left(\frac{Z}{2 a_{0}}\right)^{3 / 2} \frac{Z r}{a_{0}} e^{-Z r / 2 a_{0}} \sin \theta e^{ \pm i \phi}$ |

Table 3: Full wave functions for several low hydrogen levels. More can be found in Table 8.2 of Quantum Mechanics by D.H. McIntyre, p264.

### 3.3 Radial Probability Density

Looking at the full wave function, we can again recover the radial probability density by integrating over the angular part of the probability density

$$
\begin{equation*}
P(r)=\int r^{2} d \Omega\left|R_{n l}(r) Y_{l}^{m}(\theta, \phi)\right|^{2}=r^{2}\left|R_{n l}(r)\right|^{2} \int_{0}^{\pi} \sin \theta d \theta \int_{0}^{2 \pi} d \phi d \phi\left|Y_{l}^{m}(\theta, \phi)\right|^{2}=r^{2}\left|R_{n l}(r)\right|^{2} \tag{3.24}
\end{equation*}
$$

where we used the orthonormality of the spherical harmonics, which yields the same result as Eq. (3.22). The value of $r$ for which the radial probability density is a maximum i.e. the value of $r$ for which ${ }^{12}$

$$
\begin{equation*}
\frac{d}{d r} P(r)=\frac{d}{d r}\left(r^{2}\left[R_{n l}(r)\right]^{2}\right)=0 \tag{3.25}
\end{equation*}
$$

The average radial position is given by the expectation value of $r$, given by

$$
\begin{equation*}
\langle r\rangle=\int_{0}^{\infty} r P(r) d r=\int_{0}^{\infty} r^{3} d r\left[R_{n l}(r)\right]^{2} \tag{3.26}
\end{equation*}
$$

### 3.4 Hydrogen Energy Levels

The hydrogen energy levels are given by Eq. (3.19)

$$
\begin{equation*}
E_{n}=-\frac{\alpha^{2} \mu c^{2}}{2} \frac{1}{n^{2}} \quad \text { for } n=1,2,3, \ldots \tag{3.27}
\end{equation*}
$$

where we again make use of the fine structure constant

$$
\begin{equation*}
\alpha=\frac{e^{2}}{4 \pi \epsilon_{0} \hbar c} \approx \frac{1}{137} \quad \text { (at low energy) } . \tag{3.28}
\end{equation*}
$$

The energy levels are negative and the zero energy is defined as the energy when the electron and the nucleus are infinitely separated. The generalisation to different atoms with $Z$ protons is straightforward

$$
\begin{equation*}
E_{n}=-\frac{Z^{2} \alpha^{2} \mu c^{2}}{2} \frac{1}{n^{2}} \tag{3.29}
\end{equation*}
$$

The reduced mass of the hydrogen atom is given by

$$
\begin{equation*}
\mu=\frac{m_{e} m_{p}}{m_{e}+m_{p}} \approx m_{e}=511 \mathrm{keV} / c^{2} \tag{3.30}
\end{equation*}
$$

and the energy levels are numerically given by

$$
\begin{equation*}
E_{n}=-\frac{1}{n^{2}} 13.6 \mathrm{eV}=-\frac{1}{n^{2}} \mathrm{Ryd} \tag{3.31}
\end{equation*}
$$

where we defined the unit of one Rydberg, Ryd $=13.6 \mathrm{eV}$. The other characteristic quantity is the Bohr radius

$$
\begin{equation*}
a_{0}=\frac{\hbar c}{\alpha \mu c^{2}}=0.0529 \mathrm{~nm}=0.529 \AA \tag{3.32}
\end{equation*}
$$

[^9]
### 3.5 Degeneracy

A state of a hydrogen-like atom is characterised by three quantum numbers: $n, l, m_{l}$. The energy of a state depends, however, upon the value of $n$ only (Equation 3.19). For a given value of $n$, the quantum number $l$ can have the values $n-1, n-2, \ldots, 0$ and for each $l$ there are $2 l+1$ possible values of $m_{l}: l, l-1, l-2, \ldots,-(l-1),-l$. When we take into account the two possible spin states for the electron $(|+\rangle$ and $|-\rangle)$ there are 2 different quantum states with the same orbital angular momentum. The number of states with the same energy is therefore

$$
\begin{equation*}
2 \sum_{l=0}^{n-1}(2 l+1)=2 n^{2} \tag{3.33}
\end{equation*}
$$

Thus energy levels are degenerate with a degeneracy of $2 n^{2}$. We will see soon that this is only approximately true, as may of these "degenerate" levels differ in energy by small amounts (called fine structure).

### 3.6 Superposition

If an atom is in energy level $n$ will it necessarily be in one of the $2 n^{2}$ states with this energy? The answer is no - it will be in a random superposition of all states with that same energy. If an experiment is designed to measure the component of angular momentum in a particular direction, a value for that component will be obtained indicating that the atom is then in the state corresponding to that particular value of $m_{l}$. The act of measurement is said to cause the wave function to "collapse" from the random superposition to one with a definite value of $m_{l}$. This scenario is known as the Copenhagen interpretation of quantum mechanics.

### 3.7 Emission Spectrum

The hydrogen spectrum is characterised by the energy differences between the different energy levels

$$
\begin{equation*}
\Delta E_{f i}=\left|E_{f}-E_{i}\right|=\frac{\alpha^{2} \mu c^{2}}{2}\left|\frac{1}{n_{i}^{2}}-\frac{1}{n_{f}^{2}}\right| . \tag{3.34}
\end{equation*}
$$

The energy of the photon which is emitted or absorbed in transitions between these energy levels is given by

$$
\begin{equation*}
E_{\gamma}=\hbar \omega=h f=\frac{h c}{\lambda}=\Delta E_{f i} \tag{3.35}
\end{equation*}
$$

The different spectral lines fall into different bands with closely spaced lines depending on the final energy level. See Fig. 9 . Transitions to the ground state constitute the Lyman series, where the transition from the second energy level to the ground state is denoted as Lyman- $\alpha$, the one from the 3 rd energy level to the ground state Lyman- $\beta$, etc. The series from higher levels down to $n=2$ are denoted Balmer series and the ones to the third level Paschen series.


Figure 9: Hydrogen energy levels and emission spectrum

## 4 Transition probability

Spontaneous emission is the most familiar process involving radiation and atoms: an atom in an excited state $|2\rangle$ undergoes a transition to a lower energy state $|1\rangle$ by emitting a photon. The frequency of the radiation emitted $\nu_{21}$ is given by

$$
\begin{equation*}
h \nu_{21}=E_{2}-E_{1} \tag{4.1}
\end{equation*}
$$

Such a transition is characterised by a transition probability, $A_{21}$, which is the probability per unit time of an atom in state $|2\rangle$ undergoing the transition to state $|1\rangle$. If the excited state density is $N_{2}$, then the spontaneous emission power per unit volume is

$$
\begin{equation*}
P_{21}=N_{2} A_{21} h \nu_{21} \tag{4.2}
\end{equation*}
$$

### 4.1 Radiative lifetime

As a result of spontaneous emission, the population $N_{2}$ of the upper level $|2\rangle$ as a function of time is governed by the equation

$$
\begin{equation*}
\frac{d N_{2}}{d t}=-A_{21} N_{2} \tag{4.3}
\end{equation*}
$$

for which the solution is

$$
\begin{equation*}
N_{2}(t)=N_{2}(0) e^{-A_{21} t} \tag{4.4}
\end{equation*}
$$

where $N_{2}(0)$ is the population at $t=0$. Thus the upper level decays due to emission of radiation with a lifetime given by

$$
\begin{equation*}
\tau_{21}=\frac{1}{A_{21}} \tag{4.5}
\end{equation*}
$$

For example, the transition probabilities and radiative lifetimes for the first few lines of the Balmer series are given in Table $4{ }^{13}$

| line | $\lambda(\mathrm{nm})$ | $A_{21}\left(\mathrm{~s}^{-1}\right)$ | $\tau_{21}(\mathrm{~ns})$ |
| :--- | :---: | :---: | ---: |
| $\mathrm{H}_{\alpha}(n=3 \rightarrow 2)$ | 656 | $4.41 \times 10^{7}$ | 23 |
| $\mathrm{H}_{\beta}(n=4 \rightarrow 2)$ | 486 | $8.42 \times 10^{6}$ | 119 |
| $\mathrm{H}_{\gamma}(n=5 \rightarrow 2)$ | 434 | $2.53 \times 10^{6}$ | 395 |
| $\mathrm{H}_{\delta}(n=6 \rightarrow 2)$ | 410 | $9.73 \times 10^{5}$ | 1030 |

Table 4: Transition probabilities and upper level lifetimes for the first 4 lines of the hydrogen Balmer series

Note that if transitions to more than one lower energy level are possible the radiative lifetime of the excited state will be determined by the sum of the relevant transition rates,

$$
\begin{equation*}
\tau_{2}=\frac{1}{\Sigma A_{2 i}} . \tag{4.6}
\end{equation*}
$$

[^10]
### 4.2 Absorption and stimulated emission

Absorption and stimulated emission differ from spontaneous emission in that they occur only in the presence of radiation at the transition frequency $\nu_{21}$, and their transition rates are dependent upon the intensity of the radiation (See Figure 10). These processes are characterised by the coefficients $B_{12}$ (absorption) and $B_{21}$ (stimulated emission), where the corresponding transition rates are given by $B_{12} \rho(\nu)$ and $B_{21} \rho(\nu)$, where $\rho(\nu)$ is the energy density of the radiation at the transition frequency $\nu_{21}=\left(E_{2}-E_{1}\right) / h$. The coefficients $A_{21}, B_{21}$ and $B_{12}$ are known as Einstein coefficients. They are


Figure 10: (a) absorption; (b) stimulated emission; (c) spontaneous emission
related via the Einstein relations, which are given by

$$
\begin{equation*}
\frac{B_{12}}{B_{21}}=1 \quad \frac{A_{21}}{B_{21}}=\frac{8 \pi h \nu^{3}}{c^{3}} . \tag{4.7}
\end{equation*}
$$

As eigenfunctions contain all the information we can know about a state, it is to be expected that the Einstein coefficients will depend upon the eigenfunctions of the upper and lower levels. This will be discussed in a later section. Note however that we need find this relationship for only one of the coefficients and the other two can be found using the Einstein relations. The derivation of the Einstein relations is given in Appendix E.

### 4.3 Allowed \& forbidden transitions: selection rules

Transitions are called allowed or forbidden depending on whether or not they satisfy selection rules. Selections rules are conditions on the change in quantum numbers between the two levels in question, and are a consequence of the conservation of angular momentum during emission or absorption of a photon. If the section rules are obeyed the transition is allowed; if not, the transition is forbidden.

The probability for a transition between two energy levels is given by the matrix element

$$
\begin{equation*}
\left\langle n_{f} l_{f} m_{f}\right| H_{\text {int }}\left|n_{i} l_{i} m_{i}\right\rangle \tag{4.8}
\end{equation*}
$$

where $H_{\text {int }}$ is some Hamiltonian which describes the interaction leading to the transition. The interaction Hamiltonian of an electric dipole interaction describes the interaction of atoms, molecules, . . with light, like lasers. It is given by

$$
\begin{equation*}
H_{i n t}=-\mathbf{d} \cdot \mathbf{E} \tag{4.9}
\end{equation*}
$$

where $\mathbf{E}$ is the electric field and $\mathbf{d}=-e \mathbf{r}$ is the atom's dipole moment. Absorption and emission of light can be described in this way.

Selection rules are a consequence of the fact that angular momentum (in addition to energy) must be conserved during absorption or emission of a photon. Photons have spin angular momentum (s,
quantum number 1), so when a photon is absorbed or emitted by an atom the angular momentum of the atom ( $\mathbf{L}$, quantum number $l$ ) will change. Ignoring electron spin,

$$
\begin{equation*}
\mathbf{L} \rightarrow \mathbf{L}^{\prime}=\mathbf{L}+\mathbf{s} \tag{4.10}
\end{equation*}
$$

The spin angular momentum quantum number of the photon is $s=1$, and thus $m_{s}=0, \pm 1$. The final angular momentum quantum numbers are $l^{\prime}=l+1, l, l-1$ and $m^{\prime}=m+1, m, m-1$. See the discussion of addition of angular momentum in Sec. 8.2. From this we would conclude that when a photon is absorbed or emitted the change in $l$ is $\Delta l=0, \pm 1$. For an electric dipole transition the transition probability for the case $\Delta l=0$ is, however, identically zero. We can understand this in terms of the parity of the upper and lower states. The dipole transition probability involves the integral

$$
\begin{equation*}
\langle 2| \mathbf{r}|1\rangle \tag{4.11}
\end{equation*}
$$

As $\mathbf{r}$ has odd parity, the integral will be zero if the upper and lower states have the same parity. As the parity of a state is determined by $(-1)^{l}, \Delta l=0$ corresponds to a forbidden transition. So we conclude that for electric dipole radiation the selection rule for orbital angular momentum quantum number is

$$
\begin{equation*}
\Delta l= \pm 1 \tag{4.12}
\end{equation*}
$$

It should be noted that the concept of a forbidden transition applies to dipole transitions. Emission and absorption of photons can still occur due to higher multipole interactions (with much smaller transition probabilities). Examples of such transitions are associated with upper and lower states of the same parity and involve emission and absorption of two photons.

Summarising the selection rules for transitions between hydrogen states, characterised by the quantum numbers are $n, l, m_{l}$ as discussed in the last section, are

$$
\begin{align*}
\Delta l & = \pm 1  \tag{4.13}\\
\Delta m_{l} & =0, \pm 1 \tag{4.14}
\end{align*}
$$

with no restriction on $\Delta n$.
Allowed transitions typically have transition probabilities $\sim 10^{-7}-10^{-8} \mathrm{~s}^{-1}$. For forbidden transitions, transition probabilities are usually many orders of magnitude smaller. Forbidden transitions are not necessarily unimportant. For example, our knowledge of the distribution of atomic hydrogen in our and nearby galaxies, is based on emission from a forbidden transition in hydrogen, the 21 cm line in hydrogen, which we will discuss in one of the following sections. In this case, intensities are measurable as the large amount of neutral hydrogen compensates for the very low transition probability.

### 4.4 Metastable levels

If a state has no allowed transitions to lower levels, the lifetime of that state will be much longer than would be the case if there were one or more allowed transitions to lower levels. Such states are called metastable states. In discharges, for example, the populations of such states can build up to levels comparable to that of the ground state ${ }^{14}$ We shall see later that metastable states play a crucial role in the population inversion mechanism of the He-Ne laser.

[^11]
## 5 Magnetic moments, gyromagnetic ratio, ESR, NMR

An electron has magnetic dipole moments associated with both its orbital and spin angular momenta. For orbital motion we can find the relationship between magnetic moment and orbital angular momentum by considering an electron in a circular orbit of radius $r$. The angular momentum is given by

$$
\begin{equation*}
L=m v r \tag{5.1}
\end{equation*}
$$

The motion of the electron constitutes a current loop of area $\pi r^{2}$. The charge $e$ completing an orbit in a time $2 \pi r / v$ corresponds to an equivalent current of $I=e v /(2 \pi r)$. The magnetic moment of the current loop is, therefore:

$$
\begin{equation*}
\mu_{l}=I A=\frac{e v}{2 \pi r} \pi r^{2}=\frac{e}{2 m} L=\frac{\mu_{B}}{\hbar} L \tag{5.2}
\end{equation*}
$$

where $\mu_{B}=e \hbar / 2 m=9.27 \times 10^{-24} \mathrm{amp} \mathrm{m}{ }^{2}$ is the Bohr magneton. In terms of vectors this relationship is

$$
\begin{equation*}
\boldsymbol{\mu}_{l}=-\frac{g_{l} \mu_{B}}{\hbar} \mathbf{L} \tag{5.3}
\end{equation*}
$$

where $g_{l}$, the gyromagnetic ratio, is equal to unity.
As you are aware, the electron also have a magnetic moment associated with its spin, with a similar relationship,

$$
\begin{equation*}
\boldsymbol{\mu}_{s}=-\frac{g_{e} \mu_{B}}{\hbar} \mathbf{S} \tag{5.4}
\end{equation*}
$$

where the gyromagnetic ratio in this case is an intrinsic property of the electron and has a value very close to $2{ }^{[15}$. As $|\mathbf{L}| / \hbar \sim 1$ and $|\mathbf{S}| / \hbar \sim 1$, for both orbital angular momentum and spin $\mu \sim \mu_{B}$.

We note for future reference that the proton also has an intrinsic magnetic moment,

$$
\begin{equation*}
\boldsymbol{\mu}_{p}=\frac{g_{p} \mu_{N}}{\hbar} \mathbf{I} \tag{5.5}
\end{equation*}
$$

where $\mathbf{I}$ is the spin angular momentum of the proton $(I=1 / 2), \mu_{N}=\left(m_{e} / m_{p}\right) \mu_{B}=5.05 \times 10^{-27} \mathrm{JT}^{-1}$ is the nuclear magneton, and $g_{p}=5.585$. The neutron also has spin of $I=1 / 2$ and a gyromagnetic ratio of $g_{n}=-3.826{ }^{16}$

### 5.1 Electron spin resonance (ESR)

A free electron in a magnetic field has two energy levels due to the two possible orientations of its spin, and hence of its magnetic moment, with respect to the magnetic field. The energies of the levels are given by

$$
\begin{equation*}
E=-\boldsymbol{\mu}_{s} . \mathbf{B}=g_{e} \frac{\mu_{B}}{\hbar} \mathbf{S} \cdot \mathbf{B}=g_{e} \frac{\mu_{B}}{\hbar} S_{z} B=g_{e} \mu_{B} m_{s} B \approx \pm \mu_{B} B \tag{5.6}
\end{equation*}
$$

since $m_{s}= \pm 1 / 2$, and $g_{e} \approx 2$.
Radiation that satisfies the condition

[^12]\[

$$
\begin{equation*}
h \nu=2 \mu_{B} B \tag{5.7}
\end{equation*}
$$

\]

will cause transitions in both directions between the two levels. This is called electron spin resonance (ESR). Electrons which are effectively free can be found in radicals.$^{17}$ In contrast to molecules where electrons usually have paired electron spins, radicals are characterised by unpaired electrons. For a field of 1 Tesla, $\nu=28 \mathrm{GHz}$ (microwave); for a field of $1 \mathrm{mT} \nu=28 \mathrm{MHz}$ (radiofrequency). The width of the resonance depends upon the internal magnetic field distribution, which depends upon the atomic environment of the electron; thus ESR spectra provide information about molecular structure in situations where there is unpaired electron spin to act as a probe.

### 5.2 Nuclear magnetic resonance (NMR)

As noted earlier, protons have spin $I=1 / 2$ and as a consequence they also have a magnetic moment given by

$$
\begin{equation*}
\boldsymbol{\mu}_{\boldsymbol{p}}=g_{p} \frac{\mu_{N}}{\hbar} \mathbf{I} \tag{5.8}
\end{equation*}
$$

In a magnetic field the proton spin has two orientations such that the components of the spin parallel to $\mathbf{B}$ are $m_{I} \hbar$ where $m_{I}= \pm 1 / 2$. The energies of the two states are therefore given by

$$
\begin{equation*}
E=-\boldsymbol{\mu}_{p} \cdot \mathbf{B}=-g_{p} \frac{\mu_{N}}{\hbar} \mathbf{I} \cdot \mathbf{B}=-g_{p} \frac{\mu_{N}}{\hbar} I_{z} B=-g_{p} \mu_{N} m_{I} B=\mp 2.79 \mu_{N} B \tag{5.9}
\end{equation*}
$$

Nuclear magnetic resonance occurs when electromagnetic radiation causes transitions between these two levels. The condition for NMR in hydrogen is, therefore,

$$
\begin{equation*}
h \nu=5.58 \mu_{N} B \tag{5.10}
\end{equation*}
$$

For magnetic fields of around 1 Tesla, the resonance frequency is in the radiofrequency range ( 42.5 $\mathrm{MHz}){ }^{18}$ Hydrogen atoms in different chemical environments are subject to different internal magnetic fields, producing resonances at slightly different frequencies. Thus NMR in hydrogen is particularly useful for studies of the structure of organic molecules. It is also the basis of the medical imaging technique Magnetic Resonance Imaging (MRI) which produces images where the image contrast is determined by proton density or various relaxation times. As these vary with the chemical environment of the protons, MRI produces images with good contrast between different soft tissues.

### 5.3 Fine and hyperfine structure

The energy levels obtained by solving the energy eigenvalue equation for a Coulomb potential agree with those given by Bohr's theory. We have seen, however, that the levels are degenerate: there are two or more different quantum states corresponding to each energy level. However, the electron experiences a magnetic field due to its motion relative to the nucleus, and as a result there will be additional energy associated with its magnetic moment in this magnetic field. The additional energy

[^13]can vary among the degenerate states so that some of the degeneracy is removed. The resulting different energy levels are referred to as the fine structure of the hydrogen energy levels ${ }^{19}$

A similar, but much smaller effect occurs due to the magnetic field of the magnetic moment of the hydrogen nucleus. The resulting different energy levels in this case are referred to as hyperfine structure.

[^14]
## 6 Perturbation Theory

Most of the times we can not solve problems in quantum physics exactly, like for the hydrogen atom and the harmonic oscillator. Thus we have to develop a technique to approximately solve problems. Suppose we know the exact energy eigenvalues and eigenstates for a Hamiltonian $\hat{H}_{0}: E_{n}^{0}$ and $\left|n^{0}\right\rangle$ respectively. We can obtain approximate solutions for the perturbed Hamiltonian $\hat{H}_{0}+\hat{H}^{\prime}$ provided the effects of the extra term are small.

We have to separately discuss the case of quantum states with degenerate energies. In the following section we will focus on non-degenerate energies and only briefly comment on the case with with degenerate energies.

### 6.1 Non-degenerate Perturbation Theory

We write our Hamiltonian as a sum

$$
\begin{equation*}
\hat{H}=\hat{H}_{0}+\lambda \hat{H}^{\prime}, \tag{6.1}
\end{equation*}
$$

where we introduced a parameter $\lambda$ to keep track of the size of the perturbation. The energy eigenvalue equation is given by

$$
\begin{equation*}
E_{n}|n\rangle=\hat{H}|n\rangle=\hat{H}_{0}|n\rangle+\lambda \hat{H}^{\prime}|n\rangle . \tag{6.2}
\end{equation*}
$$

We can expect that the eigenstates and eigenvalues will change by small amounts only. Thus we can systematically expand the eigenstates $|n\rangle$ and eigenvalues $E_{n}$ around the eigenstates $\left|n^{(0)}\right\rangle$ and eigenvalues $E_{n}^{(0)}$ of the Hamiltonian $\hat{H}_{0}$.

$$
\begin{align*}
|n\rangle & =\left|n^{(0)}\right\rangle+\lambda\left|n^{(1)}\right\rangle+\lambda^{2}\left|n^{(2)}\right\rangle+\ldots  \tag{6.3}\\
E_{n} & =E_{n}^{(0)}+\lambda E_{n}^{(1)}+\lambda^{2} E_{n}^{(2)}+\ldots \tag{6.4}
\end{align*}
$$

where

$$
\begin{equation*}
E_{n}^{(0)}\left|n^{(0)}\right\rangle=\hat{H}_{0}\left|n^{(0)}\right\rangle \tag{6.5}
\end{equation*}
$$

Writing down the eigenvalue equation for the perturbed situation,

$$
\begin{equation*}
\left(\hat{H}_{0}+\lambda \hat{H}^{\prime}\right)\left(\left|n^{(0)}\right\rangle+\lambda\left|n^{(1)}\right\rangle+\ldots\right)=\left(E_{n}^{(0)}+\lambda E_{n}^{(1)}+\ldots\right)\left(\left|n^{(0)}\right\rangle+\lambda\left|n^{(1)}\right\rangle+\ldots\right) \tag{6.6}
\end{equation*}
$$

Collecting all terms of order $\lambda^{0}$, we find Eq. 6.5). At order $\lambda^{1}$, we find the equation which determines the leading correction due to the Hamiltonian $H^{\prime}$

$$
\begin{equation*}
\hat{H}_{0}\left|n^{(1)}\right\rangle+\hat{H}^{\prime}\left|n^{(0)}\right\rangle=E_{n}^{(0)}\left|n^{(1)}\right\rangle+E_{n}^{(1)}\left|n^{(0)}\right\rangle \tag{6.7}
\end{equation*}
$$

As the eigenstates of the Hamiltonian $\hat{H}_{0}$ form a complete set of states $\left\{\left|m^{(0)}\right\rangle\right\}$, i.e. a basis, we can express the state $\left|n^{(1)}\right\rangle$ in terms of the $\left|m^{(0)}\right\rangle$

$$
\begin{equation*}
\left|n^{(1)}\right\rangle=\sum_{m} a_{m}\left|m^{(0)}\right\rangle \tag{6.8}
\end{equation*}
$$

and thus

$$
\begin{equation*}
\sum_{m} E_{m}^{(0)} a_{m}\left|m^{(0)}\right\rangle+\hat{H}^{\prime}\left|n^{(0)}\right\rangle=E_{n}^{(0)} \sum_{m} a_{m}\left|m^{(0)}\right\rangle+E_{n}^{(1)}\left|n^{(0)}\right\rangle \tag{6.9}
\end{equation*}
$$

Multiplying Eq. (6.9) by $\left\langle n^{(0)}\right|$, we find

$$
\begin{equation*}
E_{n}^{(1)}=\left\langle n^{(0)}\right| \hat{H}^{\prime}\left|n^{(0)}\right\rangle \tag{6.10}
\end{equation*}
$$

That is, the change in the energy of an eigenstate due to the perturbation is equal to the expectation value of the perturbation with respect to that eigenstate. We can use this result from perturbation theory to find the effects on energy levels of an atom of interactions associated with angular momentum which were left out of the operator in Schrödinger's equation. It can also be used to find the effects on energy levels due to external electric and magnetic fields.

On the other hand, if we multiply Eq. 6.9. by an arbitrary eigenstate $\left|p^{(0)}\right\rangle$ unequal to $\left|n^{(0)}\right\rangle$ of the Hamiltonian $\hat{H}_{0}$,

$$
\begin{align*}
\sum_{m} E_{m}^{(0)} a_{m}\left\langle p^{(0)} \mid m^{(0)}\right\rangle+\left\langle p^{(0)}\right| \hat{H}^{\prime}\left|n^{(0)}\right\rangle & =E_{n}^{(0)} \sum_{m} a_{m}\left\langle p^{(0)} \mid m^{(0)}\right\rangle+E_{n}^{(1)}\left\langle p^{(0)} \mid n^{(0)}\right\rangle  \tag{6.11}\\
E_{p}^{(0)} a_{p}+\left\langle p^{(0)}\right| \hat{H}^{\prime}\left|n^{(0)}\right\rangle & =E_{n}^{(0)} a_{p} \tag{6.12}
\end{align*}
$$

we can determine the coefficients in the expansion 6.8)

$$
\begin{equation*}
a_{m}=\frac{\left\langle m^{(0)}\right| \hat{H}^{\prime}\left|n^{(0)}\right\rangle}{E_{n}^{(0)}-E_{m}^{(0)}} . \tag{6.13}
\end{equation*}
$$

Note that we did not determine $a_{n}$, the correction in direction $\left|n^{(0)}\right\rangle$. It is not determined by Eq. (6.8), but the condition that the perturbed state $|n\rangle$ is correctly normalised, $\langle n \mid n\rangle=1$. To this order in perturbation theory, we find $a_{n}=0$. Hence the approximate eigenstate $|n\rangle$ to the energy $E_{n}=E_{n}^{(0)}+E_{n}^{(1)}$ is given by

$$
\begin{equation*}
|n\rangle=\left|n^{(0)}\right\rangle+\sum_{m \neq n} a_{m}\left|m^{(0)}\right\rangle . \tag{6.14}
\end{equation*}
$$

Above we have considered the first order corrections to the energy and wave function when a system is perturbed. The theory can, of course, be extended to higher order corrections. Intuitively, if the perturbation is small we expect $E_{n}^{(1)} \ll E_{n}^{(0)}$ and that $\left|n^{(0)}\right\rangle$ is the dominant term in the perturbed wave function.

This procedure can be be continued to an arbitrary order in $\lambda$, i.e. the perturbation $\hat{H}^{\prime}$.

### 6.2 Degenerate Perturbation Theory

The theory outlined above applies to non-degenerate eigenstates. For degenerate eigenstates the theory is more complicated and we will not discuss it during this lecture course, but only state that for degenerate energy eigenvalues, one has to consider the whole degenerate subspace and diagonalise the perturbation Hamiltonian $\hat{H}^{\prime}$ in the degenerate subspace. In practice, one has to determine the matrix elements of the perturbation Hamiltonian in the degenerate subspace spanned by $\{|n\rangle\}, H_{m n}^{\prime}=$ $\langle m| \hat{H}^{\prime}|n\rangle$ and diagonalise this matrix.

The effect of the perturbation may be different for the various degenerate eigenstates and generally lifts the degeneracy. Thus a common effect of a perturbation is to 'remove the degeneracy', partially or completely.

## 7 Fine structure, spin-orbit coupling, Dirac theory, Lamb shift

The Schrödinger equation is non-relativistic, i.e. it applies for small velocities $v \ll c$. Relating the Bohr energy (i.e. the energy levels of the H -atom) to the kinetic energy of an electron, we obtain

$$
\begin{equation*}
\frac{1}{2} \alpha^{2} m c^{2} \sim \frac{1}{2} m v^{2} \quad \Rightarrow \quad \alpha \sim \frac{v}{c}=\frac{p}{m c} \tag{7.1}
\end{equation*}
$$

As $\alpha=1 / 137$ is small we find that the non-relativistic treatment of the hydrogen atom is justified, but relativistic corrections will play a role in precision studies. They contribute to the fine structure of the hydrogen energy levels. We can identify three contributions to the fine structure of the H levels:

1. relativistic correction
2. spin-orbit coupling
3. Lamb shift (contributes to fine structure, but not of relativistic origin)

The first two contributions are of similar order of magnitude and strictly speaking are not really independent corrections. In 1928 Dirac deduced the relativistic equation for a electron in a Coulomb field in a way that included the effect of the electron spin. This comprehensive relativistic treatment incorporates the first two corrections in the list above. We will consider here simplified estimates of the corrections (detailed treatments are given in McIntyre §12.2).

### 7.1 Relativistic correction to H energy levels

The total energy (kinetic + rest) for a relativistic particle is given by

$$
\begin{equation*}
E=\sqrt{m^{2} c^{4}+p^{2} c^{2}}=m c^{2} \sqrt{1+\left(\frac{p}{m c}\right)^{2}} \tag{7.2}
\end{equation*}
$$

If the relativistic effect is small (as it is in this case), we can expand this equation to give

$$
\begin{equation*}
E=m c^{2}\left[1+\frac{1}{2}\left(\frac{p}{m c}\right)^{2}-\frac{1}{8}\left(\frac{p}{m c}\right)^{4}+\cdots\right] \tag{7.3}
\end{equation*}
$$

Subtracting the rest mass energy we obtain for the kinetic energy up to the first order relativistic correction,

$$
\begin{equation*}
\frac{p^{2}}{2 m}-\frac{1}{8}\left(\frac{p}{m c}\right)^{4} m c^{2} \tag{7.4}
\end{equation*}
$$

We can make a rough estimate of the relative magnitude of the first order relativistic correction to the ground state energy ( $n=1$ ) using $p /(m c) \sim \alpha$ and ignoring numerical factors

$$
\begin{equation*}
\frac{1}{8}\left(\frac{p}{m c}\right)^{4} m c^{2} \cdot \frac{1}{\left|E_{1}\right|} \sim \alpha^{4} m c^{2} \frac{1}{\alpha^{2} m c^{2}} \sim \alpha^{2} \sim 10^{-4} \tag{7.5}
\end{equation*}
$$



Figure 11: Proton rotating around electron. (Taken from McIntyre pg. 389)

### 7.2 Spin-orbit coupling correction to H energy levels

In order to understand the spin-orbit coupling, we will first consider the classical problem of a proton orbiting an electron as shown in Fig. 11. The magnetic field induced at the centre of the loop is given by Biot-Savart law

$$
\begin{equation*}
B=\frac{\mu_{0} I}{2 r} \tag{7.6}
\end{equation*}
$$

with the current $I=e v / 2 \pi r$, where $v$ denotes the speed of the proton, which can be related to the angular momentum of the electron (by considering the electron moving around the proton)

$$
\begin{equation*}
L=m_{e} v r \quad \Rightarrow \quad v=\frac{L}{m_{e} r} . \tag{7.7}
\end{equation*}
$$

Hence the magnetic field at the centre of the loop is given by

$$
\begin{equation*}
B=\frac{\mu_{0}}{2 r} \frac{e L}{2 \pi m_{e} r^{2}}=\frac{e}{4 \pi \epsilon_{0} m_{e} c^{2} r^{3}} L . \tag{7.8}
\end{equation*}
$$

As the magnetic field $B$ and the angular momentum point in the same direction, we can write it as a vectorial equation

$$
\begin{equation*}
\mathbf{B}=\frac{e}{4 \pi \epsilon_{0} m_{e} c^{2} r^{3}} \mathbf{L} . \tag{7.9}
\end{equation*}
$$

Hence the energy of the spin magnetic moment of the electron in the magnetic field of the proton is given by

$$
\begin{equation*}
\Delta E=-\mu_{\mathbf{s}} \cdot \mathbf{B} \tag{7.10}
\end{equation*}
$$

with $\mu_{\mathbf{s}}=-\frac{g_{e} \mu_{B}}{\hbar} \mathbf{S}$. Thus the energy is given by

$$
\begin{equation*}
\Delta E=g_{e} \frac{\mu_{B}}{\hbar} \mathbf{S} \cdot \mathbf{B}=\frac{e^{2}}{4 \pi \epsilon_{0} m_{e}^{2} c^{2} r^{3}} \mathbf{S} \cdot \mathbf{L} \tag{7.11}
\end{equation*}
$$

and the corresponding Hamiltonian in quantum physics

$$
\begin{equation*}
\hat{H}_{s o}=\frac{e^{2}}{4 \pi \epsilon_{0} m_{e}^{2} c^{2} r^{3}} \mathbf{S} \cdot \mathbf{L} \tag{7.12}
\end{equation*}
$$

This term couples the spin $\mathbf{S}$ to the orbital angular momentum $\mathbf{L}$.
The z-component of the spin and the orbital angular momentum do not commute with $\hat{H}_{\text {so }}$, i.e. $\left[\hat{H}_{s o}, \hat{L}_{z}\right] \neq 0$, and thus are not preserved. They are no longer good quantum numbers which can be used to describe the system.

However, the total angular momentum

$$
\begin{equation*}
\mathbf{J}=\mathbf{L}+\mathbf{S} \tag{7.13}
\end{equation*}
$$



Figure 12: LS coupling (taken from Wikipedia)
is a constant of the motion and commutes with the Hamiltonian.
Thus we expect the state of an atom to be characterised by its value of total angular momentum. See Fig. 12 for an illustration of the addition of spin and orbital angular momentum. As is the case for any angular momentum in quantum mechanics, $\mathbf{J}$ is quantised according to

$$
\begin{align*}
J^{2} & =j(j+1) \hbar^{2}  \tag{7.14}\\
J_{z} & =m_{j} \hbar \tag{7.15}
\end{align*}
$$

where $m_{j}=j, j-1, \ldots,-j$.
$\mathbf{L}$ and $\mathbf{S}$ always add to give $\mathbf{J}$. As the magnetic field of $\mathbf{L}$ will induce a torque

$$
\begin{equation*}
\tau=\mu \times \mathbf{B} \tag{7.16}
\end{equation*}
$$

on the spin $\mathbf{S}$, $\mathbf{S}$ will precess and vice versa. In summary, both $\mathbf{L}$ and $\mathbf{S}$ must be precessing about $\mathbf{J}$. As a result their magnitudes remain constant but not their $z$ components. It follows that when the interaction between the orbital and spin angular momenta is taken into account, a stationary state of the hydrogen atom is characterised by the quantum numbers $n, l, s, j, m_{j}$. Such states are referred to as coupled states, represented in ket notation as ${ }^{20}$

$$
\begin{equation*}
\left|n l j m_{j}\right\rangle \tag{7.17}
\end{equation*}
$$

in contrast to the uncoupled states $\left|n l s m_{l} m_{s}\right\rangle$. Given that $\mathbf{J}=\mathbf{L}+\mathbf{S}$ and $s=\frac{1}{2}$, the possible values of $j$ are

$$
\begin{equation*}
j=l+1 / 2, l-1 / 2 \tag{7.18}
\end{equation*}
$$

except if $l=0$ in which case $j=1 / 2$ only.
We can use

$$
\begin{equation*}
\mathbf{J}^{2}=(\mathbf{L}+\mathbf{S})^{2}=\mathbf{L}^{2}+\mathbf{S}^{2}+2 \mathbf{L} \cdot \mathbf{S} \tag{7.19}
\end{equation*}
$$

to rewrite

$$
\begin{equation*}
\hat{H}_{s o}=\frac{e^{2}}{8 \pi \epsilon_{0} m_{e}^{2} c^{2} r^{3}}\left(\mathbf{J}^{2}-\mathbf{L}^{2}-\mathbf{S}^{2}\right) . \tag{7.20}
\end{equation*}
$$

Thus the energy correction depends upon the quantum numbers $j, l$ and $s$. If we take $r \sim a_{0}$ and L. $\mathbf{S} \sim \hbar^{2}$, a small amount of algebra shows that

[^15]\[

$$
\begin{equation*}
\Delta E / E_{1} \sim \alpha^{2} \sim 10^{-4} \tag{7.21}
\end{equation*}
$$

\]

Therefore the relative shifts in energy levels due to spin-orbit interaction are of the order $\alpha^{2} \sim 10^{-4}$. As the shifts vary with quantum number, not all the states with the same $n$ will have the same energy, i.e. the spin-orbit interaction will remove some of the degeneracy.

### 7.3 Dirac's relativistic theory

We saw above that the relativistic and spin-orbit corrections to the hydrogen energy levels are of order $\alpha^{2}$. Strictly speaking, the spin-orbit correction is also a relativistic correction as it depends upon the magnetic field experienced by the moving electron (the internal magnetic field $\mathbf{B} \rightarrow 0$ as $v / c \rightarrow 0$ ).

The complete relativistic treatment of the hydrogen atom, incorporating the spin of the electron was done by Dirad ${ }^{21}$ in 1928 (for more detail see Appendix D). His theory gives the fine structure energy levels for hydrogen, and also a value of 2 for $g_{e}$. The resulting energy levels are

$$
\begin{equation*}
E_{n j}=-\frac{\alpha^{2} \mu c^{2}}{2 n^{2}}\left[1+\frac{\alpha^{2}}{n}\left(\frac{1}{j+1 / 2}-\frac{3}{4 n}\right)\right] \tag{7.22}
\end{equation*}
$$

Thus we see that the energy levels depend upon the quantum numbers $j$ and $n$ but not $l$. The degeneracy of these levels is equal to the number of different $m_{j}$ values for a given $j$ (which is $2 j+1$ ) summed over the relevant $l$ values.

### 7.4 Spectroscopic notation

The electron configuration for a particular state of hydrogen is given by $n x$ where the letter $x$ represents the value of $l$ where $x=s, p, d, f, g, \ldots$ corresponds to $l=0,1,2,3,4, \ldots$. The spectroscopic notation for a state has the form

$$
\begin{equation*}
n^{2 s+1} X_{j} \tag{7.23}
\end{equation*}
$$

where $X$ indicates the value of $l: S, P, D, F, G, \ldots$ correspond to $l=0,1,2,3,4, \ldots$
The ground state of hydrogen has an electron configuration of $1 s$ and its spectroscopic notation is $1^{2} S_{1 / 2}$. The configuration $2 p$ corresponds to two states $2^{2} P_{1 / 2}$ and $2^{2} P_{3 / 2}$. For hydrogen the superscript is always 2 ; this indicates that there are two values of $j$ for each value of $l$ (except $l=0$, for which there is only one value) ${ }^{22}$

### 7.5 The Lamb shift

Although Dirac's theory indicates that the $2^{2} S_{1 / 2}$ and $2^{2} P_{1 / 2}$ states have the same energy, an experiment by Lamb and Retherford in 1947 confirmed speculation that these states do differ in energy, by an amount now known as the Lamb shift and equal to $4.37462 \times 10^{-6} \mathrm{eV}(1057.77 \mathrm{MHz})$, which is about one tenth of the fine structure splitting between the Dirac fine structure levels $2^{2} P_{3 / 2}$ and $2^{2} P_{1 / 2}$. This experiment was an important stimulus to the development of quantum electrodynamics (QED), which explains the Lamb shift in terms of the effect on the electron of the zero point energy of

[^16]

Figure 13: Fine structure of the $n=2,3$ hydrogen levels. The spacing between the fine structure levels is greatly exaggerated compared to the spacing between principal levels. The allowed transitions between $n=3$ and $n=2$, i.e. the fine structure $\mathrm{H}_{\alpha}$ line, are also shown
the quantised electromagnetic field ${ }^{23}$ QED also leads to a value for $g_{e}(=2.00232)$ slightly different from the Dirac value (2).

In his Nobel Prize lecture, Lamb quoted the following qualitative picture of the level shift.
The fluctuating zero-point electric field of the quantised vacuum acts on an electron bound in a hydrogen atom. As a result, the electron is caused to move about its unperturbed position in a rapid and highly erratic manner. The point electron effectively becomes a sphere of a radius almost $10^{-12} \mathrm{~cm}$. Such an electron in a hydrogen atom is not so strongly attracted to the nucleus at short distances as would be a point electron. States of zero orbital angular momentum like $2^{2} \mathrm{~S}_{1 / 2}$ are therefore raised in energy relative to other states like $2^{2} \mathrm{P}_{1 / 2}$ in which the electron has a smaller probability of being found near the nucleus.

The final picture then is that for each unique combination of the quantum numbers $n, l, j$ there is a distinct energy level with a degeneracy of $2 j+1$. For a given $n$ the sublevels are close together with separations of the order of $10^{-4}$ of the separation between levels with different values of $n$. This fine structure of the energy levels means that the spectral lines resulting from the transitions between states of different $n$ consist of several closely spaced lines. The fine structure of the $n=2$ and $n=3$ hydrogen levels and the transitions between them, which are the closely spaced components of the $\mathrm{H}_{\alpha}$ transition, are shown in Figure 13 .

[^17]
## 8 Hyperfine structure; Addition of angular momenta

### 8.1 Hyperfine structure

An electron in the ground state of hydrogen $(n=1)$ has zero orbital angular momentum $(l=0)$. The total angular momentum of the electron is due, therefore, to its spin only. There will be energy associated with the interaction between the magnetic moments $\mu_{\mathrm{e}}$ of the electron and nucleus (proton) $\mu_{\mathrm{p}}$.

$$
\begin{equation*}
\hat{H}_{h f, 1 s}^{\prime}=\frac{2}{3} \mu_{0} \frac{g_{e} \mu_{B} g_{p} \mu_{N}}{\hbar^{2}} \delta(\mathbf{r}) \mathbf{S} \cdot \mathbf{I} \tag{8.1}
\end{equation*}
$$

with the spin $\mathbf{S}(\mathbf{I})$ of the electron (proton). Each magnetic moment will experience a torque due to the magnetic field of the other. There is no external torque on the atom, which in classical mechanics would mean that the total angular momentum of the system is conserved. The corresponding statement in quantum mechanics is that the system is characterised by a quantised value of total angular momentum. If we use the symbol $\mathbf{F}$ for the total angular momentum we have

$$
\begin{equation*}
\mathbf{F}=\mathbf{S}+\mathbf{I} \tag{8.2}
\end{equation*}
$$

where, using the usual quantisation rules for angular momenta,

$$
\begin{align*}
\mathbf{F}^{2}\left|F M_{F}\right\rangle & =F(F+1) \hbar^{2}\left|F M_{F}\right\rangle  \tag{8.3}\\
F_{z}\left|F M_{F}\right\rangle & =M_{F} \hbar\left|F M_{F}\right\rangle \quad \text { where } M_{F}=F, F-1, \ldots,-F \tag{8.4}
\end{align*}
$$

where $F$ is the quantum number associated with total angular momentum of the atom.
Using the coupled basis with the total spin $F$, we obtain for the correction to the energy of the $1 s\left(n=1, l=0, m_{l}=0\right)$ state (Note that there is no orbital angular momentum (thus $j=\frac{1}{2}$ ) and we can use the uncoupled basis for spin and orbital angular momentum, i.e. $\left|n l m_{l} F I S M_{F}\right\rangle$.) due to hyperfine splitting

$$
\begin{align*}
E_{h f, 1 s} & =\left\langle 100 F I S M_{F}\right| \hat{H}_{h f, 1 s}^{\prime}\left|100 F I S M_{F}\right\rangle  \tag{8.5}\\
& =\left\langle 100 F I S M_{F}\right| \frac{2}{3} \mu_{0} \frac{g_{e} \mu_{B} g_{p} \mu_{N}}{\hbar^{2}} \delta(\mathbf{r}) \mathbf{S} \cdot \mathbf{I}\left|100 F I S M_{F}\right\rangle  \tag{8.6}\\
& =\left\langle 100 F I S M_{F}\right| \frac{2}{6} \mu_{0} \frac{g_{e} \mu_{B} g_{p} \mu_{N}}{\hbar^{2}}\left(F^{2}-S^{2}-I^{2}\right) \delta(\mathbf{r})\left|100 F I S M_{F}\right\rangle  \tag{8.7}\\
& =\frac{1}{3} \mu_{0} g_{e} \mu_{B} g_{p} \mu_{N}(F(F+1)-S(S+1)-I(I+1))\left|\psi_{1 s}(0)\right|^{2}, \tag{8.8}
\end{align*}
$$

with the square of the spatial wave function $\left|\psi_{1 s}(0)\right|^{2} \equiv\langle 100| \delta(\mathbf{r})|100\rangle$ evaluated at the origin (the position of the nucleus), i.e. the hyperfine splitting is proportional to the probability of the electron to be in the nucleus.

### 8.2 Addition of angular momenta

What is the value for $F$ ? The simplest way to answer this is to consider the component values,

$$
\begin{align*}
F_{z} & =S_{z}+I_{z} \quad \text { hence }  \tag{8.9}\\
M_{F} & =m_{s}+m_{I} \tag{8.10}
\end{align*}
$$

As $m_{s}$ and $m_{I}$ both have values of $\pm \frac{1}{2}$ the possible values of $M_{F}$ are

$$
\begin{equation*}
\frac{1}{2}+\frac{1}{2}=1 ; \quad \frac{1}{2}-\frac{1}{2}=0 ; \quad-\frac{1}{2}+\frac{1}{2}=0 ; \quad-\frac{1}{2}-\frac{1}{2}=-1 \tag{8.11}
\end{equation*}
$$

Grouping these results as $(1,0,-1)$ and 0 , we can see that they constitute all the $M_{F}$ values of $F=1$ and $F=0$ respectively. Thus the spin angular momenta of the electron and proton can add in two possible ways: one gives $F=1$ i.e. $\frac{1}{2}+\frac{1}{2}$, and the other $F=0$ i.e. $\frac{1}{2}-\frac{1}{2}$. We are seeing here a particular case of the addition of two arbitrary angular momenta. In general the total angular momentum $J$ of a coupled state $\left|j_{1} m_{j_{1}}\right\rangle\left|j_{2} m_{j_{2}}\right\rangle$ can take values

$$
\begin{equation*}
J=j_{1}+j_{2}, j_{1}+j_{2}-1, \ldots,\left|j_{1}-j_{2}\right| \tag{8.12}
\end{equation*}
$$

and its z-component $m_{J}$ is directly given by the sum of the z-components of the two coupled states

$$
\begin{equation*}
m_{J}=m_{j_{1}}+m_{j_{2}} \tag{8.13}
\end{equation*}
$$


(a)

(b)

Figure 14: The spin-flip' transition between the hyperfine levels of the hydrogen ground state that leads to emission at $21 \mathrm{~cm}(1420 \mathrm{~Hz})$.

The $F=1$ (upper) state corresponds to "parallel spins" ${ }^{24}$, the $F=0$ (lower) state to "anti-parallel spins". As a consequence the transition between these two states is often called a "spin flip" transition. The difference in energy between these states corresponds to 1420 MHz or in terms of wavelength, 21 cm . Emission on this line has allowed radio telescopes to map the neutral hydrogen distributions in the Milky Way galaxy and other nearby galaxies. Note that as $l=0$ for both upper and lower levels of this transition, it does not satisfy the selection rule $\Delta l= \pm 1$, and is therefore a forbidden transition. Its transition probability is $2.9 \times 10^{-15} \mathrm{~s}^{-1}$, corresponding to a lifetime of $1.1 \times 10^{7}$ years ${ }^{25}$.

[^18]
## 9 Zeeman and Paschen-Back effect

The Zeeman effect is the splitting of atomic energy levels by an externally applied magnetic field. As a result spectral lines are split into several lines whose spacing increases with increasing magnitude of the field. We will discuss the effect in detail for two limiting circumstances: when the applied field is small relative to the internal magnetic field of the atom $(\sim 1 T)$, and when it is much greater than the internal magnetic field. The intermediate case, where the external and internal fields are comparable, is much more complicated and will not be considered.

The quantitative treatment of the Zeeman effect is an example of time-independent perturbation theory. Suppose the unperturbed atom (i.e. $\mathbf{B}=0$ ) has a Hamiltonian operator $\hat{H}_{0}$, with eigenstates $\left|n^{(0)}\right\rangle$ and corresponding eigenvalues $E_{n}^{(0)}$, where the zero superscript signifies the unperturbed atom. Suppose the atom experiences a small perturbation (due to the applied magnetic field, i.e. $\mathbf{B} \neq 0$ ), represented by the new Hamiltonian $\hat{H}^{0}+\hat{H}^{\prime}$. This different Hamiltonian will, in general, have different eigenstates and eigenvalues.

The essence of perturbation theory is the assumption that the perturbation is sufficiently small that we can use the unperturbed eigenstates to estimate the small changes in the eigenvalues. Typically the eigenvalues are shifted by small amounts, often in such a way that any degeneracy in the unperturbed system is reduced. The simplest situation is when the eigenfunctions of $\hat{H}^{0}$ are also eigenfunctions for $\hat{H}^{\prime}$. In this case, which, as we will see is true for the Zeeman effect, the energy shift is given by the expectation value of the perturbation Hamiltonian $\hat{H}^{\prime}$ according to the unperturbed eigenstates. The first-order correction to the unperturbed energy $E_{n}^{(0)}$ is therefore given by ${ }^{26}$

$$
\begin{equation*}
E_{n}^{(1)}=\left\langle n^{(0)}\right| \hat{H}^{\prime}\left|n^{(0)}\right\rangle \tag{9.1}
\end{equation*}
$$

We will consider three situations:

1. The Zeeman effect for a state without spin, i.e. a singlet state, for which $\mathbf{S}=0$. This is known as the normal Zeeman effect as it can be explained classically.
2. The Zeeman effect for a state with spin in a weak magnetic field. Although this is called the anomalous Zeeman effect it is in fact the general case of the effect of a weak external magnetic field where in general $\mathbf{S} \neq 0$. The normal Zeeman effect is a special case where $\mathbf{S}=0$.
3. The Zeeman effect for a state with spin in a strong magnetic field. This is called the PaschenBack effect.

### 9.1 Zeeman effect without spin

The perturbation to the Hamiltonian is the energy of the magnetic moment due to orbital angular momentum in the external magnetic field. The additional energy is given by

$$
\begin{equation*}
E=-\boldsymbol{\mu}_{L} \cdot \mathbf{B}=\frac{\mu_{B} B}{\hbar} L_{z} \tag{9.2}
\end{equation*}
$$

where we have used

$$
\begin{equation*}
\boldsymbol{\mu}_{L}=-\frac{\mu_{B}}{\hbar} \mathbf{L} \tag{9.3}
\end{equation*}
$$

[^19]The perturbation Hamiltonian is therefore

$$
\begin{equation*}
\hat{H}^{\prime}=\frac{\mu_{B} B}{\hbar} \hat{L}_{z} \tag{9.4}
\end{equation*}
$$

As the unperturbed eigenstates are $\left|n l m_{l}\right\rangle$, the energy shifts are given by

$$
\begin{equation*}
E^{(1)}=\left\langle n l m_{l}\right| \frac{\mu_{B} B}{\hbar} \hat{L}_{z}\left|n l m_{l}\right\rangle=\mu_{B} B m_{l}\left\langle n l m_{l} \mid n l m_{l}\right\rangle \tag{9.5}
\end{equation*}
$$

where we have used the fact that $\hat{L_{z}}\left|n l m_{l}\right\rangle=m_{l} \hbar\left|n l m_{l}\right\rangle$. Noting that $\left\langle n l m_{l} \mid n l m_{l}\right\rangle=1$, the energy shifts are

$$
\begin{equation*}
E^{(1)}=\mu_{B} B m_{l} \tag{9.6}
\end{equation*}
$$

Thus the external magnetic field removes the degeneracy with respect to the magnetic quantum number $m_{l}$. Figure 15 shows the effect on a level corresponding to $l=1$, resulting in separate energies for $m_{l}=1,0,-1$.


Figure 15: The effect of a weak external magnetic field on singlet states with $l=1$ and $l=0$. The splitting of the allowed transition between the levels is also shown on the right.

In the absence of an external magnetic field, the transition between levels $E_{2}$ and $E_{1}$ produces radiation at frequency $\nu_{0}=\left(E_{2}-E_{1}\right) / h$. In the presence of an external field, the energy difference becomes

$$
\begin{equation*}
\left(E_{2}-E_{1}\right) \rightarrow\left(E_{2}-E_{1}\right)+\mu_{B} B \Delta m_{l} \tag{9.7}
\end{equation*}
$$

The selection rules are $\Delta m_{l}=0, \pm 1$, resulting in the spectral line splitting into three: two lines equally space about an undeviated line (see Figure 15):

$$
\begin{equation*}
\nu_{0} \rightarrow \nu_{0}-\frac{\mu_{B} B}{h}, \quad \nu_{0} \quad \nu_{0}+\frac{\mu_{B} B}{h} \tag{9.8}
\end{equation*}
$$

### 9.2 Zeeman effect with spin

In this case the magnetic moment is given by $\quad 2$

$$
\begin{equation*}
\boldsymbol{\mu}=\boldsymbol{\mu}_{S}+\boldsymbol{\mu}_{L}=-2 \mu_{B} \frac{\mathbf{S}}{\hbar}-\mu_{B} \frac{\mathbf{L}}{\hbar} \tag{9.9}
\end{equation*}
$$

and the perturbation Hamiltonian is given by

$$
\begin{equation*}
\hat{H}^{\prime}=-\boldsymbol{\mu} \cdot \mathbf{B}=-\mu_{z} B=\frac{\mu_{B} B}{\hbar}\left(2 \hat{S}_{z}+\hat{L}_{z}\right) \tag{9.10}
\end{equation*}
$$

[^20]
### 9.2.1 Weak magnetic field - anomalous Zeeman effect

The unperturbed eigenstates are $\left|n l j m_{j}\right\rangle$, which are degenerate with respect to $m_{j}$. The fact that, due to $g_{e} \approx 2, \boldsymbol{\mu}$ is not parallel to $\mathbf{J}=\mathbf{S}+\mathbf{L}$ is a complication. However the assumption of a weak magnetic field allows the following simplification.

If the external field is weak compared to the internal magnetic field of the atom, $\boldsymbol{\mu}$ precesses around $\mathbf{J}$ much faster than it does about $\mathbf{B}$. Thus the component of $\boldsymbol{\mu}$ in the direction of $\mathbf{B}$ is to a good approximation equal to its component parallel to $\mathbf{J}$ multiplied by the cosine of the angle between $\mathbf{J}$ and $\mathbf{B}$ - see Figure 16. Hence the additional energy due to the external field is


Figure 16: Precession about an external magnetic field of total angular momentum $\mathbf{J}$ and total magnetic moment $\boldsymbol{\mu}$ for the case of a weak magnetic field.

$$
\begin{equation*}
E=-\mu_{z} B \tag{9.11}
\end{equation*}
$$

where

$$
\begin{align*}
\mu_{z} & =\frac{\boldsymbol{\mu} \cdot \mathbf{J}}{J} \times \frac{\mathbf{J} \cdot \mathbf{B}}{J B}  \tag{9.12}\\
& =-\frac{\mu_{B}}{\hbar} \frac{(\mathbf{L}+2 \mathbf{S}) \cdot(\mathbf{L}+\mathbf{S})}{J} \frac{J_{z} B}{J B}  \tag{9.13}\\
& =-\frac{\mu_{B}}{\hbar} \frac{\left(L^{2}+2 S^{2}+3 \mathbf{L} \cdot \mathbf{S}\right)}{J^{2}} J_{z} \tag{9.14}
\end{align*}
$$

With a little algebraic manipulation we get (using $\left.J^{2}=L^{2}+S^{2}+2 \mathbf{L} \cdot \mathbf{S}\right)$

$$
\begin{equation*}
\hat{H}^{\prime}=\frac{\mu_{B} B}{\hbar} \frac{\left(3 \hat{J}^{2}+\hat{S}^{2}-\hat{L}^{2}\right)}{2 \hat{J}^{2}} \hat{J}_{z}=\frac{\hat{g}_{L} \mu_{B}}{\hbar} B J_{z} \tag{9.15}
\end{equation*}
$$

and following the same procedure used for the normal Zeeman effect, the first order correction to the energy level is

$$
\begin{equation*}
E^{(1)}=\left\langle n l j s m_{j}\right| \frac{\hat{g}_{L} \mu_{B} B}{\hbar} \hat{J}_{z}\left|n l j s m_{j}\right\rangle=g_{L} \mu_{B} B m_{j} \tag{9.16}
\end{equation*}
$$

where $g_{L}$ evaluates to

$$
\begin{equation*}
g_{L}=1+\frac{j(j+1)+s(s+1)-l(l+1)}{2 j(j+1)} \tag{9.17}
\end{equation*}
$$

is called the Landé $g$ factor.
When a magnetic field is present energy levels that were degenerate with respect to $m_{j}$ split into $2 j+1$ different levels. In addition to the selection rules already discussed there is now a selection rule for $m_{j}$ :

$$
\begin{equation*}
\Delta m_{j}=0, \pm 1 \tag{9.18}
\end{equation*}
$$

The discussion above obviously applies to the hydrogen atom but it is also applicable to any atom where the energy levels are determined by $L S$-coupling, i.e. the energy levels of a multi-electron atom that are characterised by quantum numbers $S, L, J, M, 28$. See the discussion in Sec. 10.8.3.

## Example

Consider the Zeeman effect for the ${ }^{2} P_{1 / 2}$ states and the ${ }^{2} S_{1 / 2}$ states in an alkali atom like sodium. The $g_{L}$ values are $\frac{2}{3}$ and 2 respectively. In the presence of a weak magnetic field, the energy levels will split according to:

$$
\begin{align*}
& E_{2} \rightarrow E_{2}+\frac{2}{3} \mu_{B} B m_{j}  \tag{9.19}\\
& E_{1} \rightarrow E_{1}+2 \mu_{B} B m_{j} \tag{9.20}
\end{align*}
$$

where in both cases $M_{J}= \pm 1 / 2$. Thus the split energy levels are:

$$
\begin{align*}
E_{2} & \pm \mu_{B} B / 3  \tag{9.21}\\
E_{1} & \pm \mu_{B} B \tag{9.22}
\end{align*}
$$

Applying the selection rules, there will be four transitions, from each of the two excited states to each of the two ground states, and because the $g_{L}$ values are different there will be four different lines, given by

$$
\begin{align*}
& \nu_{0} \pm \frac{2}{3} \frac{\mu_{B} B}{h}  \tag{9.23}\\
& \nu_{0} \pm \frac{4}{3} \frac{\mu_{B} B}{h} \tag{9.24}
\end{align*}
$$

Thus we see in Figure 17 that the Zeeman components consist of four lines in two groups of two, symmetrically spaced on either side of the unperturbed line, $\nu_{0}$, but note that there is no line at $\nu_{0}$.

[^21]

Figure 17: The Zeeman splitting of the ${ }^{2} S_{1 / 2}$ and ${ }^{2} P_{1 / 2}$ levels of an alkali atom. Also shown are the four allowed transitions,

### 9.3 Strong magnetic field - Paschen-Back effect

If the external magnetic field is stronger than the internal magnetic field of the atom $\boldsymbol{\mu}_{S}$ and $\boldsymbol{\mu}_{L}$ precess about $\mathbf{B}$ much more rapidly than they do about $\mathbf{J}$. Thus their interactions with the external field are much greater than the effect of the spin-orbit interaction, which can be ignored as a first approximation. We take, therefore, the unperturbed eigenstates to be the uncoupled states $\left|n l s m_{l} m_{s}\right\rangle$. The perturbation Hamiltonian is given by,

$$
\begin{align*}
\hat{H}^{\prime}=-\hat{\boldsymbol{\mu}} \cdot \mathbf{B} & =\frac{\mu_{B}}{\hbar}(\hat{\mathbf{L}}+2 \hat{\mathbf{S}}) \cdot \mathbf{B}  \tag{9.25}\\
& =\frac{\mu_{B} B}{\hbar}\left(\hat{L}_{z}+2 \hat{S}_{z}\right) \tag{9.26}
\end{align*}
$$

In the presence of a strong magnetic field, the first order correction to the unperturbed energy level is

$$
\begin{equation*}
E^{(1)}=\left\langle n l s m_{l} m_{s}\right| \frac{\mu_{B} B}{\hbar}\left(\hat{L}_{z}+2 \hat{S}_{z}\right)\left|n l s m_{l} m_{s}\right\rangle=\mu_{B} B\left(m_{l}+2 m_{s}\right) \tag{9.27}
\end{equation*}
$$

The selection rules are $\Delta m_{s}=0, \Delta m_{l}=0, \pm 1$. This leads to spectral lines being split into three components as in the normal Zeeman effect:

$$
\begin{equation*}
\nu=\nu_{0}-\frac{\mu_{B} B}{h}, \quad \nu_{0}, \quad \nu_{0}+\frac{\mu_{B} B}{h} \tag{9.28}
\end{equation*}
$$

### 9.4 Arbitrary magnetic field

For the first excited state of the optical electron of an alkali atom ( $n p$ ), Figure 18 shows how the energy level spitting varies as the magnetic field increases from zero to large values. The energy level structure varies from that of the anomalous Zeeman effect at low fields to that of the Paschen-Back effect at high fields. The intermediate region where the external field is of comparable magnitude to the internal field cannot be treated simply.


Figure 18: The energy levels of the $n p$ first excited state of the optical electron of an alkali atom as a function of magnetic field. The two levels have spectroscopic notations ${ }^{2} P_{3 / 2}$ and ${ }^{2} P_{1 / 2}$. (based on Figure 93, Introduction to Modern Physics, F.K. Richtmeyer, E.H. Kennard and T. Lauritsen (McGraw-Hill, New York, 1955)

### 9.5 Summary

If an external magnetic field causes a spectral line to split into three lines, two of which are equally spaced about an undeviated line, it is either a case of the normal Zeeman effect (weak field, transitions between singlet states) or the Paschen-Back effect (strong field). In either case (we do not need to know which), the line spacing $\Delta \nu$ is related to the magnetic field by

$$
\begin{equation*}
|\Delta \nu|=\frac{\mu_{B} B}{h} \tag{9.29}
\end{equation*}
$$

In such circumstances, the line spacing can be used to measure the magnitude of the magnetic field ${ }_{29}^{29}$ If the line is split into an even number of components, displaced symmetrically about the position of the undeviated line (and there is no line in that undeviated position), it is a case of the anomalous Zeeman effect, and the relation between the spacing between lines and the magnetic field is proportional to $\mu_{B} B / h$, where the constant of proportionality is of the order of unity but dependent upon the quantum numbers of the energy levels involved.

[^22]
## 10 Identical particles, symmetry requirements, fermions and bosons

We now turn our attention to the helium atom. The two electrons are identical and as their wave functions will, in general, overlap it is not possible to distinguish one electron from the other. The wave functions which describe the helium atom must be consistent with the fact that identical particles are indistinguishable. To see the consequences of this suppose the wave function $\psi\left(\mathbf{r}_{1}, \mathbf{r}_{2}\right)$ represents a quantum system consisting of two identical particles whose positions are specified by $\mathbf{r}_{\mathbf{1}}$ and $\mathbf{r}_{\mathbf{2}}$. If we exchange the particles the system is now described by the wave function $\psi\left(\mathbf{r}_{2}, \mathbf{r}_{1}\right)$. As the particles are identical there can be no change in the physical reality of the system. Therefore, it must be true that

$$
\begin{equation*}
\left|\psi\left(\mathbf{r}_{\mathbf{1}}, \mathbf{r}_{\mathbf{2}}\right)\right|^{2} \equiv\left|\psi\left(\mathbf{r}_{\mathbf{2}}, \mathbf{r}_{\mathbf{1}}\right)\right|^{2} \tag{10.1}
\end{equation*}
$$

From this we can conclude that

$$
\begin{equation*}
\psi\left(\mathbf{r}_{2}, \mathbf{r}_{1}\right)= \pm \psi\left(\mathbf{r}_{1}, \mathbf{r}_{2}\right) \tag{10.2}
\end{equation*}
$$

i.e. the wave function must be either symmetric or antisymmetric with respect to interchange of the particles. This requirement is a consequence of the indistinguishability of the particles. We will begin our discussion of helium by considering first the description of the possible spin states for a system of two spin- $\frac{1}{2}$ particles.

### 10.1 Two spin- $\frac{1}{2}$ particles

We can represent the two particle state by the ket $\left|s_{1} s_{2} m_{1} m_{2}\right\rangle$. As the state of each electron is indicated separately, we refer to this representations as using an uncoupled basis. However, as $s_{1}$ and $s_{2}$ are always equal to $\frac{1}{2}$, we need only indicate the signs of the $m_{s}$ values $\pm \frac{1}{2}$. Therefore, possible configurations of the two particle system are,

The first and last of these are clearly symmetric, but the middle two are neither symmetric nor antisymmetric. Note also that for these four states the total magnetic quantum numbers will be $M_{S}=m_{s_{1}}+m_{s_{2}}=1,0,0$ and -1 respectively.

We can form symmetric and antisymmetric superposition states from $|+-\rangle$ and $|-+\rangle$ as follows ${ }^{30}$

$$
\begin{align*}
\text { symmetric : } & \frac{1}{\sqrt{2}}[|+-\rangle+|-+\rangle]  \tag{10.4}\\
\text { antisymmetric : } & \frac{1}{\sqrt{2}}[|+-\rangle-|-+\rangle] \tag{10.5}
\end{align*}
$$

We now have three symmetric states (with $M_{S}=1,0,-1$ ) and one antisymmetric state (with $M_{S}=0$ ). The former are called triplet states, the latter a singlet state. This is not unexpected since adding the individual spin angular momenta ( $s=\frac{1}{2}$ in each case) we obtain total spin quantum numbers $S=1\left(M_{S}=1,0,-1\right)$ and $S=0\left(M_{S}=0\right)$.

[^23]We can represent the three symmetric and one antisymmetric states in terms of total spin quantum numbers (called coupled basis states) $\left|S M_{S}\right\rangle$ as follows

The state $\left|1 M_{S}\right\rangle$ is denoted triplet state and the state $|00\rangle$ singlet state. We can summarise the symmetries associated with exchange of particles by introducing an exchange operator, $P_{12}$,

$$
\begin{align*}
P_{12}\left|1 M_{S}\right\rangle & =+\left|1 M_{S}\right\rangle  \tag{10.10}\\
P_{12}|00\rangle & =-|00\rangle \tag{10.11}
\end{align*}
$$

To complete the description of the helium atom we need to include the spatial part of the wave function $\left|\psi_{\text {spatial }}\right\rangle$, such that the complete wave function is given by

$$
\begin{equation*}
|\psi\rangle=\left|\psi_{\text {spatial }}\right\rangle\left|\psi_{\text {spin }}\right\rangle \tag{10.12}
\end{equation*}
$$

We now consider the effect of symmetry requirements on the complete wave function.

### 10.2 Symmetric or antisymmetric?

As we have seen, the fact that particles are identical requires that systems of the particles be described by symmetric or antisymmetric wave functions, but does not specify which. It is however a fact of nature that particles can be divided into two groups:
bosons: particles with integer spin that have symmetric wave functions.
fermions: particles with half-integer spin that have antisymmetric wave functions.
As electrons, with spin $\frac{1}{2}$, are fermions $3^{31}$ the states of helium must be antisymmetric. As helium states are the product of a spatial and spin part, as shown in Equation 10.12), antisymmetry may be achieved in two ways:

$$
\begin{align*}
\left|\psi_{\text {helium }}^{S A}\right\rangle & =\left|\psi_{\text {spatial }}^{S}\right\rangle\left|\psi_{\text {spin }}^{A}\right\rangle  \tag{10.13}\\
\left|\psi_{\text {helium }}^{A S}\right\rangle & =\left|\psi_{\text {spatial }}^{A}\right\rangle\left|\psi_{\text {spin }}^{S}\right\rangle \tag{10.14}
\end{align*}
$$

### 10.3 Two identical particles in one dimension

We can gain some insight into systems of two identical particles by considering a simple one-dimensional system, an infinite square well of width $L(x=0 \rightarrow L)$, which contains two non-interacting particles

[^24]with spin $\frac{1}{2}$. Suppose one particle is in energy eigenstate $\varphi_{n_{a}}$ (energy: $E_{n_{a}}$ ) and the other in energy eigenstate $\varphi_{n_{b}}$ (energy: $E_{n_{b}}$ ). Note that the combined states
\[

$$
\begin{equation*}
\varphi_{n_{a}}\left(x_{1}\right) \varphi_{n_{b}}\left(x_{2}\right) \quad \text { and } \quad \varphi_{n_{a}}\left(x_{2}\right) \varphi_{n_{b}}\left(x_{1}\right) \tag{10.15}
\end{equation*}
$$

\]

both have the same energy $\left(E_{n_{a}}+E_{n_{b}}\right)$ but neither satisfies either the symmetric or antisymmetric requirement. However we can form linear combinations which do:

$$
\begin{align*}
& \left\langle x_{1} x_{2} \mid \psi_{\text {space }}^{S}\right\rangle=\psi_{n_{a} n_{b}}^{S}\left(x_{1}, x_{2}\right)=\frac{1}{\sqrt{2}}\left[\varphi_{n_{a}}\left(x_{1}\right) \varphi_{n_{b}}\left(x_{2}\right)+\varphi_{n_{a}}\left(x_{2}\right) \varphi_{n_{b}}\left(x_{1}\right)\right]  \tag{10.16}\\
& \left\langle x_{1} x_{2} \mid \psi_{\text {space }}^{A}\right\rangle=\psi_{n_{a} n_{b}}^{A}\left(x_{1}, x_{2}\right)=\frac{1}{\sqrt{2}}\left[\varphi_{n_{a}}\left(x_{1}\right) \varphi_{n_{b}}\left(x_{2}\right)-\varphi_{n_{a}}\left(x_{2}\right) \varphi_{n_{b}}\left(x_{1}\right)\right] \tag{10.17}
\end{align*}
$$

## Specific example: ground state

If both particles are in the ground state i.e. $n_{a}=n_{b}=1$, it is obvious that $\left|\psi_{\text {space }}^{A}\right\rangle$ is identically zero, so the ground state can only be the product of a symmetric spatial function and an antisymmetric spin function:

$$
\begin{equation*}
\left|\psi_{11}^{S}\right\rangle|00\rangle \tag{10.18}
\end{equation*}
$$

For an infinite well where the energy eigenfunctions are given by

$$
\begin{equation*}
\langle x \mid n\rangle=\varphi_{n}(x)=\sqrt{\frac{2}{L}} \sin \left(\frac{n \pi x}{L}\right) \tag{10.19}
\end{equation*}
$$

the probability density function $\left|\psi_{11}^{S}\left(x_{1}, x_{2}\right)\right|^{2}$ is shown in Figure 19


Figure 19: Probability density distribution for the ground state

## Specific example: excited state

Suppose one electron is in the ground state and the other in the first excited state. The wave functions for these states are, respectively

$$
\begin{align*}
\varphi_{1}(x) & =\sqrt{2 / L} \sin (\pi x / L)  \tag{10.20}\\
\varphi_{2}(x) & =\sqrt{2 / L} \sin (2 \pi x / L) \tag{10.21}
\end{align*}
$$

We now form the symmetric and antisymmetric spatial functions,

$$
\begin{align*}
\psi_{12}^{S}\left(x_{1}, x_{2}\right) & =\frac{1}{\sqrt{2}}\left[\varphi_{1}\left(x_{1}\right) \varphi_{2}\left(x_{2}\right)+\varphi_{2}\left(x_{1}\right) \varphi_{1}\left(x_{2}\right)\right]  \tag{10.22}\\
\psi_{12}^{A}\left(x_{1}, x_{2}\right) & =\frac{1}{\sqrt{2}}\left[\varphi_{1}\left(x_{1}\right) \varphi_{2}\left(x_{2}\right)-\varphi_{2}\left(x_{1}\right) \varphi_{1}\left(x_{2}\right)\right] \tag{10.23}
\end{align*}
$$

The probability density functions $\left|\psi_{12}^{S}\left(x_{1}, x_{2}\right)\right|^{2}$ and $\left|\psi_{12}^{A}\left(x_{1}, x_{2}\right)\right|^{2}$ are shown in Fig. 20. We can see that, on average, the particles are closer together for the symmetric combination than for the antisymmetric combination. This effect is called the exchange interaction ${ }^{32}$ We can quantify this by calculating the average distance between the two particles $\left\langle\left(x_{1}-x_{2}\right)^{2}\right\rangle$. In our specific example, we find

$$
\sqrt{\left\langle\left(x_{1}-x_{2}\right)^{2}\right\rangle}= \begin{cases}0.20 L & \text { symmetric spatial wave function }  \tag{10.24}\\ 0.32 L & \text { distinguishable particles } \\ 0.41 L & \text { antisymmetric spatial wave function }\end{cases}
$$

See McIntyre Sec. 3.2.4 for more details.


Figure 20: Probability density distributions

### 10.4 Interacting Particles

So far we did not consider any interactions between the identical particles. However, in interesting realistic situations, e.g. the two electrons in a helium atom, there are interactions between the identical particles. Let us assume that the interaction only depends on the particle separation

$$
\begin{equation*}
\hat{H}^{\prime}=V_{\text {int }}\left(\left|x_{1}-x_{2}\right|\right) \tag{10.25}
\end{equation*}
$$

and that it can be treated in perturbation theory. Hence the correction to the energy of the state $\left|\psi^{(0)}\right\rangle$ is described by

$$
\begin{equation*}
E^{(1)}=\left\langle\psi^{(0)}\right| \hat{H}^{\prime}\left|\psi^{(0)}\right\rangle . \tag{10.26}
\end{equation*}
$$

[^25]As we argued previously the quantum state is a product of the spin and spatial part of the wave function, i.e.

$$
\begin{equation*}
E^{(1)}=\left\langle\psi_{\text {spatial }}\right| \hat{H}^{\prime}\left|\psi_{\text {spatial }}\right\rangle\left\langle\psi_{\text {spin }} \mid \psi_{\text {spin }}\right\rangle . \tag{10.27}
\end{equation*}
$$

The spatial part of the ground state wave function has to be symmetric irrespective of the spin of the particles. Hence we find

$$
\begin{equation*}
E_{11}^{(1)}=\left\langle\psi_{11}^{S}\right| \hat{H}^{\prime}\left|\psi_{11}^{S}\right\rangle=\int d x_{1} d x_{2} \varphi_{1}^{*}\left(x_{1}\right) \varphi_{1}^{*}\left(x_{2}\right) V_{i n t}\left(\left|x_{1}-x_{2}\right|\right) \varphi_{1}\left(x_{1}\right) \varphi_{1}\left(x_{2}\right) \equiv J_{11} . \tag{10.28}
\end{equation*}
$$

In case of the first excited state, the spatial part of the wave function can be either symmetric of antisymmetric. Defining the direct integral $J_{n m}$ and the exchange integral $K_{n m}$

$$
\begin{align*}
J_{n m} & \equiv \int d x_{1} d x_{2} \varphi_{n}^{*}\left(x_{1}\right) \varphi_{m}^{*}\left(x_{2}\right) V_{\text {int }}\left(\left|x_{1}-x_{2}\right|\right) \varphi_{n}\left(x_{1}\right) \varphi_{m}\left(x_{2}\right)  \tag{10.29}\\
K_{n m} & \equiv \int d x_{1} d x_{2} \varphi_{n}^{*}\left(x_{1}\right) \varphi_{m}^{*}\left(x_{2}\right) V_{\text {int }}\left(\left|x_{1}-x_{2}\right|\right) \varphi_{n}\left(x_{2}\right) \varphi_{m}\left(x_{1}\right), \tag{10.30}
\end{align*}
$$

we find for spin-0 bosons

$$
\begin{equation*}
E_{12}^{(1)}=J_{12}+K_{12} \tag{10.31}
\end{equation*}
$$

and for fermions

$$
\begin{equation*}
E_{12}^{(1)}=J_{12} \pm K_{12} \tag{10.32}
\end{equation*}
$$

with $\mathrm{a}+(-)$ sign for a (anti-)symmetric spatial wave function.
We now apply these concepts to the helium atom.

### 10.5 Helium atom

The Hamiltonian operator for the relative motion of a helium atom is

$$
\begin{equation*}
\hat{H}=-\frac{\hbar^{2}}{2 m} \nabla_{1}^{2}-\frac{2 e^{2}}{4 \pi \epsilon_{0} r_{1}}-\frac{\hbar^{2}}{2 m} \nabla_{2}^{2}-\frac{2 e^{2}}{4 \pi \epsilon_{0} r_{2}}+\frac{e^{2}}{4 \pi \epsilon_{0} r_{12}} \tag{10.33}
\end{equation*}
$$

where $r_{12}=\left|\mathbf{r}_{\mathbf{1}}-\mathbf{r}_{\mathbf{2}}\right|$. The last term is due to the electrostatic interaction between the two electrons and is not a small correction to the non-interacting Hamiltonian.

Suppose we initially ignore the interaction term. In this case each electron has energy levels equal to those of a "hydrogen atom with $Z=2$ ". Thus the zeroth order energy of the helium atom will be

$$
\begin{equation*}
E_{n_{a}, n_{b}}^{(0)}=-4 R y d\left(\frac{1}{n_{a}^{2}}+\frac{1}{n_{b}^{2}}\right) . \tag{10.34}
\end{equation*}
$$

One of the electrons in helium is always in the ground state. The state with two electrons in the excited state has energy $E_{22}^{(0)}=-2 R y d$, which is larger than the ground state energy of singly-ionised helium $E_{1 \infty}=-4 R y d$. Hence the state with two excited electrons has a very short lifetime.

The interaction between the electrons will correspond to an increase in the energy. As this depends upon the relative distance between the electrons it will depend upon the electron probability distributions of each electron, which themselves depend upon their $n$ and $l$ quantum numbers. We will follow McIntyre and call this increase


Figure 21: Energies and state vectors for the ground and first excited states of two identical particles (taken from McIntyre Sec. 13.3 pg 426)

$$
\begin{equation*}
J_{n_{a} l_{a}, n_{b} l_{b}} \tag{10.35}
\end{equation*}
$$

Noting that each state specified by $n_{a} l_{a}, n_{b} l_{b}$ consists of a singlet ( $S=0$ ) and three triplet states ( $S=1$ ), we now take account of the exchange interaction, which leads to the average distance between the electrons in the singlet state being less than that for triplet states. Because of the electron-electron electrostatic interaction this means that the singlet state energy will be higher than that of the triplet states. Again following McIntyre we designate the energy change due to the exchange interaction as ("+" refers to the singlet state; "-" refers to the triplet state),

$$
\begin{equation*}
\pm K_{n_{a} l_{a}, n_{b} l_{b}} \tag{10.36}
\end{equation*}
$$

### 10.5.1 Ground state of helium

For both electrons $n=1, l=0$ and $m_{l}=0$ with an electron configuration $1 s^{2}$. As we have seen for the 1D examples, it follows that $\psi_{\text {space }}^{A}=0$, i.e. there is no triplet state: the ground state of helium consists of a singlet state only.

### 10.5.2 First excited state of helium

One electron remains in its ground state $(n=1, l=0)$, the other in the first excited state ( $n=2$, $l=1,0)$ with corresponding electron configurations $1 s 2 s$ and $1 s 2 p$. The effects of electron interaction and the exchange interaction on the energy levels are summarised in Figure 22,


Figure 22: The effect of the electron-electron interaction and the exchange interaction on helium energy levels. Reproduced from Figure 13.9, McIntyre p432.

### 10.5.3 Spin-orbit coupling in helium

When spin-orbit coupling is taken into account we find the triplet states have different energies. This is discussed further in Section 10.8.2.

### 10.6 Pauli exclusion principle

Consider the possibility of the two electrons in a helium atom having the same set of quantum numbers, i.e. of being in the same quantum state. As the $m_{s}$ values are the same, the spin wave function must be symmetric, and therefore the spatial wave function must be antisymmetric, $\psi_{\text {space }}^{A}$. However if the quantum numbers $n, l$, and $m_{l}$ are the same $\psi_{s p a c e}^{A}=0$, and as a result the total wave function vanishes. It follows that it is impossible for the two electrons to be in the same quantum state. This is in fact a statement of the Pauli Exclusion Principle:

No two fermions can be in the same quantum stat $\underbrace{333}$ (with the same quantum numbers). The quantum states of fermions always have to differ in at least one quantum number.

If two particles are in the same quantum state, it is impossible to construct a two particle state, which is anti-symmetric under the exchange of the two particles as it is required for fermions.

The fact that the ground state of helium consists of a singlet state only is an example of the Pauli exclusion principle. As both electrons have $n=1, l=0$ and $m_{l}=0$, they must have different values of $m_{s}$ : one $+\frac{1}{2}$, the other $-\frac{1}{2}$. The only possible value of $M_{S}$ is therefore zero. It follows that $S$ can only be zero, i.e. the ground state can only be a singlet state.

The Pauli Exclusion Principle is a consequence of the fact that electrons are fermions. There is no equivalent principle for a system of bosons: e.g. a laser is a system of bosons (photons) all in the same quantum state; Bose-Einstein condensation involves placing a collection of atoms with integer spin (i.e. bosons) into the same quantum state.

[^26]
### 10.7 Bose-Einstein condensation

Hydrogen atoms in their ground state are bosons as they have integer spin: the proton has spin $I=1 / 2$, the electron has spin $s=1 / 2$, so the total spin quantum number is $F=0,1$. For atoms at temperature $T$, the de Broglie wavelength is given by

$$
\begin{equation*}
\lambda=\frac{h}{p} \sim \frac{h}{m v_{t h}} \sim\left(\frac{h^{2}}{3 m k T}\right)^{1 / 2} \tag{10.37}
\end{equation*}
$$

where the root mean square speed has been used for $v_{t h}$. If the atoms are cooled until $\lambda$ is greater than the inter-atom spacing the wave functions of the atoms will overlap and the collection of atoms must be treated as a single quantum system of indistinguishable bosons.

When this situation is reached by cooling the atoms, the atoms undergo a quantum mechanical phase transition and form a Bose-Einstein condensate: a coherent cloud of atoms all occupying the same quantum state; they can occupy the same quantum state because they are bosons.

Experiments since 1995 have achieved Bose-Einstein condensation with different atoms ${ }^{34}$. For hydrogen, temperatures $\sim \mu \mathrm{K}$ are required. Atoms in the gaseous state can be trapped and cooled to such temperatures using the techniques of laser cooling ${ }^{35}$.

### 10.8 Multi-electron atoms

Consider an atom with atomic number $Z$ : the nuclear charge is $+Z e$ and there are $Z$ electrons. According to the Pauli exclusion principle, each quantum state can contain one electron only. For the moment we will ignore spin-orbit coupling and specify a quantum state by the quantum numbers $n$, $l, s, m_{l}$ and $m_{s}$. Each value of $n$ specifies a shell; each value of $l$ specifies a subshell. Taking account of the two possible values for $m_{s}\left( \pm \frac{1}{2}\right)$, each full subshell contains $2(2 l+1)$ electrons and each shell contains $2 n^{2}$ electrons, as summarised in Table 5 .

| shell | subshells | $2 n^{2}$ |
| :---: | :---: | :---: |
| $n=1$ | $l=0 ;$ two $2 s$ electrons | 2 |
| $n=2$ | $l=0 ;$ two $2 s$ electrons | 8 |
|  | $l=1 ;$ six $2 p$ electrons |  |
| $n=3$ | $l=0 ;$ two $2 s$ electrons | 18 |
|  | $l=1 ;$ six $2 p$ electrons |  |
|  | $l=2 ;$ ten $2 d$ electrons |  |
| $\vdots$ | $\vdots$ | $\vdots$ |

Table 5: Shell and subshell structure for a multi-electron atom

The total angular momentum of a full subshell is zero as it contains electrons with all possible values of $m_{l}(l, l-1, \ldots,-l)$ and $m_{s}\left( \pm \frac{1}{2}\right)$ the sum of which is clearly zero. As the component value of the total angular momentum can only have the value of zero, the total angular momentum itself must be zero. It follows that the total angular momentum of a multi-electron atom will be due to only those electrons in unfilled subshells. We will look at a simple multi-electron example: alkali atoms.

[^27]
### 10.8.1 Alkali atoms

The ground state of an alkali atom has one electron in an $s$ state with all lower energy electrons in full subshells. This $s$ electron is called the optically active electron as the emission spectrum of the atoms is almost entirely due to excitation of this electron and its subsequent radiative decay, while the electrons in full subshells remain unexcited. For example. the ground state electron configuration for sodium ( $Z=11$ ) is $1 s^{2} 2 s^{2} 2 p^{6} 3 s$; the first excited configuration is $1 s^{2} 2 s^{2} 2 p^{6} 3 p$.

As the total angular momentum of a full subshell is zero, the total angular momentum of the electrons in an alkali atom is due to the optically active electron only. Unlike the electron in the hydrogen atom, however, this electron does not experience a Coulomb potential, as the Coulomb potential of the nucleus is modified due the combined effect of all the other electrons. Thus the energy levels depend upon the values of the quantum number $l$, as well as $n$ and $j$. ${ }^{36}$

When spin-orbit coupling is taken into account the states are characterised by the quantum numbers $n, l, j, m_{j}$; the energy levels correspond to each unique combination of $n, l, j$, and their degeneracy is $2 j+1$, the number of different values for $m_{j}$. The selection rules for allowed transitions are:

$$
\begin{align*}
\Delta l & = \pm 1  \tag{10.38}\\
\Delta j & =0, \pm 1 \tag{10.39}
\end{align*}
$$

## Example

The ground state of sodium has an electron configuration $1 s^{2} 2 s^{2} 2 p^{6} 3 s$, for which the spectroscopic notation is ${ }^{2} S_{1 / 2}$. For the first excited state the electron configuration is $1 s^{2} 2 s^{2} 2 p^{6} 3 p$, for which there are two states with spectroscopic notations of ${ }^{2} P_{3 / 2}$ and ${ }^{2} P_{1 / 2}$, as shown in Figure 23. These two excited states have different energies (values of $n$ and $l$ are the same but $j$ values are different), and transitions from both of them to the ${ }^{2} S_{1 / 2}$ ground state are allowed - they satisfy the selection rules. The resulting two closely spaced spectral lines are the yellow doublet which is responsible for the strong yellow light from sodium lamps.


Figure 23: The energy levels of the sodium corresponding to the ground and first excited electron configurations. The two allowed transitions shown are the well-known yellow doublet of sodium: $\lambda=589.0$ and 589.6 nm

[^28]
### 10.8.2 The helium atom

Helium, with two electrons, is another simple example of a multi-electron atom. Its ground state configuration is $1 s^{2}$ and exited states usually involve only one excited electron: 1 snl. As we have seen, adding the spin of the electrons leads to either $S=0$, a singlet state, or $S=1$, a triplet state. If we now add the orbital angular momenta, noting that $l=0$ for the $1 s$ electron, we find that $L$ is equal to the value of $l$ for the excited electron. We then obtain total angular momentum values $J$ by adding total spin and total orbital angular momenta.

For example, consider the $1 s 3 d$ excited state of helium ( $s_{1}=1 / 2, l_{1}=0 ; s_{2}=1 / 2, l_{2}=2$ ). Combining spins gives $S=0,1$; combining orbital angular momenta gives $L=2$. This results in a singlet state with $J=2\left({ }^{1} D_{2}\right)$, and a triplet state with $J=3,2,1\left({ }^{3} D_{3,2,1}\right)$. When spin-orbit interaction is taken into account, singlet states remain single energy levels, while triplet states split into three different energy levels corresponding to the three values of $J$. This is illustrated in Figure 24. The selection rule

$$
\begin{equation*}
\Delta S=0 \tag{10.40}
\end{equation*}
$$

means that allowed transitions occur are only between singlet states or between triplet states, i.e. a transition between a singlet and a triplet state is forbidden.


Figure 24: The energy levels of helium corresponding to the excited electron configuration $1 s 3 d$.

### 10.8.3 LS coupling

The determination of the total angular momentum of helium states is an example of $L S$ coupling ${ }^{37}$ It is applicable for atoms of small or intermediate atomic number where the spin-orbit interaction is weaker than the interactions between the spin and orbital angular momenta themselves. Thus to determine the total angular momentum we first add the spin angular momenta of the electrons to get a total spin angular momentum, and similarly add the orbital angular momenta of all the electrons to get the total orbital angular momentum ${ }^{38}$

$$
\begin{align*}
& \mathbf{S}=\mathbf{S}_{\mathbf{1}}+\mathbf{S}_{\mathbf{2}}+\mathbf{S}_{\mathbf{3}}+\ldots  \tag{10.41}\\
& \mathbf{L}=\mathbf{L}_{\mathbf{1}}+\mathbf{L}_{\mathbf{2}}+\mathbf{L}_{\mathbf{3}}+\ldots \tag{10.42}
\end{align*}
$$

[^29]

Figure 25: Energy levels and allowed transitions for helium. Singlet and triplet states are shown separately. Note that the lowest singlet and triplet states are metastable. Based on Figure 13-5, An Introduction to Quantum Mechanics, A.P. French \& E.F. Taylor (Thomas Nelson 1979).

The total angular momentum is then given by

$$
\begin{equation*}
\mathbf{J}=\mathbf{L}+\mathbf{S} \tag{10.43}
\end{equation*}
$$

## Selection rules for $L S$ coupling

For the energy levels resulting from $L S$ coupling allowed transitions obey the following rules.

- Only one electron undergoes a transition between sublevels
- For this electron $\Delta l= \pm 1$
- The changes in $S, L$ and $J$ must satisfy

$$
\begin{align*}
\Delta S & =0  \tag{10.44}\\
\Delta L & = \pm 1  \tag{10.45}\\
\Delta J & =0, \pm 1 \quad \text { but not } J=0 \rightarrow J=0 \tag{10.46}
\end{align*}
$$

Returning again to helium, Figure 25 is an energy level diagram for helium with singlet and triplet levels grouped separately, and it shows allowed transitions. Due to the $\Delta S=0$ selection rule there is no allowed transition from the lowest triplet state to the only lower state, which is a singlet state (this transition would also violate the $\Delta L= \pm 1$ selection rule). Also there is no allowed transition from the first excited singlet state: a transition to the lower singlet state would violate $\Delta L= \pm 1$ and a transition to the lower triplet state would also violate $\Delta S=0$. The lowest singlet and triplet states of helium are, therefore, metastable states.

## 11 Time-dependent Perturbation Theory

We have already argued that as the energy eigenstate contains all the information we can know about a stationary state of an atom, the transition probability for a transition between two states must depend upon the wave functions of those states. We will now seek this relationship, focusing on absorption and stimulated emission. Once we have the Einstein coefficients for these processes, the spontaneous emission transition probability can be obtained using the the Einstein relations.

The rigorous treatment is an example of time-dependent perturbation theory: the perturbing Hamiltonian is a function of time, $\hat{H}^{\prime}(t){ }^{39}$ In Sec. 6 we discussed how we can obtain an approximate solution to the energy eigenvalue equation of an Hamiltonian $\hat{H}=\hat{H}_{0}+\hat{H}^{\prime}$, if we know the solution to $\hat{H}_{0}$ and can consider $\hat{H}^{\prime}$ a small perturbation. We however assumed that the Hamiltonian does not depend on time. In the following we will consider perturbations which depend on time, like the absorption or emission of a photon.

### 11.1 Heisenberg and Interaction Picture

As we are dealing with a time-dependent Hamiltonian, we have to return to the Schrödinger equation (1.3) in its original form. So far we always considered the Hamiltonian to be time-independent, while the quantum states evolved with time. This is commonly denoted as Schrödinger picture. If we however consider the state 40

$$
\begin{equation*}
|\psi\rangle_{H} \equiv e^{i \hat{H} t / \hbar}|\psi(t)\rangle=\left(1+\frac{i}{\hbar} \hat{H} t+\frac{1}{2}\left[\frac{i}{\hbar} \hat{H} t\right]^{2}\right)|\psi(t)\rangle \tag{11.1}
\end{equation*}
$$

we find that

$$
\begin{equation*}
i \hbar \frac{\partial}{\partial t}|\psi\rangle_{H}=i \hbar \frac{\partial}{\partial t} e^{i \hat{H} t / \hbar}|\psi(t)\rangle=e^{i \hat{H} t / \hbar}\left(-\hat{H}|\psi(t)\rangle+i \hbar \frac{\partial}{\partial t}|\psi(t)\rangle\right)=0 \tag{11.2}
\end{equation*}
$$

This is commonly denoted as Heisenberg picture. In this picture, all operators

$$
\begin{equation*}
\hat{A}_{H}(t)=e^{i \hat{H} t / \hbar} \hat{A} e^{-i \hat{H} t / \hbar} \tag{11.3}
\end{equation*}
$$

e.g. momentum operator, will be time-dependent and satisfy

$$
\begin{equation*}
\frac{d}{d t} \hat{A}_{H}(t)=\frac{i}{\hbar}\left[\hat{H}_{H}(t), \hat{A}_{H}(t)\right]+\left(\frac{\partial \hat{A}}{\partial t}\right)_{H} . \tag{11.4}
\end{equation*}
$$

Thus the eigenvalues of any operator, which commutes with the Hamiltonian, are contants and provide good quantum numbers to describe the system. We will now consider the interaction picture, in which both the Hamiltonian and the quantum state will depend on time. It is useful for cases, where we can split the Hamiltonian $\hat{H}(t)=\hat{H}_{0}+\hat{H}^{\prime}(t)$ in a time-independent part $\hat{H}_{0}$ and a time-dependent one $\hat{H}^{\prime}$. It is defined by

$$
\begin{equation*}
|\psi(t)\rangle_{I}=e^{i \hat{H}_{0} t / \hbar}|\psi(t)\rangle \quad \hat{A}_{I}(t)=e^{i \hat{H}_{0} t / \hbar} \hat{A} e^{-i \hat{H}_{0} t / \hbar} . \tag{11.5}
\end{equation*}
$$

[^30]
### 11.2 Transition probabilities

We rewrite the Schrödinger equation for the Hamiltonian $\hat{H}=\hat{H}_{0}+\hat{H}^{\prime}(t)$ in the interaction picture

$$
\begin{align*}
i \hbar \frac{\partial}{\partial t}|\psi(t)\rangle_{I} & =i \hbar \frac{\partial}{\partial t} e^{i \hat{H}_{0} t / \hbar}|\psi(t)\rangle  \tag{11.6}\\
& =-\hat{H}_{0}|\psi(t)\rangle_{I}+e^{i \hat{H}_{0} t / \hbar} i \hbar \frac{\partial}{\partial t}|\psi(t)\rangle  \tag{11.7}\\
& =-\hat{H}_{0}|\psi(t)\rangle_{I}+e^{i \hat{H}_{0} t / \hbar}\left(\hat{H}_{0}+\hat{H}^{\prime}(t)\right)|\psi(t)\rangle  \tag{11.8}\\
& =-\hat{H}_{0}|\psi(t)\rangle_{I}+e^{i \hat{H}_{0} t / \hbar}\left(\hat{H}_{0}+\hat{H}^{\prime}(t)\right) e^{-i \hat{H}_{0} t / \hbar}|\psi(t)\rangle_{I}  \tag{11.9}\\
& =e^{i \hat{H}_{0} t / \hbar} \hat{H}^{\prime}(t) e^{-i \hat{H}_{0} t / \hbar}|\psi(t)\rangle_{I}  \tag{11.10}\\
& =\hat{H}_{I}^{\prime}(t)|\psi(t)\rangle_{I} . \tag{11.11}
\end{align*}
$$

We used that the exponential $\exp \left(i H_{0} t / \hbar\right)$ commutes with $H_{0}$. Finally, we can now formally integrate the equation and obtain the equivalent integral equation

$$
\begin{equation*}
|\psi(t)\rangle_{I}=\left|\psi\left(t_{0}\right)\right\rangle_{I}+\frac{1}{i \hbar} \int_{t_{0}}^{t} \hat{H}_{I}^{\prime}\left(t^{\prime}\right)\left|\psi\left(t^{\prime}\right)\right\rangle_{I} d t^{\prime} \tag{11.12}
\end{equation*}
$$

This integral equation can be iteratively solved by plugging the solution back in on the right-hand side of the equation, i.e.

$$
\begin{equation*}
|\psi(t)\rangle_{I}=\left|\psi\left(t_{0}\right)\right\rangle_{I}+\frac{1}{i \hbar} \int_{t_{0}}^{t} \hat{H}_{I}^{\prime}\left(t^{\prime}\right)\left|\psi\left(t_{0}\right)\right\rangle_{I} d t^{\prime}+\left(\frac{1}{i \hbar}\right)^{2} \int_{t_{0}}^{t} d t^{\prime} \int_{t_{0}}^{t^{\prime}} d t^{\prime \prime} \hat{H}_{I}^{\prime}\left(t^{\prime}\right) \hat{H}_{I}^{\prime}\left(t^{\prime \prime}\right)\left|\psi\left(t_{0}\right)\right\rangle_{I}+\ldots \tag{11.13}
\end{equation*}
$$

We introduce the time-ordered product of operators to simplify the expression further. The timeordered product of two operators $A$ and $B$ is defined as

$$
\mathcal{T}\left(A\left(t_{1}\right) B\left(t_{2}\right)\right) \equiv \begin{cases}A\left(t_{1}\right) B\left(t_{2}\right) & \text { for } t_{1} \geq t_{2}  \tag{11.14}\\ B\left(t_{2}\right) A\left(t_{1}\right) & \text { otherwise }\end{cases}
$$

This allows us to rewrite the quadratic term as

$$
\begin{align*}
\int_{t_{0}}^{t} d t^{\prime} \int_{t_{0}}^{t^{\prime}} d t^{\prime \prime} \hat{H}_{I}^{\prime}\left(t^{\prime}\right) \hat{H}_{I}^{\prime}\left(t^{\prime \prime}\right) & =\int_{t_{0}}^{t} d t^{\prime} \int_{t_{0}}^{t^{\prime}} d t^{\prime \prime} \mathcal{T}\left(\hat{H}_{I}^{\prime}\left(t^{\prime}\right) \hat{H}_{I}^{\prime}\left(t^{\prime \prime}\right)\right)=\mathcal{T}\left(\int_{t_{0}}^{t} d t^{\prime} \int_{t_{0}}^{t^{\prime}} d t^{\prime \prime} \hat{H}_{I}^{\prime}\left(t^{\prime}\right) \hat{H}_{I}^{\prime}\left(t^{\prime \prime}\right)\right)  \tag{11.15}\\
& =\mathcal{T}\left(\int_{t_{0}}^{t} d t^{\prime \prime} \int_{t_{0}}^{t^{\prime \prime}} d t^{\prime} \hat{H}_{I}^{\prime}\left(t^{\prime \prime}\right) \hat{H}_{I}^{\prime}\left(t^{\prime}\right)\right)=\mathcal{T}\left(\int_{t_{0}}^{t} d t^{\prime \prime} \int_{t_{0}}^{t^{\prime \prime}} d t^{\prime} \hat{H}_{I}^{\prime}\left(t^{\prime}\right) \hat{H}_{I}^{\prime}\left(t^{\prime \prime}\right)\right)  \tag{11.16}\\
& =\frac{1}{2} \mathcal{T}\left(\int_{t_{0}}^{t} d t^{\prime} \int_{t_{0}}^{t} d t^{\prime \prime} \hat{H}_{I}^{\prime}\left(t^{\prime}\right) \hat{H}_{I}^{\prime}\left(t^{\prime \prime}\right)\right)=\frac{1}{2} \mathcal{T}\left(\int_{t_{0}}^{t} d t^{\prime} \hat{H}_{I}^{\prime}\left(t^{\prime}\right)\right)^{2} \tag{11.17}
\end{align*}
$$

where we introduced the time-ordered product in the first line, relabelled the integration variables $t^{\prime} \leftrightarrow t^{\prime \prime}$ in the second line, and noticed that summing the last terms of the first and second line and
dividing by 2 can be rewritten as the first term of the third line. Hence we can write the quadratic term as the square of the integral and

$$
\begin{align*}
|\psi(t)\rangle_{I} & =\left|\psi\left(t_{0}\right)\right\rangle_{I}+\frac{1}{i \hbar} \int_{t_{0}}^{t} \hat{H}_{I}^{\prime}\left(t^{\prime}\right) d t^{\prime}\left|\psi\left(t_{0}\right)\right\rangle_{I}+\frac{1}{2} \mathcal{T}\left(\frac{1}{i \hbar} \int_{t_{0}}^{t} d t^{\prime} H_{I}^{\prime}\left(t^{\prime}\right)\right)^{2}\left|\psi\left(t_{0}\right)\right\rangle_{I}+\ldots  \tag{11.18}\\
& =\mathcal{T}\left(e^{-\frac{i}{\hbar} \int_{t_{0}}^{t} \hat{H}_{I}^{\prime}\left(t^{\prime}\right) d t^{\prime}}\right)\left|\psi\left(t_{o}\right)\right\rangle_{I} \tag{11.19}
\end{align*}
$$

We will only consider the leading order transitions and neglect terms with more than one $\hat{H}^{\prime}$. If we have the set of eigenstates $|n\rangle$ to the Hamiltonian $\hat{H}_{0}$ with eigenvalue $E_{n}$, we can calculate the transition amplitude to find our particle in state $|n\rangle$ at time $t$ if we start in state $|m\rangle$ at time $t_{0}$. The system is initially in the state

$$
\begin{equation*}
|m(t)\rangle=e^{-i H_{0} t / \hbar}|m\rangle=e^{-i E_{m} t / \hbar}|m\rangle, \tag{11.20}
\end{equation*}
$$

where $|m(t)\rangle$ denotes the state $|m\rangle$ which has been evolved to time $t$ with the Hamiltonian $H_{0}$. The probability amplitude that there is a transition to the state

$$
\begin{equation*}
|n(t)\rangle=e^{-i H_{0} t / \hbar}|n\rangle=e^{-i E_{n} t / \hbar}|n\rangle \tag{11.21}
\end{equation*}
$$

is given by

$$
\begin{equation*}
\langle n(t) \mid \psi(t)\rangle=\langle n| e^{i H_{0} t / \hbar}|\psi(t)\rangle=\langle n \mid \psi(t)\rangle_{I} \tag{11.22}
\end{equation*}
$$

where the subscript $I$ indicates the interaction picture. The initial state $\left|\psi\left(t_{0}\right)\right\rangle_{I}=e^{i H_{0} t / \hbar}|m(t)\rangle=$ $|m\rangle$. Inserting the states in Eq. 11.13), we find

$$
\begin{align*}
\langle n \mid \psi(t)\rangle_{I} & =\langle n \mid m\rangle+\frac{1}{i \hbar} \int_{t_{0}}^{t}\langle n| \hat{H}_{I}^{\prime}\left(t^{\prime}\right)|m\rangle d t^{\prime}  \tag{11.23}\\
& =\delta_{n m}+\frac{1}{i \hbar} \int_{t_{0}}^{t} e^{i\left(E_{n}-E_{m}\right) t^{\prime} / \hbar}\langle n| \hat{H}^{\prime}\left(t^{\prime}\right)|m\rangle d t^{\prime},
\end{align*}
$$

where we used the definition of an operator in the interaction picture in Eq. 11.5). Note that all expressions in the last line are given in the usual Schrödinger picture, which we worked with in the previous sections. The probability for a transition from the state $|m\rangle$ to the state $|n\rangle \neq|m\rangle$ is given by

$$
\begin{equation*}
\left.P_{m n}(t)=\left|\frac{1}{i \hbar} \int_{t_{0}}^{t} d t^{\prime} e^{i\left(E_{n}-E_{m}\right) t^{\prime} / \hbar}\langle n| \hat{H}^{\prime}\left(t^{\prime}\right)\right| m\right\rangle\left.\right|^{2} . \tag{11.24}
\end{equation*}
$$

The first term in Eq. (11.23) corresponds to an unchanged quantum state $|m\rangle$, which has not been affected by any interaction. The second term describes one transition between two states induced by the Hamiltonian $\hat{H}^{\prime}$ :

1. We start with a quantum system in the eigenstate $|m\rangle$ of the Hamiltonian $H_{0}$.
2. Then we evolve the quantum system in time from $t_{0}$ to $t^{\prime}$ using the Hamiltonian $H_{0}$. Thus eigenstates $|m\rangle$ of $H_{0}$ do not change and only pick up a phase factor $\exp \left(i E_{m}\left(t^{\prime}-t_{0}\right) / \hbar\right)$.
3. At time $t^{\prime}$, the Hamiltonian $\hat{H}^{\prime}$ affects the quantum system and leads to transitions between states, depending on the matrix elements $\langle n| \hat{H}^{\prime}|m\rangle$.
4. After the interaction, the system is in a new state $|n\rangle$ and we evolve it with the Hamiltonian $H_{0}$ in time from $t^{\prime}$ to $t$ and the quantum state picks up a phase factor $\exp \left(i E_{n}\left(t-t^{\prime}\right) / \hbar\right)$.
5. The transition probability is given by projecting this state at time $t$ onto the eigenstates of $H_{0}$. We explicitly include the phase factors from time evolution.

Higher order terms in Eq. 11.13) can be interpreted in the same way. The only difference is that there will be multiple transitions at different times $t^{\prime}, t^{\prime \prime}, \ldots$, and the quantum states between the transitions are evolved in time using the Hamiltonian $H_{0}$ leading to additional phase factors.

### 11.3 Selection Rules

The expression for the transition probability at leading order given in Eq. (11.24) shows that transitions are only possible, if the transition matrix element

$$
\begin{equation*}
\langle n| \hat{H}^{\prime}(t)|m\rangle \neq 0 \tag{11.25}
\end{equation*}
$$

does not vanish. The same applies for higher order transitions. If the matrix element vanishes, there won't be any transitions at any order in perturbation theory and thus the transition is forbidden. If on the contrary, the matrix element takes a finite non-zero value, the transition is allowed.

Thus the selection rules originate from the transition matrix element: A vanishing matrix element implies that the transition is forbidden, while transitions with a non-zero matrix element are allowed.

### 11.4 Fermis Golden Rule

We will now apply our general result to the interaction of an electromagnetic wave with an atom.
The electric field of the wave will in general induce an electric dipole $\mathbf{d}=-e \mathbf{r}$ in the atom. The energy associated with the dipole in the electric field given by

$$
\begin{equation*}
E=-\mathbf{d} \cdot \mathbf{E} \tag{11.26}
\end{equation*}
$$

where the electric field due to the electromagnetic wave can be represented as $\mathbb{4}^{41}$

$$
\begin{equation*}
\mathbf{E}(t)=2 \mathcal{E}_{0} \hat{\epsilon} \cos \omega t \tag{11.27}
\end{equation*}
$$

where $\hat{\epsilon}$ is a unit vector specifying the polarisation of the radiation. The perturbing Hamiltonian is, therefore

$$
\begin{equation*}
\hat{H}^{\prime}=2 e \mathcal{E}_{0} \hat{\epsilon} \cdot \mathbf{r} \cos \omega t . \tag{11.28}
\end{equation*}
$$

We will more generally consider an Hamiltonian of the form

$$
\begin{equation*}
\hat{H}^{\prime}(t)=2 V(\mathbf{r}) \cos \omega t=V(\mathbf{r})\left(e^{i \omega t}+e^{-i \omega t}\right) . \tag{11.29}
\end{equation*}
$$

[^31]The amplitude for the corresponding transition probability from an initial state $|i\rangle$ given at time $t=0$ to a final state $|f\rangle$ at time $t$ is given by

$$
\begin{align*}
\mathcal{A}_{f i} & =\frac{1}{i \hbar} \int_{0}^{t}\langle f| V(\mathbf{r})\left(e^{i \omega t^{\prime}}+e^{-i \omega t^{\prime}}\right)|i\rangle e^{i\left(E_{f}-E_{i}\right) t^{\prime} / \hbar} d t^{\prime}  \tag{11.30}\\
& =\ldots  \tag{11.31}\\
& =\frac{1}{i \hbar} V_{f i}\left[e^{i \frac{\omega_{f i}+\omega}{2} t} \frac{\sin \left(\frac{\omega_{f i}+\omega}{2} t\right)}{\frac{\omega_{f i}+\omega}{2}}+e^{i \frac{\omega_{f i}-\omega}{2} t} \frac{\sin \left(\frac{\omega_{f i}-\omega}{2} t\right)}{\frac{\omega_{f i}-\omega}{2}}\right] \tag{11.32}
\end{align*}
$$

where we defined the characteristic frequency $\hbar \omega_{f i}=E_{f}-E_{i}$ and $V_{f i}=\langle f| V(\mathbf{r})|i\rangle$. See Sec. 14.2 in McIntyre for the intermediate steps. The transition probability $P_{f i}$ is given by the square of the amplitude $\mathcal{A}_{f i}$. We will now only consider the dominant term and take the limit $t \rightarrow \infty$. The transition amplitude is dominated by frequencies $\omega \approx \pm \omega_{f i}$. The first term is relevant for stimulated emission, because $E_{f}<E_{i}$ and thus $\omega_{f i}<0$, while the second one is relevant for absorption with $E_{f}>E_{i}$. We will focus on absorption and only keep the second term. The transition probability for absorption of a photon is given by

$$
\begin{equation*}
P_{f i}=\frac{\left|V_{f i}\right|^{2}}{\hbar^{2}} \frac{\sin ^{2}\left(\frac{\omega_{f i}-\omega}{2} t\right)}{\left(\frac{\omega_{f i}-\omega}{2}\right)^{2}} \tag{11.33}
\end{equation*}
$$

which is an oscillating function of $t$ as shown in Fig. 26 with a period of $\Delta t=2 \pi\left(\omega_{f i}-\omega\right)$. As a function of $\omega$, it is peaked at $\omega_{f i}$ with a characteristic width of $\Delta \omega=4 \pi / t$. In the limit of $\Delta \omega \rightarrow 0$,



Figure 26: Probability as a function of time (left-hand side) and frequency (right-hand side)
i.e. $t \rightarrow \infty$, we obtain a Dirac delta function,

$$
\begin{equation*}
\lim _{t \rightarrow \infty} \frac{\sin ^{2}\left(\frac{\omega_{f i}-\omega}{2} t\right)}{\left(\frac{\omega_{f i}-\omega}{2}\right)^{2}}=2 \pi t \delta\left(\omega_{f i}-\omega\right) \tag{11.34}
\end{equation*}
$$

and thus the transition probability is given by

$$
\begin{equation*}
P_{f i}=\frac{2 \pi t}{\hbar^{2}}\left|V_{f i}\right|^{2} \delta\left(\omega_{f i}-\omega\right) \tag{11.35}
\end{equation*}
$$

in the limit $t \rightarrow \infty$. This allows us to define the transfer rate $R \equiv \frac{d P}{d t}$

$$
\begin{equation*}
R_{f i}=\frac{2 \pi}{\hbar^{2}}\left|V_{f i}\right|^{2} \delta\left(\omega_{f i}-\omega\right) \tag{11.36}
\end{equation*}
$$

which is called Fermi's Golden Rule. The delta function imposes energy conservation.
We now specialise to the interaction Hamiltonian 11.28 and find

$$
\begin{equation*}
V_{f i}=e \mathcal{E}_{0} \hat{\epsilon} \cdot\langle f| \mathbf{r}|i\rangle \tag{11.37}
\end{equation*}
$$

The energy density per unit volume in an electromagnetic field is given by

$$
\begin{equation*}
u=\frac{\epsilon_{0}}{2} \mathcal{E}^{2}+\frac{1}{2 \mu_{0}} B^{2} \tag{11.38}
\end{equation*}
$$

and thus our light source has an energy density

$$
\begin{equation*}
u=4 \epsilon_{0} \mathcal{E}_{0}^{2} \cos ^{2} \omega t \tag{11.39}
\end{equation*}
$$

where we used that the energy density is the same in the electric and magnetic field. Taking a time-average over one cycle, we obtain the average energy density

$$
\begin{equation*}
\bar{u}=2 \epsilon_{0} \mathcal{E}_{0}^{2} \tag{11.40}
\end{equation*}
$$

The energy density of a broadband light source is described by the field energy per unit volume and angular frequency $\omega$

$$
\begin{equation*}
\bar{u}=\rho(\omega) d \omega \tag{11.41}
\end{equation*}
$$

and thus $\mathcal{E}_{0}$ can be expressed as

$$
\begin{equation*}
\mathcal{E}_{0}^{2}=\frac{\rho(\omega)}{2 \epsilon_{0}} d \omega \tag{11.42}
\end{equation*}
$$

and we obtain for the transition rate of a broadband light source after integrating over angular frequency $\omega$

$$
\begin{equation*}
\left.R_{f i}=\frac{\pi e^{2}}{\epsilon_{0} \hbar^{2}} \rho\left(\omega_{f i}\right)|\hat{\epsilon} \cdot\langle f| \mathbf{r}| i\right\rangle\left.\right|^{2} \tag{11.43}
\end{equation*}
$$

For a gas of atoms in thermal equilibrium with black-body radiation, the polarisation vector is random. Averaging over the direction ${ }^{42}$, we find $\left.\left.\langle | \hat{\epsilon} \cdot \hat{\mathbf{r}}\right|^{2}\right\rangle=\frac{1}{3}$ and thus the transition rate is given by

$$
\begin{equation*}
\left.R_{f i}=\frac{\pi e^{2}}{3 \epsilon_{0} \hbar^{2}} \rho\left(\omega_{f i}\right)|\langle f| \mathbf{r}| i\right\rangle\left.\right|^{2}=B_{i f} \rho\left(\omega_{f i}\right) \tag{11.44}
\end{equation*}
$$

with the Einstein coefficient $B_{i f}$ for absorption. The transition rate is proportional to the radiation density $\rho\left(\omega_{f i}\right)$. The calculation for stimulated emission leads to the same result and thus we find for a two-level system

$$
\begin{equation*}
\left.B_{21} \equiv B_{12}=\frac{\pi e^{2}}{3 \epsilon_{0} \hbar^{2}}|\langle 2| \mathbf{r}| 1\right\rangle\left.\right|^{2} \tag{11.45}
\end{equation*}
$$

and using the Einstein relations we obtain an expression for the spontaneous emission transition probability for $|2\rangle$ to $|1\rangle$,

$$
\begin{equation*}
\left.A_{21}=\frac{e^{2} \omega_{21}^{3}}{3 \pi \epsilon_{0} \hbar c^{3}}|\langle 2| \mathbf{r}| 1\right\rangle\left.\right|^{2} \tag{11.46}
\end{equation*}
$$

[^32]We see that when radiation of frequency $\omega_{21}$ is incident upon an atom, the probabilities of absorption $\left(\propto B_{12}\right)$ and stimulated emission $\left(\propto B_{21}\right)$ are equal. The actual rates will depend upon the population densities of the lower and upper states respectively. If the density of the lower $|1\rangle$ exceeds that of the upper $|2\rangle$, absorption will dominate. If, however, the density of the upper $|2\rangle$ exceeds that of the lower $|1\rangle$, there is a population inversion and stimulated emission dominates; the medium will be able to amplify radiation at frequency $\omega_{21}$. With the addition of an optical cavity and an output coupling mechanism (e.g. a partially transmitting mirror at one end), we have a laser.

### 11.4.1 Selection Rules

Let us finally have a look at the selection rules. A transition between $|2\rangle$ and $|1\rangle$ is allowed, if the matrix element does not vanish

$$
\begin{equation*}
\langle 2| \mathbf{r}|1\rangle \neq 0 . \tag{11.47}
\end{equation*}
$$

These conditions are usually specified in terms of the difference in quantum numbers between states $|2\rangle$ and $|1\rangle$. For example for the states $\left|n l m_{l}\right\rangle$ of hydrogen, the transition will be allowed, if the selection rules $\Delta l= \pm 1$ and $\Delta m_{l}=0, \pm 1$ are satisfied for a transition. On the other hand a transition will be forbidden if

$$
\begin{equation*}
\langle 2| \mathbf{r}|1\rangle=0 \tag{11.48}
\end{equation*}
$$

This does not necessarily mean that there is no interaction with electromagnetic radiation or spontaneous emission. Rather it means that there is no dipole interaction: radiation incident on the atom will not induce an electric dipole moment. It may however induce a quadrupole moment, resulting in a much weaker interaction between the atom and the radiation. In this case the Einstein coefficients will not be zero, but many orders of magnitude smaller than for an allowed transition.

## A 3D infinitely deep potential well

The potential of an infinitely deep potential well of size $L_{1} \times L_{2} \times L_{3}$ is given by

$$
V(x, y, z)= \begin{cases}0 & 0<x<L_{1}, 0<y<L_{2}, 0<z<L_{3}  \tag{A.1}\\ \infty, & \text { otherwise }\end{cases}
$$

Similarly to the 1D infinitely deep potential well, the potential energy is infinite outside the well and thus the only solution is $\varphi_{E}(x, y, z) \equiv 0$. Inside the well the Hamiltonian is given by

$$
\begin{equation*}
\hat{H}=\frac{\hat{\mathbf{p}}^{2}}{2 m}=-\frac{\hbar^{2}}{2 m} \nabla^{2}=-\frac{\hbar^{2}}{2 m}\left(\frac{\partial^{2}}{\partial x^{2}}+\frac{\partial^{2}}{\partial y^{2}}+\frac{\partial^{2}}{\partial z^{2}}\right) \tag{A.2}
\end{equation*}
$$

where we used the definition of the momentum operator $\hat{\mathbf{p}}=-i \hbar \nabla$. It can be written as a sum of three Hamiltonians $H_{x, y, z}$ for each of the three different coordinates and it is separable. As the Hamiltonian separates into three different subsystems, we expect that the quantum state vector can also be separated. This is not always the case and the different states might be entangled, but it is a valid assumption for the 3D infinitely deep potential well, since the potential is constant and does not depend on either of the three coordinates inside the box. Hence we make the following ansatz for the quantum state

$$
\begin{equation*}
\varphi_{E}(x, y, z)=\varphi_{x}(x) \varphi_{y}(y) \varphi_{z}(z) \tag{A.3}
\end{equation*}
$$

Plugging the ansatz in the Schrödinger equation, we obtain

$$
\begin{align*}
E \varphi_{E}(x, y, z) & =\hat{H} \varphi_{E}(x, y, z) \\
& =-\frac{\hbar^{2}}{2 m}\left(\varphi_{y}(y) \varphi_{z}(z) \frac{\partial^{2}}{\partial x^{2}} \varphi_{x}(x)+\varphi_{x}(x) \varphi_{z}(z) \frac{\partial^{2}}{\partial y^{2}} \varphi_{y}(y)+\varphi_{x}(x) \varphi_{y}(y) \frac{\partial^{2}}{\partial z^{2}} \varphi_{z}(z)\right) \tag{A.4}
\end{align*}
$$

Formally rewriting it as

$$
\begin{equation*}
\frac{1}{\varphi_{x}(x)} \frac{\partial^{2} \varphi_{x}(x)}{\partial x^{2}}=-\frac{2 m E}{\hbar^{2}}-\frac{1}{\varphi_{y}(y)} \frac{\partial^{2} \varphi_{y}(y)}{\partial y^{2}}-\frac{1}{\varphi_{z}(z)} \frac{\partial^{2} \varphi_{z}(z)}{\partial z^{2}} \tag{A.5}
\end{equation*}
$$

the left hand side only depends on $x$ and the right-hand side does not depend on $x$. Thus the left-hand side has to be constant and the equation separates

$$
\begin{equation*}
\frac{d^{2} \varphi_{x}(x)}{d x^{2}}+\frac{2 m E_{x}}{\hbar^{2}} \varphi_{x}(x)=0 \tag{A.6}
\end{equation*}
$$

with a undetermined constant $E_{x}$. Analogously for the other parts. The three introduced constants satisfy $E_{x}+E_{y}+E_{z}=E$. Hence we showed that the problem of a 3 D infinitely deep potential well can be separated in three 1D infinitely deep potential wells, which we solved in the last lecture. The energy levels are discrete and depend on 3 quantum numbers $n_{x}, n_{y}, n_{z}$.

$$
\begin{equation*}
E_{n_{x} n_{y} n_{z}}=\frac{\pi^{2} \hbar^{2}}{2 m}\left(\frac{n_{x}^{2}}{L_{x}}+\frac{n_{y}^{2}}{L_{y}}+\frac{n_{z}^{2}}{L_{z}}\right) \tag{A.7}
\end{equation*}
$$

## B Bohr's model of the atom

Bohr put forward the first quantum model of the atom in 1913. It explained some features of atomic spectra, and although it has been superseded by modern quantum mechanics, it is instructive to review its successes and deficiencies. Bohr assumed Rutherford's model of the atom in which the atom consisted of a very small positively charged nucleus at the centre with the electrons occupying the full volume of the atom. To this he added the following postulates.

## B. 1 Bohr's postulates

1. an electron moves in a circular orbit about the nucleus according to classical mechanics
2. only those orbits for which the orbital angular momentum of the electron is an integral multiple of $\hbar$ are possible ( $\hbar=h / 2 \pi$ )
3. an electron in such an allowed orbit does not radiate electromagnetic radiation - its energy remains constant
4. electromagnetic energy is emitted (or absorbed) when an electron changes from one allowed orbit to another

The equation of motion for an hydrogen-like atom $\left(Z=1 \rightarrow \mathrm{H}, Z=2 \rightarrow \mathrm{He}^{+}\right.$, etc) in which a single electron orbits a nucleus of charge $+Z e$ is

$$
\begin{equation*}
\frac{1}{4 \pi \epsilon_{0}} \frac{Z e^{2}}{r^{2}}=\frac{m v^{2}}{r} \tag{B.1}
\end{equation*}
$$

The quantisation of orbital angular momentum gives

$$
\begin{equation*}
L=m v r=n \hbar \tag{B.2}
\end{equation*}
$$

where $n=1,2,3, \ldots$ is an integer. Solving these two equations simultaneously we get expressions for the two unknowns, the velocity and the radius of the orbiting electron:

$$
\begin{equation*}
v=\frac{1}{4 \pi \epsilon_{0}} \frac{Z e^{2}}{n \hbar} \rightarrow \frac{v}{c}=Z \alpha n \tag{B.3}
\end{equation*}
$$

where $\alpha=e^{2} /\left(4 \pi \epsilon_{0} \hbar c\right)=7.30 \times 10^{-3} \approx 1 / 137$ is called the fine structure constan ${ }^{43}$, and.

$$
\begin{equation*}
r=4 \pi \epsilon_{0} \frac{n^{2} \hbar^{2}}{m Z e^{2}}=\frac{n^{2}}{Z} a_{0} \tag{B.4}
\end{equation*}
$$

where

$$
\begin{equation*}
a_{0}=\frac{4 \pi \epsilon_{0} \hbar^{2}}{m e^{2}}=5.29 \times 10^{-11} \mathrm{~m} \tag{B.5}
\end{equation*}
$$

is called the Bohr radius. It is the radius of the orbit of the ground state $(n=1)$ of hydrogen $(Z=1)$.
The energy of an orbiting electron is the sum of its kinetic and potential energies.

$$
\begin{equation*}
E=K+V=\frac{1}{4 \pi \epsilon_{0}} \frac{Z e^{2}}{2 r}-\frac{1}{4 \pi \epsilon_{0}} \frac{Z e^{2}}{r}=-\frac{1}{4 \pi \epsilon_{0}} \frac{Z e^{2}}{2 r} \tag{B.6}
\end{equation*}
$$

Substituting for $r$ from eqn B.4.

$$
\begin{equation*}
E=-\frac{m}{2 n^{2} \hbar^{2}}\left(\frac{Z e^{2}}{4 \pi \epsilon_{0}}\right)^{2}=\frac{-Z^{2}}{n^{2}} R y d \tag{B.7}
\end{equation*}
$$

where

[^33]\[

$$
\begin{equation*}
R y d=-\frac{m}{2 \hbar^{2}}\left(\frac{e^{2}}{4 \pi \epsilon_{0}}\right)^{2} \tag{B.8}
\end{equation*}
$$

\]

$R y d$ has the units of energy and its value is 13.6 eV .
For hydrogen $(Z=1)$,

$$
\begin{align*}
v / c & =\alpha / n  \tag{B.9}\\
r & =n^{2} a_{0}  \tag{B.10}\\
E & =-R y d / n^{2} \tag{B.11}
\end{align*}
$$

Figure 27 shows low energy levels for hydrogen and transitions to the ground state.


Figure 27: Energy level diagram for hydrogen showing the first four transitions of the Lyman series of spectral lines - transitions from higher levels to level $n=1: \mathrm{L}_{\alpha}(122 \mathrm{~nm}), \mathrm{L}_{\beta}(102 \mathrm{~nm}), \mathrm{L}_{\gamma}(97 \mathrm{~nm})$.

## B. 2 Emission and absorption spectra

If the hydrogen atom ( $Z=1$ ) undergoes a transition from state $n_{i}$ to state $n_{f}$ where $n_{i}>n_{f}$, the frequency of the emitted radiation is given by $\nu=\left(E_{i}-E_{f}\right) / h$. The wave number $\kappa$ and wavelength $\lambda$ are given by

$$
\begin{equation*}
\kappa \equiv \frac{1}{\lambda}=R_{\infty}\left(\frac{1}{n_{f}^{2}}-\frac{1}{n_{i}^{2}}\right) \tag{B.12}
\end{equation*}
$$

where

$$
\begin{equation*}
R_{\infty}=\left(\frac{1}{4 \pi \epsilon_{0}}\right)^{2} \frac{m e^{4}}{4 \pi \hbar^{3} c}=\frac{R y d}{h c} \tag{B.13}
\end{equation*}
$$

## B. 3 Finite nuclear mass

The equations above assume that the nucleus is infinitely massive. When the mass of the nucleus is taken into account $m$ is replaced by the reduced mass of the atom, $\mu$, where

$$
\begin{equation*}
\mu=\frac{m M}{m+M} \tag{B.14}
\end{equation*}
$$

where $M$ is the mass of the hydrogen nucleus. The constant in Equation B. 12 becomes

$$
\begin{equation*}
R_{H}=\frac{M}{m+M} R_{\infty} \tag{B.15}
\end{equation*}
$$

and is called the Rydberg constant.

$$
\begin{align*}
R_{\infty} & =1.09737 \times 10^{7} \mathrm{~m}^{-1}  \tag{B.16}\\
R_{H} & =1.09681 \times 10^{7} \mathrm{~m}^{-1}
\end{align*}
$$

## B. 4 The hydrogen spectrum

The wavelengths of emission spectral lines of the hydrogen Balmer series $\left(n_{f}=2\right)$ are given by

$$
\begin{equation*}
\frac{1}{\lambda}=R_{H}\left(\frac{1}{4}-\frac{1}{n_{i}^{2}}\right) \tag{B.17}
\end{equation*}
$$

where $n_{i}=3,4,5, \ldots$ The resulting spectral lines are in the visible and near ultraviolet, and are known respectively as $\mathrm{H}_{\alpha}(656 \mathrm{~nm}), \mathrm{H}_{\beta}(486 \mathrm{~nm}), \mathrm{H}_{\gamma}(434 \mathrm{~nm}), \ldots$ Several transitions of the Lyman series $\left(n_{f}=1\right)$ are shown in Figure 27 , corresponding to $\mathrm{L}_{\alpha}(122 \mathrm{~nm}), \mathrm{L}_{\beta}(102 \mathrm{~nm}), \mathrm{L}_{\gamma}(97 \mathrm{~nm})$.

## C Spherical Coordinates



Figure 28: The spherical polar coordinate system.
The appendix is a short summary of spherical coordinates which are most suitable for any problem which is spherically symmetric. The coordinates are defined according to Fig. 28 as follows

$$
\begin{align*}
& x=r \sin \theta \cos \phi \\
& y=r \sin \theta \sin \phi  \tag{C.1}\\
& z=r \cos \theta
\end{align*}
$$

The spherical volume element can be obtained by a change of variables from $(x, y, z)$ to $(r, \theta, \phi)$

$$
\begin{equation*}
d x d y d z=\left|\frac{\partial(x, y, z)}{\partial(r, \theta, \phi)}\right| d r d \theta d \phi=r^{2} \sin \theta d r d \theta d \phi \tag{C.2}
\end{equation*}
$$

and the Laplace operator

$$
\begin{equation*}
\nabla^{2}=\frac{1}{r^{2}} \frac{\partial}{\partial r}\left(r^{2} \frac{\partial}{\partial r}\right)+\frac{1}{r^{2} \sin \theta} \frac{\partial}{\partial \theta}\left(\sin \theta \frac{\partial}{\partial \theta}\right)+\frac{1}{r^{2} \sin ^{2} \theta} \frac{\partial^{2}}{\partial \phi^{2}} \tag{C.3}
\end{equation*}
$$

## D The Dirac equation

The (time dependent) Schrödinger equation can be written as

$$
\begin{equation*}
i \hbar \frac{\partial \psi}{\partial t}=H \psi \tag{D.1}
\end{equation*}
$$

where

$$
\begin{equation*}
H=-\frac{\hbar^{2}}{2 m} \nabla^{2}+V(\mathbf{r}) \tag{D.2}
\end{equation*}
$$

Paul Dirac's aim was to find a relativistic version of this that was also specific to a spin- $\frac{1}{2}$ particle. This required finding an expression for $H$ that made the equation Lorentz invariant. We also know that spin operators are matrices and their eigenfunctions are vectors. So it should be no surprise that the equation Dirac arrived at is not simply a scalar equation. His equation is

$$
\begin{equation*}
\left(E / c+\alpha \cdot p+\alpha_{4} m_{0} c\right) \psi=0 \tag{D.3}
\end{equation*}
$$

where $\alpha_{i}$ is a $4 \times 4$ matrix, $p$ is the momentum 4 -vector and $\psi=\left(\psi_{1}, \psi_{2}, \psi_{3}, \psi_{4}\right)$ is a four component wave function. The $\alpha_{i}$ are given by

$$
\alpha_{i}=\left(\begin{array}{cc}
0 & \sigma_{i}  \tag{D.4}\\
\sigma_{i} & 0
\end{array}\right)
$$

where $i=x, y, z$ and $\sigma_{i}$ are the Pauli matrices, and

$$
\alpha_{4}=\left(\begin{array}{rrrr}
1 & 0 & 0 & 0  \tag{D.5}\\
0 & 1 & 0 & 0 \\
0 & 0 & -1 & 0 \\
0 & 0 & 0 & -1
\end{array}\right)
$$

This is Dirac's equation for a free electron with spin $\frac{1}{2}$. When Dirac modified this equation for an electron in a magnetic field, $E \rightarrow E-e \phi$ and $p \rightarrow p-e / c A$ he found that the solution included an energy term that corresponded to the energy of a magnetic moment in the magnetic field ( $B=\nabla \times A$ ) associated with a particle of spin $\frac{1}{2}$, provided $g=2$.

Dirac's equation also predicted a particle with the mass of an electron and charge $+e$, now called a positron (the anti-particle of an electron) and first detected experimentally by Carl Anderson in 1932 (for which he received the Nobel Prize for Physics in 1936).

## E Einstein relations

Consider a two-level atomic system that is in thermal equilibrium with radiation, in which case the transition rate $2 \rightarrow 1$ (spontaneous emission plus stimulated emission) must equal the transition rate $1 \rightarrow 2$ (absorption):

$$
\begin{equation*}
n_{2}\left(A_{21}+B_{21} \rho(\nu)\right)=n_{1} B_{12} \rho(\nu) \tag{E.1}
\end{equation*}
$$

Because of thermal equilibrium the densities $n_{1}$ and $n_{2}$ are related by the Boltzmann distribution

$$
\begin{equation*}
\frac{n_{2}}{n_{1}}=\exp (-h \nu / k T) \tag{E.2}
\end{equation*}
$$

and the radiation density is given by the Planck's law (for radiation of a black body)

$$
\begin{equation*}
\rho(\nu)=\frac{8 \pi h \nu^{3}}{c^{3}} \frac{1}{e^{h \nu / k T}-1}=\frac{\hbar}{\pi^{2} c^{3}} \frac{\omega^{3}}{e^{h \nu / k T}-1} \tag{E.3}
\end{equation*}
$$

From Equation (E.1), and substituting from Equation (E.2),

$$
\begin{equation*}
\rho(\nu)=\frac{\left(A_{21} / B_{21}\right)\left(n_{2} / n_{1}\right)}{B_{12} / B_{21}-n_{2} / n_{1}}=\frac{A_{21} / B_{21}}{B_{12} / B_{21} e^{h \nu / k T}-1} \tag{E.4}
\end{equation*}
$$

Requiring that this corresponds to the black body formula leads to the Einstein relations

$$
\begin{align*}
& \frac{B_{12}}{B_{21}}=1  \tag{E.5}\\
& \frac{A_{21}}{B_{21}}=\frac{8 \pi h \nu^{3}}{c^{3}} \tag{E.6}
\end{align*}
$$

Revised on June 9, 2017


[^0]:    ${ }^{1}$ The Kronecker-delta $\delta_{n m}$ is defined as

    $$
    \delta_{n m} \equiv\left\{\begin{array}{ll}
    1 & \text { for } n=m  \tag{1.4}\\
    0 & \text { otherwise }
    \end{array} .\right.
    $$

[^1]:    ${ }^{2}$ A very similar formal solution exists for a time-dependent Hamiltonian.

[^2]:    ${ }^{3}$ It can be easily derived by evaluating the commutator in position space for an arbitrary wave function

    $$
    \begin{align*}
    {\left[-i \hbar \frac{\mathrm{~d}}{\mathrm{~d} x}, x\right] \psi(x) } & =-i \hbar\left(\frac{\mathrm{~d}}{\mathrm{~d} x} x \psi(x)-x \frac{\mathrm{~d}}{\mathrm{~d} x} \psi(x)\right)  \tag{1.18}\\
    & =-i \hbar\left(\psi(x)+x \frac{\mathrm{~d}}{\mathrm{~d} x} \psi(x)-x \frac{\mathrm{~d}}{\mathrm{~d} x} \psi(x)\right)=-i \hbar \psi(x) \tag{1.19}
    \end{align*}
    $$

[^3]:    ${ }^{4}$ The width of the well is given as $L$ for the infinite case and $2 a$ for the finite case in order to be consistent with the notation used by McIntyre

[^4]:    ${ }^{5}$ See the discussion in McIntyre Chap.9.

[^5]:    ${ }^{6}$ In fact transitions for which $|\Delta n|>1$ are much more unlikely than those for which $|\Delta n|=1$, and are called forbidden transitions. The condition $|\Delta n|=1$ is called a selection rule and transitions which satisfy this condition are said to be allowed transition.

[^6]:    ${ }^{7}$ The three spin operators form the Lie algebra of $\mathrm{SU}(2)$ and the square of the vector of spin operators, $\hat{\mathbf{S}}^{2}$ is called Casimir operator, which commutes with all three spin operators. The Casimir operator plus any of the three spin operators form the maximal commuting set of operators and can be used to classify quantum states with angular momentum.

[^7]:    ${ }^{8}$ Selection rules are the result of conservation of angular momentum when a photon is emitted or absorbed. In most cases they are expressed in terms of the change in quantum numbers between the initial and final states. Transitions that satisfy selection rules are refereed to as allowed transitions. Transitions that do not satisfy selection rules are called forbidden transition. They can still occur but at much lower transition rates.
    ${ }^{9}$ For vibrational-rotational spectra, wave number is often used instead of either wavelength or frequency. Although the SI unit is $\mathrm{m}^{-1}, \mathrm{~cm}^{-1}$ is commonly used. The symbol $\bar{\nu}$ is often used in older texts.
    ${ }^{10}$ The terms sub-millimetre wave and millimetre wave are also used to describe a region of the electromagnetic spectrum between the far-infrared and microwave regions.

[^8]:    ${ }^{11}$ The usefulness of this symmetry of the hydrogen wave functions will become apparent later.

[^9]:    ${ }^{12}$ Of course there may be more than one maximum, and this condition will also give positions of minima.

[^10]:    ${ }^{13}$ These values are for allowed transitions, in contrast to forbidden transitions for which values of $A_{21}$ are many orders of magnitude lower. We will soon see what determines whether a transition is allowed or forbidden.

[^11]:    ${ }^{14}$ Electron-atom collisions still provide a means of transition between states and ultimately limit how large the metastable state population becomes.

[^12]:    ${ }^{15}$ We will see later that $g_{e}=2.00232 \ldots$
    ${ }^{16}$ It may surprise you that the chargeless neutron has a magnetic moment. Like the proton, the neutron consist of three quarks: their charges add to zero, but their magnetic moments do not cancel.

[^13]:    ${ }^{17}$ Ionising radiation can rupture molecules to produce radicals. The use of ESR to detect enhanced radical content is the basis of a dating technique for artefacts that have been exposed to environmental ionising radiation. When applied to tooth enamel ESR can be used to measure human exposure to ionising radiation after the event.
    ${ }^{18}$ As $\mu_{B} \sim 10^{3} \mu_{N}$, for a given magnetic field the resonant frequency for ESR is about $1000 \times$ that for NMR.

[^14]:    ${ }^{19}$ The term fine structure is also used to refer to the splitting of spectral lines into several closely-spaced lines as a consequence of the fine structure of the energy levels.

[^15]:    ${ }^{20} \mathrm{We}$ do not include the quantum number $s$ as it is $1 / 2$ for all states

[^16]:    ${ }^{21}$ See the recent biography: Graham Farmelo, The Strangest Man: The Hidden Life of Paul Dirac, Quantum Genius, Faber \& Faber, London 2009.
    ${ }^{22}$ Without the $n$ value, spectroscopic notation can also used for multi-electron atoms, where the quantum numbers now refer to angular momenta of all the electrons.

[^17]:    ${ }^{23}$ The 1955 Nobel Prize for Physics was divided equally between Willis Eugene Lamb (Stanford University) for his discoveries concerning the fine structure of the hydrogen spectrum and Polykarp Kusch (Columbia University) for his precision determination of the magnetic moment of the electron.

[^18]:    ${ }^{24}$ This applies in the case of $M_{F}=1$. There are in total three different states $M_{F}=0, \pm 1$, which are symmetric under the exchange of the spins.
    ${ }^{25}$ Compare this with the allowed $\mathrm{H}_{\alpha}$ transition, for which $A=4.4 \times 10^{8} \mathrm{~s}^{-1}$ and $\tau=23 \mathrm{~ns}$.

[^19]:    ${ }^{26}$ In the terminology of perturbation theory this is called the zeroth approximation to the solution of the perturbed problem. We will consider the first order correction only, but perturbation theory allows for higher order corrections.

[^20]:    ${ }^{27}$ For simplicity we use $g_{e}=2$ instead of the more precise value $g_{e}=2.00232 \ldots$

[^21]:    ${ }^{28}$ The convention is to use upper case for angular momenta quantum numbers of multi-electron atoms where the angular momenta are the result of summation over two or more electrons. Lower case is used where only one electron is involved - hydrogen and alkali atoms

[^22]:    ${ }^{29}$ This is how magnetic fields on the surface of the Sun in the vicinity of sunspots have been measured - it is a strong field case. Information about the direction of the magnetic field is also available as the polarisation of the Zeeman lines is determined by the relative direction between the line of observation and the direction of the field.

[^23]:    ${ }^{30}$ If each ket is normalised,the $1 / \sqrt{2}$ factor ensures that the linear combination is also normalised.

[^24]:    ${ }^{31}$ Protons and neutrons, both with spin $\frac{1}{2}$ are also fermions; photons with spin 1 are bosons, as is the Higgs boson with spin 0 ; atoms may be bosons or fermions depending the total spin of their composite particles: for example the hydrogen atom is a boson, $j=\frac{1}{2}, I=\frac{1}{2} \rightarrow F=1,0$.

[^25]:    ${ }^{32}$ The effect is also often said to be the result of an exchange force, but we need to realise that this can only be an apparent force. It is a purely quantum consequence of the symmetry requirements and not related to any of the fundamental force interactions.

[^26]:    ${ }^{33}$ This, in particular, applies to electrons in a multi-electron atom.

[^27]:    ${ }^{34}$ See "The Theory of Bose-Einstein Condensation of Dilute Gases", K. Burnett, M. Edwards and C.W. Clark, Phys. Today, 5237 (Dec 1999)
    ${ }^{35}$ See "Cooling and Trapping Atoms", W.D. Phillips and H.J. Metcalf, Sci. Am. 25636 (Mar 1987)

[^28]:    ${ }^{36}$ If the Lamb shift is ignored, it is only for a Coulomb potential that energy levels do not depend upon the quantum number $l$. Irrespective of the functional form of $V(r)$ however, the $\theta$ and $\phi$ equations are the same. Thus for multielectron atoms we can describe electron configurations using the same notation as used for for hydrogen, e.g. $1 s, 2 s, 2 p$, etc.

[^29]:    ${ }^{37}$ Also called Russell-Saunders coupling.
    ${ }^{38}$ For high $Z$ atoms a better description is given by the $j j$ coupling scheme: for each electron the spin and orbital angular momenta are added to get a total angular momentum $j$. These are then added to obtain the total angular momentum $J$ for the atom.

[^30]:    ${ }^{39}$ See McIntyre, §14, p445.
    ${ }^{40}$ Note that $e^{\hat{A}}=\sum_{n=0}^{\infty} \frac{1}{n!} \hat{A}^{n}$.

[^31]:    ${ }^{41}$ The factor of 2 may not seem necessary. It is introduced in order to remain consistent with the way McIntyre represents the electromagnetic field. It has no effect, of course, on the results for the Einstein coefficients . See the discussion on p. 454 of McIntyre.

[^32]:    ${ }^{42}$ See Sec. 14.3.1 in McIntyre.

[^33]:    ${ }^{43}$ We will encounter the fine structure constant at various times during this course. Note that it is a dimensionless ratio of fundamental constants, and its value is an indicator of the extent to which the motion of the electron in the hydrogen atom is relativistic.

